

**REPORT of NSS REGULAR ACTIVITY 2017-18**  
**I Semester**

**REPORT: Maharashtra Day-1<sup>st</sup> May 2017.**

Maharashtra Day was celebrated on 1<sup>st</sup> May 2017 with enthusiasm and zeal at Aqsa Women's Degree College. The Flag hoisting ceremony was held at 8:30am by the hands of Oneza Farid (I/C Principal), which was attended by the staff and students followed by various cultural activities.

The cultural program commenced with the Kirath (Recitation from holy Quran) followed by motivational speech by I/C Principal Farid Oneza T. Many students participated wholeheartedly in the cultural program with patriotic songs and speech on Maharashtra day and its significance.

**REPORT: N.S.S Orientation for the year 2017-18**

NSS unit of Aqsa women's degree college started with the next academic year 2017-18. The students of First year were invited for the orientation conducted by the NSS cell of the college on 12<sup>th</sup> Aug 2017. The volunteers from S.Y./ T.Y/ B.A/ B.Sc./ B.Com were allotted the work of gathering the first year students and they also shared their views and experience of NSS events/activities.

The orientation program was organized by the N.S.S, P.O (Program Officer) of Aqsa Women's Degree College, Mrs. Shaikh Ayesha for the first year students of Arts, Science and Commerce in order to make them understand the importance of N.S.S and its working. The aim of the orientation program was to convince maximum students to join N.S.S.

**Yoga Day: 21 June 2017**

Volunteers from SY/ TY.BA/ B.Sc/ B.Com were selected. Aqsa Women's Degree College organized yoga day on account of world international yoga day on 21st July, 2017. Volunteers from the NSS Unit participated in the event and completed the activity successfully.

They gathered early in the morning at 9.00 a.m. in the College campus. NSS leaders trained the volunteers. Volunteers performed various "Aasans". Starting with warming up then

meditation and some stretching aasans were shown. The given task was accomplished very well.

#### **Voter's Registration Camp: ( 14 th September to 14th October, 2017)**

Voters Registration camp was organized in Aqsa women's degree College by the NSS unit in cooperation with Bhiwandi Nizampur Municipal Corporation (B.N.C.M.C). The task was to spread awareness of voting, importance for development of country and their right to vote, among students as well as their families and people of Bhiwandi. Volunteers were motivated for the same by conducting voter's registration program and guiding them to register themselves for voting.

Mr. Shoeb Momin, Education Officer, BNCCMC undertook the responsibility of organizing seminar in different Degree colleges of Bhiwandi to guide the youth create awareness among the youth of Bhiwandi.

Campaign was for a month from 20th July to 20<sup>th</sup> August, 2017. Officers of BNCCMC, scheduled their two hours daily in our College and were regular in collecting the registration forms from the students. Volunteers also informed the nearby residents about the campaign. About 200 volunteers registered themselves for voting. NSS Unit of Aqsa College has very well undertaken the task and completed the activity successfully.

#### **Financial Literacy Program: 03 August 2017**

Aqsa Women's College had arranged a financial literacy program for the NSS volunteers of the Aqsa College. The event was conducted by the All India Society of Costumer Care. Mr.Stewart D'souza, presented the seminar on finance management, budgeting and some ways of savings that can be done at the monthly or daily basis.

Students from Al-Noor Junior College and School also participated. Students were taught cost cutting from pocket money, sharing to bring down cost, bargaining, knowledge of share markets, controls of unnecessary spending etc

Seminar started at around 8.00 am in the morning and concluded at 3.00 pm in the afternoon, including the breakfast and lunch arranged for the volunteers.

The financial literacy program was very fruitful for the volunteers and they really enjoyed the session. At the end of the presentation the volunteers came up with the doubts and queries, creating curiosity among all the volunteers.

### **Road Safety Programmed: 08 August 2017.**

Aqsa women's degree College Organized road safety training for the students. Describing the rules and regulations regarding the roads and safety precautions while driving any vehicle. Our 35 students participated in this training session and they keenly observed the whole session. The training was in two sessions, in first session the rules were explained through the PPT presentation and the next session was organised in the ground of Al-Noor urdu School, where the students were practically trained and were shown the rules and regulations of and on the bikes. All the students participated actively.

Volunteers felt responsible for themselves, family and society. They got students alert towards the consequences of rash driving.

Our intention and concern is completely to spread awareness for road safety. The College staff & N.S.S volunteers willingly supported for making this event successful. NSS unit of Aqsa College extends heartfelt thanks to United way for their support.

### **Hepatitis Awareness programme – 8th September, 2017.**

Hepatitis is the world's 8th biggest killer. In India alone, an estimated 40 million people are affected by Hepatitis B and 15 million by Hepatitis C. With rapid growth, Hepatitis is also growing concern.

Half of Hepatitis B infections come from mother-to-child transmission, and half during early childhood. We at Aqsa Women's Degree College in collaboration with a NGO- United Way Mumbai aim at curbing the rise in transmission of Hepatitis infections from mother to child by simple prevention messages in impoverished communities in Bhiwandi where awareness about Hepatitis is low and access to quality healthcare services is limited.

The NSS unit of Aqsa women's Degree college conducted a seminar for the NSS volunteers of our college as well as for the students of Al-NOOR School to create awareness among them who come from a very conservative back ground, which can further reach their family.

### **REPORT: Swachh Bharat Abhyaan,**

Volunteers of Aqsa Women's Degree College conducted the Swachha Bharat Abhyaan in Bhiwandi. Volunteers gathered in the morning in the college campus, they collected the mops, dustbin, etc. went walking to the area of 1 km and reached Naddi Naka, Lokmanya Tilak Ghat . All the volunteers gathered along with their cleaning materials and cleaned the area with complete enthusiasm. Volunteers spend their whole day in that area. The Aqsa Women's Degree College had contributed towards Swaccha Bharat Abhiyan and proved themselves to be a responsible citizen. They showed their responsibility and care towards the development of our country.

The area adopted was cleaned very properly by the volunteers and they even got the support of the B.N.C.M.C, the Ghanta Gadi collected the garbage of that area. The Swach Bharat Abhyaan was very well conducted and completed.

Aqsa College conducted a cleanliness drive again in the same area as mentioned above after Ganesh Visarjan to contribute towards clean India.

### **FREE MEDICAL CAMP- 25<sup>th</sup> Sept 2017.**

Aqsa women's Degree College organized a free medical camp in collaboration with CEDP skill institute, Bhiwandi. The camp was managed by Shivner Youth Foundation, Thane. All the Staffs, students and parents of various schools, colleges run by Aqsa education society were provided free health check-up during the camp. Residents of nearby slum area were also informed about the camp.

All kinds of free tests like the BMI, Blood (CBC), Blood pressure, Thyroid, Cholesterol, diabetes, ECG, Eye tests, Cataract and complete body analysis was done free of cost. Many patients turned-up for the tests which were carried out from around 10.00 a.m. to 5.00 p.m. Overall there were 200 entries and it was a successful attempt made by the NSS unit of Aqsa women's Degree College.

## **NSS Special Camp 2017-18**

The NSS Unit of Aqsa Women's Degree College organized a special camp from 8th -18th December 2017. The camp was organized in the Al-Noor School campus and Amena Baugh was also selected as the adopted area for the special camp. Overall 120 volunteers participated.

The main objective of our camp was women empowerment along with swachata abhiyan and water management. Women health of the age group of 18- 25 was the major concern of the camp and the main attraction of the camp.

Early morning yoga classes was conducted at Al-Noor school auditorium for all seven days, from 8a.m – 9a.m and volunteers performed different steps of meditation, suryanamaskaram, warmup exercise, weight balancing exercises and different asanas.

Income generating course was also the attraction of the special camp. Amena Baugh, the adopted area of Aqsa college was selected to conduct the income generating course specially for the young girls and were given training on short courses like hairstyling, beautician course, mehandi, fabric painting, etc free of charge. Al-Noor secondary school and Junior college students were also informed about the Income generating course which could be helpful and beneficial to them in life. The trainers were selected from our volunteers as well as our ex- students who are expert in all such activities.

### **The First day of the special camp – 11<sup>th</sup> December.**

The First day of the special camp was initiated with the yoga, prabhat pheri, etc. After the breakfast the next session was the eye check up camp conducted by Dr. Anushka Sharma and team. Students of Alnoor school and the volunteers were checked. Suggestion and the prescription were given to the students.

All the Staff of the Al-Noor and the Aqsa College participated in the free eye check –up camp. Dr. Anushka Sharma addressed the students about maintaining the cleanliness of the eye, selection of the lenses, and proper diet for healthy eye.

After this, next session was the classes of income generating courses. Residents of Amena baugh and Alnoor school students participated in a large number. It was the successful completion of the fifth day of the camp.

### **Second day of Special Camp – 12th December.**

The camp initiated as per the schedule till the breakfast and continued with the next session of seminar and workshop which was presented by Dr. Saud Buber from Jupiter Hospital. He is a surgeon and Head of ICU department. He presented and demonstrated on the topic "**Time is !!!!!**" were Dr. Saud highlighted on the do's and dont's of heart and brain haemorrhage. A short film was shown to the volunteers on remedial actions to be taken during heart or brain clotting.

It was very knowledgeable session. Dr.Saud also explained some first aid measures and precaution to be taken during any emergency.

There was also a question answer session wherein students came up with their queries related to good health and preventive measures of various diseases.

Next session started at 3.30 pm with the income generating course and the English coaching class.

### **Third day of Special camp : 13<sup>th</sup> December:**

On the Third day of Special camp after the regular Yoga session, was a seminar on women health and hygiene. Dr. Supriya Alwari, a gynecologist and obstetrician was invited as the resource person, who gave an excellent presentation on how can health and hygiene be maintained from the adolescent age to the oldage. Many of us are unaware of the infections that occur during menstruation period which can result in harmful UTI and can result in death if not taken proper care. Volunteers were also provided with proper diet plan to avoid any deficiencies like anemia, calcium loss, protein deficiency, etc that can happen in any age group of a women. Al-Noor school students of class X as well as our volunteers were present for the seminar.

It was certainly a huge information that students could gather that can be useful not only to them but also to their family. Aqsa College is very grateful to Dr.Supriya for the knowledge and information she provided.

### **Forth day of Special camp – 14<sup>th</sup> December:**

On the forth day of special camp. Dr.Shazia Hawaii was invited. She is a Dentist & is associated with the various NGO.

Water management was the also a topic of creating awareness which Aqsa college aimed to provide during camp. Dr. Shazia gave her talk on water conservation and methods to conserve water. Water contamination has been a serious problem in India which is key route to spread diseases, Dr. Shazia also discussed on different types of water purification methods.

She carried out a poster making competition for the volunteers on the topic of **“Save water”**.

### **Fifth day of Special camp – 15<sup>th</sup> December:**

On the fifth day, the second session was Gazal competition which was judged by Mrs. Momin Fareha Sabir, Asst. Lecturer of Aqsa College. Many volunteers participated in the Gazal competition and enjoyed it very much.

Next session after the lunch break was addressed by Dr. Vinod Zalte, NSS coordinator B- Zone, S.N.D.T, Mumbai. Dr. Zalte motivated volunteers to do community service during such camps.

### **Sixth day of the Special camp- 16<sup>th</sup> DEcember.**

On the sixth day, some volunteers were taken for a visit to historical place. To inculcate the value of Indian heritage among our students, NSS unit of Aqsa college decided to visit historical places. The selected spot was Elephanta caves in Mumbai. Volunteers spent the whole day and the enjoyed the journey very much.

The remaining volunteers who did not go to the field visit were given the task of cleaning the college campus as a part of swacchata abhiyan.

### **Seventh day of special camp – 18<sup>th</sup> December.**

The last day of the camp was initiated with the preparation of the closing ceremony. Volunteers were divided into the groups and they were given different task of cultural activities, certificate distribution, refreshment, felicitation, etc the winners of the competitions were awarded with the certificates. All the groups did their work very efficiently.

The closing ceremony was attended by the staff of Aqsa college, Ms.Shaheda Ansari, Ms. Bhahaduri Mankabat. Everybody appreciated the volunteers, (programme officer) PO & the staff members for the successful completion of the camp.

### **Report by**

**Ayesha Shaikh,**

**Program Officer, NSS unit.**

**International Yoga Day (Fourth anniversary) : 21st June 2018.**

**Name of the Resource Person/ Instructor: Third year NSS volunteers.**

**Beneficiaries: 30 volunteers.**

**Time: 8.30 a.m – 9.30 a.m.**

Since its inception in the year 2015, June 21st is celebrated as The International Day of Yoga all over the world. This idea was proposed by our Prime Minister, Mr. Narendra Modi. He said, “Yoga is an invaluable gift of India’s ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature. By changing our lifestyle and creating consciousness, it can help in wellbeing.”

The current year 2018 P.M. Modi led an estimated 50, 000 volunteers to mark the fourth anniversary of International Yoga Day. Vice President M. Venkaiah Naidu along with several Union Ministers also hosted similar events across the country.

International Yoga Day was celebrated by the N.S.S Unit on 21st June 2018 at Aqsa Women’s Degree College in which students and teachers participated with great enthusiasm. The NSS unit gathered early in the morning at 9.00 a.m. in the College campus. The team leaders trained the volunteers and demonstrated various asanas. Warm up exercises were taken and all the students performed sitting and standing asanas, importance of these were explained simultaneously. The celebration concluded with speech by our Principal. She encouraged students to practice regular yoga to remain fit and improve concentration.

Regular practice of yoga will surely help our students achieve a better life, physically, mentally and spiritually as well.





**PAPER AND CLOTH BAG EXHIBITION – 14<sup>TH</sup> JULY 2018.**

**Beneficiaries – 20 volunteers**

**Resource Person/ Invitees- Al-Noor Junior College.**

**Aqsa Women's College conducted an exhibition/workshop on Paper bags and cloth bags which was an effort towards making our environment plastic free and safe. Around 20 volunteers participated in the exhibition and prepared beautiful, decorative bags of both paper and cloth. Volunteers sold their products and gather some amount which was a token of appreciation towards creating awareness against plastic free environment.**

**The volunteer's efforts were appreciated by the entire Staff and NSS unit of Aqsa College. The staffs of Al-Noor Junior college and all the students were invited for the exhibition and they also appreciated their work.**



### **Financial Literacy Program: 08 August 2018**

**Beneficiaries- 150 volunteers**

**Resource Person- Mrs. Snehal from Consumer Guidance Society of India**

**Aqsa Women's College had arranged a financial literacy program for the NSS volunteers of the Aqsa College. The event was conducted by the Consumer Guidance Society of India. Mrs.Snehal, presented the seminar on finance management, budgeting and some ways of savings that can be done at the monthly or daily basis.**

**150 students and Teachers of Aqsa Women's Degree College attended the seminar. Students were taught cost cutting from pocket money, bargaining, knowledge of share markets, controls of unnecessary spending etc.**

**Milk adulteration testing was also conducted by the team of Consumer Guidance Society in which milk pouch was collected from different students and its purity was checked.**

**Seminar started at around 8.00 a.m. in the morning and concluded at 3.00 pm in the afternoon, including the breakfast arranged for the volunteers.**

**The financial literacy program was very fruitful for the volunteers and they really enjoyed the session. At the end of the presentation the volunteers came up with the doubts and queries, creating curiosity among all the volunteers.**



**REPORT: Independence Day-15<sup>th</sup> August 2018.**

**Independence Day was celebrated on 15<sup>th</sup> August 2018 with enthusiasm and zeal at Aqsa Women's Degree College. The Flag hoisting ceremony was held at 8:30am by the hands of Mrs. Roohi Sukte, Head clerk of Aqsa college which was attended by the staff and students followed by various cultural activities.**

**The cultural program commenced with the Kirath (Recitation from holy Quran) followed by motivational speech by I/C Principal Farid Oneza Tanveer. Many students participated wholeheartedly in the cultural program with patriotic songs and speech on Independence Day and its significance.**





### **Report on Women Empowerment in Quran& Islam – 15<sup>th</sup> September, 2018.**

With a view to ensure effective convergence mechanism of key partners that will transform and inspire overall development and empowerment of women. A Guest Lecture programme on “Women Empowerment in Quran & Islam “was organized by the NSS Unit and IQAC. The objective is to promote a holistic development and empowerment of women, gender equality and gender justice through the knowledge of Quran. The seminar was held on 15<sup>th</sup> September 2018 at Aqsa Women’s Degree College, Bhiwandi. Almost 66 students from Arts faculty participated in the seminar. Introductory address was given by Momin Fareha. All the resource persons were welcomed and felicitated by Principal Oneza Farid.

Mr. Mukhtar Farid in his lecture spoke about the issues related to women due to inequality which they are facing in present society and solution of all these issues as presented in the Holy Quran. He emphasized on the topics of inheritance rights of women, marriage rights, and various topics

in which Islam and Quran provides equal opportunities for women. He further stressed on the need to educate women especially in the light of Quran. He further spoke about why most of these women become victims of social and economic exploitation. He said the exploitation was due to ignorance and not understanding the Quran with proper meaning and logic .Mr. Mukhtar Farid has also gave various examples of eminent ladies of previous time who performed their task very bravely and efficiently.

The gathering was concluded by question answer session, where students cleared their doubts about the topics, the program ended with vote of Thanks followed by the National Anthem.



## **Peace Rally -5 August, 2018**

### **Beneficiaries- 1000 volunteers.**

**Bombay Sarvodaya Mandal along with NSS Units of SNDT and Mumbai University have organized an Anti-Nuclear Peace March to commemorate Hiroshima Day on Saturday, August 5, 2018. The Peace March started from Azad Maidan at 3.00 pm and finished at Hutatma Chowk at 3.30p.m.**

**The students, graphically depicting the horror of the atom bomb, will led the peace march along with about 1,000 NSS volunteers, Gandhian workers, and peace activists, advocates, journalists & NGOs.**

**The Peace March was organized with a view to join hands with the people of the world for a Nuclear-Free World and to create Social Awareness among students about the holocaust of nuclear armaments.**

**Thousands of students from 23 colleges of the SNDT and Mumbai University today took part in a peace rally to highlight the perils of the atomic attack on the occasion of the Hiroshima Day. 15 volunteers of Aqsa Women's Degree College joined the rally.**

**They took a pledge to work for peace and a nuclear-free world. The rally marked the 73rd anniversary of the devastation of Hiroshima and Nagasaki in Japan in the atomic attack during the Second World War. The rally started from Azad Maidan in south Mumbai and concluded at Hutatma Chowk. August 6 is observed as Hiroshima Day and August 9 as Nagasaki Day.**



INVITATION

**PEACE**

**NOT WAR**

Hiroshima Day Peace Rally  
 Monday, 6th August, 2018, 3.00 pm  
 From Azad Maidan to Hutatma Chowk.

**JOIN US**

Bombay Sarvodaya Mandal, NSS units of SHOD University & University of Mumbai



**Swacch Bharat Abhivan Program: 01<sup>st</sup> October 2018.**

Aqsa Women's Degree College organized **Swacch Bharat Abhivan**. The event was conducted by N.S.S. Unit of Aqsa Women's Degree College in collaboration with B.N.C.M.C. on 1<sup>st</sup> October 2018. College ground of Aqsa Women's Degree College was selected for the activity. The college ground which covers the area of 700 sq. m. was cleaned by our N.S.S. volunteers. Around 60 Students participated in Shramdaan.

B.N.C.M.C department provided us with the gloves and the mask for the volunteers to conduct the activity efficiently. Volunteers participated willingly and copiously completed the task.

With the support of B.N.C.M.C the event was very successfully accomplished.







### **Gandhi Jayanti – 2<sup>nd</sup> October, 2018.**

An essay competition was organized for the students of first year on account of Gandhi Jayanti.

### **Republic Day Celebration- 26<sup>th</sup> January, 2019.**

Republic Day 2019: India celebrated its 70th Republic Day on Saturday, January 26. Each year, the Indian Republic celebrates Republic Day with great passion and zeal.

The Day honours the date on which the constitution of India came into effect on 26 January 1950 replacing the Government of India (1935) as the governing document of India.

Aqsa Women's Degree College celebrated Republic day as a mark towards environment awareness. The NSS unit organized a human chain river rally on Kamwari river in collaboration with Bhiwandi Municipal Corporation. Early morning at 9.00a.m soon after the flag hoisting ceremony. Volunteers of NSS unit along with the College staff gathered near the Kamwari river. Deputy Comrossioner Mrs. Vandana Gudve, Assistant Commissioner Mr. Bhalerao and other municipal officers joined the rally. This was a very crucial time to protect the river from absolute devastation.

A human chain rally was made along the river coast by NSS team of Aqsa College to highlight the protest intended for the protection of river. Around 150 volunteers participated in the rally.

Authorities of Municipal Corporation addressed the NSS team and encouraged for the same. This was a very essential step undertaken by the Aqsa college towards preventing the kamwari River from disappearing.



## Field visit to Balwadi 2018-19

On 12<sup>th</sup> September 2018, the volunteers of Arts faculty visited the BhiwandiNizampurSahebMahanagarPalikaSchool no 66,23. The visit to the school was arranged by the Meal management department of Aqsa Women's Degree College under the guidance of Asst. lecturer Don Sana Irfan. The students visited the Balwadi and the primary section of this school. The N.S.S Team of Aqsa Women's Degree College distributed gift hampers to the students who come from a low economic strata. The hamper had notebook, pencil, erasers and sharpener. The students were delighted to receive the hampers.

The teachers and students were interviewed about the menu of the mid-day meal provided by the government. The students discussed about the available menus and changes that could be suggested. The food provided to them was a cyclic menu as follows-

- Monday- Chivda
- Tuesday- Boiled Eggs
- Wednesday-Kichdhi
- Thursday -Poha
- Friday- Suji

- Saturday- Idli

The timings were 10.30 to 1.30 am, 6 days a week. The students enjoyed the visit and learned practically about the different lunch schemes provided by the government which they learn in the theory of Nutrition during life cycle.



## Yuvak Biiiradari's Yuva Bhushan

Yuvak Biiiradari's Yuva Bhushan took place across towns of Maharashtra, Gujarat, Karnataka, Utter Pradesh. The regional camp were held in around 52 centres and around 10,000 youth participated.

42 toppers were the finalist of the regional level camp held at G.M.Momin Women's College on December 2018.

T.Y.B.Sc student of Aqsa Women's Degree College Ms. Ansari Sidra Fatima Mohammed Irfan of got 2<sup>nd</sup> prize of Rs.3000 cash amount.





### **Science Day Celebration – 28<sup>th</sup> February.**

Aqsa women's Degree College celebrated Science day in collaboration with the Department of zoology and NSS unit.

Students presented various research projects based on the environment awareness going on in contemporary trends. After the collection of different sources and practical analysis, students came up with novel inferences that can play a vibrant role over environment protection. As a mark to celebrate science day in more scientific manner this event was organized and it was accomplished with same objective.

### **Company secretary - Lecture on career guidance : 17/07/2018**

Time: 10.00 am to 12.00 noon

Orator: Ms. Kavita Chavan

Beneficiaries : B.Com students (10) and Al-Noorgirl's high school students (20)

The NSS unit of Aqsa college organized a career guidance programmed, in collaboration with "The Institute of company secretary of India", on 17th July 2018 at 10 am for B.com students. It was conducted to enlighten the students regarding course and scope of a company secretary. The Resource person was Ms.Kavita Chavan (Asst.Director of IICS) being an approachable and understanding

individual. She cleared all doubts of students in question and answer session. Her lecture was very illuminating and thought-provoking.



## **CET awareness programme - Lecture on career guidance**

Time: 10.00 am to 12.00 noon

Orator: Ms. Trupti Pagare.

Beneficiaries : B.Sc and B.Com students

The NSS unit of Aqsa college organized a career guidance programmed, in collaboration with Swayam Siddhi College of Management, on 1th 2018 at 10 am for B.Sc and B.com students of final year. It was conducted to enlighten the students regarding course and scope of M.B.A and explained details of pursuing CET entrance exam. The Resource person was Ms. Trupti Pagare from Swayam Siddhi College of Management from department of Human Resource. Ms. Pagare is an approachable and

understanding individual, she cleared all doubts of students in question and answer session. Her lecture was very illuminating and thought-provoking.



## **Department of Zoology**

### **Field visit:**

Aqsa women's Degree college had undertaken the project of protecting Kamwadi river, flowing along the Bhiwandi area behind Aqsa college. The project is assigned in collaboration with B.N.C.M.C and under the guidance of Dr. PramodShinde and Dr. DilipKakvpure.

Students of Zoology and Botany were taken for the survey of KamwadiRiver on 7<sup>th</sup> February by the Department of Zoology. Dr. Shinde and Dr. Kakvpure were invited to guide the students for the same.

Moreover water was collected for the chemical detection as well as collection and identification of zooplankton was shown by Dr. Shinde using plankton nets.

Students were shown the procedure to collect and preserve the zooplanktons. Around 50 students participated. The visit to KamwadiRiver was a learning experience for all the students and with the objective to protect Kamwadi River, Aqsa College has undertaken a responsibility to save environment.

### **Workshop on sorting and mounting of Zooplankton**

Zoology Department of Aqsa College organized a workshop on techniques of sorting and mounting of Zooplanktons. Dr. DilipKakvpure, Associate Professor, B.N.N college, Bhiwandi was invited as the Resource person to conduct the workshop.

35 Students of T.Y.BSc attended the workshop. Water was collected from Kamwadi River to perform the study of zooplanktons. Dr. Dilip explained and showed the methods to sort out the collected zooplanktons and further they were mounted on the cavity slides to observe the live forms.

Equipments used for the collections of zooplanktons like plankton nets of different sizes, Sacchi disc, etc were shown to the students.

Various Arthropods, larva of Arthropods, aquatic insects, Nematodes were observed. List of organisms found was prepared by the students.

## **Report on Canthon Run**

### **Marathon Run**

Date: 09th Dec. 2018

Time: 05.30 am to 09.30am

Location: ShivajiChowk to Arif Garden

Organized by:TATA MEMORIAL HOSPITAL AND QUEENS FITNESS CENTRE

Beneficiaries: Students of UG Level (Total no. 60)

Almost 60 students of Aqsa Womens' Degree College participated in Canthon (Marathon Run) which was organized by TATA MEMORIAL HOSPITAL AND QUEENS FITNESS CENTRE on 9th Dec. 2018 at Shivaji Chowk. Mr. Anil Gaikwad, Mr. Murtuza Momin, Dr. S.H. Jafri (Senior P.R.O. of Tata Memorial Hospital)were the special invitees for the event. "Canthon: fight against cancer" was a marathon run from Shivaji Chowk to Arif Garden to create awareness among youth .The main motive of the event was to say no to tobacco, cigarette, gutkha etc. Ms. Moallim Yasmeen of Aqsa Women's Degree College stood 1<sup>st</sup> in 3km run. The event was successful and concluded with a vote of thanks proposed by students of Aqsa Women's Degree College.



Report by,  
Bahaduri Manqabat



## **REPORT: Women's Day Celebration.**

Aqsa Women's Degree College celebrated Women's Day on 8<sup>th</sup> March symbolizing the prominence of women in present Era. Every Women needs salutation especially on this day for their sacrifice, care, dedication, love, affection, strength towards family, friends and society.

Volunteers signified women's day through different phases of a women's life, which was portrayed in their performances and also performed various activities highlighting different talents of Women. F.Y.B.Sc students presented an elegant fashion show on empowered women- a Role model of India, Ms. Nausheen from F.Y.B.Sc presented a solo act on Nirbhaya incident commemorating the victims of sexual abuse. Volunteers of S.Y.B.Sc performed a Dance drama on 'role of Women in society'. A short skit was played by the F.Y.B.Sc volunteers presenting the importance of education in women.

Volunteers performed very beautifully showing their talents in varied field. It was all students' efforts and their endeavor, many students came up with new ideas and creativity, it was the best way to salute feminism.





## **Report on Installation of Compost Plant**

Composting is successful because it is a low cost and low infrastructure set-up and also produces compost, which is a marketable byproduct. In addition to making a positive contribution to agriculture, the sale of organic wastes reduces the amount of waste to be collected and disposed of by municipal authorities.

The NSS unit of Aqsa Women's Degree College organized an environment awareness drive in collaboration with the B.N.C.M.C. Aqsa Women's Degree College was the first college to install Compost plant in the college campus. During the special camp, team of Municipal Corporation and NSS together planned to install a compost plant in the college campus. The inauguration of the plant was done by the Deputy Commissioner Mrs. Vandana Gudve and attended by Municipal Officer Mr. Gudvi, Corporator of Millat Nagar Mr. Imran Wali Mohammed Khan,

Zonal Coordinator Mr. Vinod Zalte, Principal Ms. Oneza Farid and the staff of Aqsa Women's College.

Mrs. Vandana Gudve addressed the students and explained the importance of compost plant in converting garbage into manure that can help reduce pollution and avoid accumulation of garbage.

The dry garbage from the Botanical garden, ground and kitchen waste of college canteen was collected and was used to prepare the temporary compost plant.

The team of NSS unit worked very hard for the completion of the task and their efforts were appreciated. The installation of the Compost plant was accomplished successfully.





## **Report On Anti-Narcotics Awareness Program**

Date: 10<sup>th</sup> March 2019

Anti-Narcotics Awareness Program was organized by Aqsa Women's Degree College in collaboration with Thane Police. Students of Aqsa Women's Degree College also participated in the inter-collegiate competition conducted by Thane Police.

The program was organized in the college campus on 18<sup>th</sup> Dec. 2019. Dr. Saud Bubere was invited as guest speaker and through his speech he tried creating awareness among the students and explained them the negative effects of drugs. He further explained the students how to stay away from drugs. Mr. Subhash Shikre – Inspector, Thane Police, Ms. Savita Gulvi - Sub-Inspector, Thane Police also addressed the students and it was a very interactive session. Our Principal Mrs. Farid Oneza Tanveer also addressed the students and said our college will keep organizing such events on a regular basis. The main objective of the program was to create awareness in youngsters about ill-effects of drugs. Different competitions like Rangoli, dance drama, Slogan writing, poster and solo speech were conducted for students. Almost 200 students from Aqsa College and Al-Noor Junior college participated in these competitions. Winners of the different competitions were awarded by Thane Police on the same day.

Winners of various schools and colleges were invited for the inter-collegiate competition at Thane on 21<sup>st</sup> Dec. 2019 at Tip-Top plaza. A Grand competition was held among the winners of various colleges. 18 students from Aqsa College participated in this grand event and the winners were awarded by Thane Police Commissioner. Aqsa Women's Degree College was also awarded for Best Discipline and Administration by Thane Police Commissioner. The program accomplished very successfully.

Report by,

N. S. S. Unit,

Aqsa women's Degree College.







## **NSS Special Camp 2018-19**

NSS inculcates the spirit of voluntary work among the students and teachers through sustained community interaction. It brings academic institutions closer to society. NSS Unit of Aqsa Women's Degree College of Arts, Commerce and Science started in the year 2011 with only 32 volunteers.

NSS Unit of Aqsa Women's Degree College for the year 2018-19 organized a special camp on following Theme: **Swachha Bharat Abhiyan, Skill Development Program and Women Empowerment** from 11<sup>th</sup> December – 17<sup>th</sup> December 2018. The camp was organized in the Al-Noor School campus and Amena Baugh was also selected as the part of the adopted area for the special camp with 50% of the students. Of the 150 total volunteers, 75 were selected for the special camp.

Various programmes like Mass Awareness Programme, Free Medical Camp, Swacchata Abhiyaan, Self Defense Training, Awareness Programme on “Small Saving Schemes”, skill development training like artificial Jewellery making ,glass painting, quilling, handicraft, personality development programme, yoga classes , English coaching class and Food fair were conducted.

Inauguration of NSS special camp was done on Monday, 11<sup>th</sup> December, 2018 at 8.00 a.m in the morning. As per the schedule Yoga classes was conducted at Al-Noor School auditorium daily at 8a.m – 9a.m. The classes were held on meditation, nostril breathing, surya namaskar, warm-up exercise, relaxation technique, weight balancing exercise and different asanas. After the breakfast of half an hour, the next session was divided into three parts: session-I seminar/ awareness campaign, after lunch, session – II cultural activity and session- III was Income generating courses .

**The First day:** 11<sup>th</sup> December- 9.00 a.m. of the special camp began with the yoga session. After the breakfast the next session started at 10.00 a.m. The NSS PO Shaikh Ayesha discussed the schedule of seven day camp with the volunteers. The work was distributed by dividing volunteers into seven groups. All the groups were allotted their respective duties during the seven days of camp. Volunteers completed the given task.

After the lunch break, next session started at 2.00 pm with the income generating course. Al-Noor School students participated in a large number.

**The second day: 12<sup>th</sup> December- 8.00a.m** of the camp started with the Yoga practice for an hour, followed by breakfast. Volunteers were given healthy breakfast daily.

On the second day of the special camp, BNCMC team visited our college. Under the theme of Swachata sarwekshan NSS special camp collaborated with BNCMC. Mr. Ashokumar Rankhamb - Additional Commissioner, Mrs. Vandana Gudve - Deputy Commissioner, Mr. Bhalerao - Assistant Commissioner and their other officers visited our college to spread awareness on clean environment. They motivated volunteers to keep their surrounding clean and encouraged them to participate in such campaigns.

The NSS unit of Aqsa College in support with BNCMC proposed a plan of installing a compost plant in college campus, so that the garbage collected from college ground, canteen, etc. can be converted to manure. ‘

Next session started at 3.00 pm after the Lunch break with the income generating course. Al Noor School students participated in a large number. It was the successful completion of the day.

**Third Day: 13<sup>th</sup> December-** The camp initiated as per the schedule till the breakfast and continued with the next session at 10.30 a.m. A seminar on ‘**Women health and hygiene**’ was arranged for the Girls of adolescent age by Dr. Supriya Arwari, a gynecologist and obstetrician who gave an excellent presentation on how can health and hygiene be maintained from the adolescent age to the old age. Many of the students are unaware of the infections that occur during menstruation period which can result in harmful UTI and can result in death if not taken proper care. Volunteers were also provided with proper diet plan to avoid any deficiencies like anemia, calcium loss, protein deficiency, etc that is prone to happen in any age group of a women.



It was indeed enormous information that students could gather which can be useful not only to them but also to their family. Aqsa college is very grateful to Dr. Supriya for her efforts and these information could be lifesaving one to many of us.

After this Free Hemoglobin checkup was done for women of all age group. Total 100 Hemoglobin tests were done. Females with low Hb level were advised for further treatment.

Next session started at 3.00 pm with the income generating course.

**Forth day of the Special camp: 14<sup>th</sup> December** - Volunteers were given the task of enacting a mock drill on disaster management. Overall seven groups performed drill on natural or unusual accident and the precautionary measures to be taken in such cases.

The second session was continued with a street play competition on the theme of Swachha bharat abhiyan, plastic free environment, and women empowerment which was also conducted by the NSS unit of Aqsa College. The five groups of volunteers had performed very beautifully.

**Fifth Day – 15<sup>th</sup> December** was initiated as regular with the yoga, prabhatpheri, etc. After the breakfast the next session started at 1000 a.m. The volunteers were shown a movie “Padman” on the fifth day of the special camp. Students of Al-NOOR school and girls from our adopted area Amina Baugh are completely unaware of ill-effects caused due to unhygienic conditions during the period of menses. So through this medium NSS unit had tried to create consciousness among them.

In the next session students recited Quran and offered prayers.

**Sixth Day: 16<sup>th</sup> December** - The NSS unit of Aqsa Women’s Degree College organized an environment awareness drive in cooperation with B.N.C.M.C. During the special camp, team of Municipal corporation and NSS together planned to install a compost plant in the college campus. On 16<sup>th</sup> December, 2018 at 11.00a.m the team of NSS unit of Aqsa college and B.N.C.M.C was gathered in the college ground. After the introduction and felicitation of the invitees was done by our Principal Ms. Farid Oneza. The inauguration of the plant was done by

the Deputy Commissioner Mrs. Vandana Gudve. Environment Officer Mr. Gudvi, Corporator of Millat Nagar Mr. Imran Wali Mohammed Khan, Zonal Coordinator Mr. Vinod Zalte were also present for the event along with the Principal and the staff of Aqsa Women's College.

Mrs. Vandana Gudve addressed the students and explained the importance of compost plant useful in converting garbage into manure that can help reduce pollution and avoid accumulation of garbage collected at different sites.

The dry garbage from the Botanical garden, ground and kitchen waste of college canteen was collected and was used to prepare the temporary compost plant.

The team of NSS unit worked very hard for the completion of the task and their efforts were appreciated.

The installation of the Compost plant was accomplished successfully.

**The last day of the camp** was initiated with the preparation of the closing ceremony. Volunteers were divided into the groups and they were given different task of cultural activities, certificate distribution, refreshment, felicitation, etc the winners of the competitions were awarded with the certificates. All the groups did their work very efficiently.

The closing ceremony was attended by the Principal Mrs. Farid Oneza and Lecturers of Aqsa Women's Degree College. Principal's appreciated the volunteers, (programme officer) PO & the staff members for the successful completion of the camp.

**Report,**

**Shaikh Ayesha, Ansari Sabreen**

**And Bahaduri Mankhabat.**











## 21<sup>st</sup> June-International Yoga Day – 2019-2020

Total Beneficiaries – 150

Resource person – Mrs. Shamim Patel.

Fifth International Yoga Day was celebrated all around the country on 21<sup>st</sup> June, 2019.

N.S.S Unit of Aqsa Women's Degree College contributed in this campaign at Al-Noor High School and Junior College in which students and teachers participated with great enthusiasm. The Team of NSS unit and Students of Al-Noor school gathered early in the morning at 8.00 a.m. in the School campus.

Mrs. Shamim Patel, Physical Trainer of Al- Noor School demonstrated the volunteers about various asanas. Warm up exercises were taken and all the students performed sitting and standing asanas, importance of these asanas were explained simultaneously. The celebration concluded with speech by our Principal. She encouraged students to practice regular yoga to remain fit and improve concentration.

150 students from Aqsa Women's Degree college and Al-Noor High School and Junior College participated in the campaign. The event was very advantageous for the students and enjoyable and thus turned out to be a successful one.

Regular practice of yoga will surely help our students achieve a better life, physically, mentally and spiritually as well.







Free Medical Camp: - 17<sup>th</sup> July, 2019,

Total Beneficiaries –70

Collaboration – Nidan Diagnostic Center,

NSS Unit of Aqsa Women's Degree College conducted a free medical check-up camp in college for the students and their parents on 17<sup>th</sup> July, 2019. Free medical camp was conducted in collaboration with Nidan Diagnostics Center, Bhiwandi. All the Staff, students and their parents of various schools, colleges run by Aqsa education society was provided free health check-up during the camp. Residents of nearby slum area were also informed about the camp. All kinds of free tests like the BMI, Complete Blood Count (CBC), Blood pressure, ECG, and complete body analysis was done free of cost. Many patients turned-up for the tests which were carried out from around 9.00 a.m. to 2.00 p.m.

Overall there were 70 entries and it was a successful attempt made by the NSS unit of Aqsa women's Degree College.



Independence Day Celebration-15<sup>th</sup> August 2019.

Total Beneficiaries – 30.

Flag hoisting was carried at- 8.00 a.m. which was honored by Prof. Farid Oneza (Principal Aqsa Women's Degree College). All the volunteers & the staff sang the National Anthem .Then the cultural programme was initiated with the Kirath. The next part of the celebration was continued with cultural programme. Volunteers participated in the Gazal singing, sung by well known Gazal singers. They participated in the patriotic songs, in remembrance of the freedom fighters. Speech was given by some of the volunteers.

The Principal Mrs. Oneza Farid encouraged and appreciated the volunteers. Volunteer's performance was excellent and their approach towards NSS unit was very positive.



Tree plantation: 10<sup>th</sup> August, 2019.

Total Beneficiaries – 50

Resource person – Mrs. Shamim Patel and Ms. Anam Momin.

On 10<sup>th</sup> August NSS unit of Aqsa Women's Degree College took a step towards betterment of our environment in collaboration with Bhiwandi Nizampur Municipal Corporation (BNCMC). Plant saplings were collected from BNCMC. The saplings were planted by our N.S.S volunteers along with students of Al-Noor Junior college.

Area selected for tree plantation was Millat Nagar, Bhiwandi. This was an attempt towards greener Bhiwandi. Volunteers planted trees with complete enthusiasm and interest. Our Principal Mrs. Oneza Farid inaugurated the event along with Mrs. Patel Shamim and Ms. Momin Anam from Al-Noor Junior College.

Trees planted are taken proper care by watering and cleaning as it is in the vicinity of our college.







Report on “Raising Day Saptha”

Date: 3<sup>rd</sup> January, 2020

Time: 10:30am to 12:30 pm

Aqsa Women’s Degree College Bhiwandi, N.S.S. Department

Event: Awareness programme.

Birth anniversary of Krantijyoti Savitribai Phule was celebrated on 3<sup>rd</sup> January, 2020 at Aqsa Women’s Degree College with great enthusiasm.

A-team from Bhiwandi police Department organized this event, under the banner of “Raising Day Saptha” by the Nizampur Police Station in collaboration with Aqsa Women’s degree college, N.S.S Department. Inspector Mr. Indelkar, Inspector Ms Vaishali Gudvui and Honorable Principal Ms Oneza Farid, addressed with the students and encouraged them by the giving example of Savetri bai Phule, and their achievements in educational field. All the HODs, teaching staff, non-teaching staff & the students of college were present on this occasion.

All the speakers delivered a short speech narrating the outstanding work of Savitribai Phule, who was the first teacher of the Girls’ school started in Pune by Mahatma Phule. She faced many problems and obstacles in their way but she did her work with great devotion & determination.

The motive behind organizing this type of events is that it is our duty to express our gratitude towards both Mahatma Phule & Savitribai Phule who laid the foundation stone of women’s education, against all odds. The function was ended with the National Anthem.



Vaishali Gudvui addressing students

Report on Celebration of Constitution Day

Date: 26<sup>th</sup> November 2019

Time: 10:30am to 12:30 pm

Aqsa Women's Degree College Bhiwandi

N.S.S. Department

Essay Writing Competition

Beneficiaries: Student of all faculties

India is governed in terms of the constitution of India, which was adopted by the constitution Assembly on 26th November 1949 and came into force on 26th January, 1950. The Preamble of Indian Constitution records the aims and aspirations of the people of India and reflects the basic spirit of the Constitution. To spread the importance of the Indian Constitution, India observes November 26 as the Constitution Day of India. The day has also been declared as the Constitution Day to spread awareness about its architect Dr B.R. Ambedkar.

This year being the 125th anniversary it was celebrated across the nation on high spirits. Aqsa Women's Degree college of Bhiwandi, celebrated this day by organising an essay competition on the topic 'Indian Constitution', the students of the all three faculties Arts, Science And Commerce, participated in the competition and 3 best essays and two consolation were selected and prizes were given by the hands of Ms. Nachan Sana, who appreciated all the students, team of Sociology Department and N.S.S for the efforts taken by them. After the programme NSS Volunteers and teachers Prof. Shaikh Ayesha (N.S.S In charge) Ansari Sabrin (N.S.S Member) Moallim Shaima (Sociology Department) took the pledge and read the preamble. The programme was ended by reading National Anthem.

All Winners received the prizes which are enlisted as follows.

I<sup>ST</sup> PRIZE: Ansari Fiza Moazzam

II<sup>nd</sup> PRIZE Ansari Iram Mustafa

II<sup>nd</sup> PRIZE Shaikh Saima Khaliquddin

I<sup>st</sup> Consolation Ansari Mubashshira Saeed Akhtar

II<sup>ND</sup> Consolation Nasir Ayesha Ajmal



Students participating in Essays competition on account of constitution day

A Power Point Presentation on Ek Bharat Shreshtha Bharat

Date: 09<sup>th</sup> February 2020

Time: 10:30am to 12:30 pm

Aqsa Women's Degree College Bhiwandi

Department of Sociology

Beneficiaries: NSS Volunteers

### A report on Ek Bharat Shreshtha Bharat

Ek Bharat Shreshtha Bharat was announced by Hon'ble Prime Minister on 31<sup>st</sup> October, 2015 on the occasion of the 140<sup>th</sup> birth anniversary of Sardar Vallabhbhai Patel. Through this innovative measure, the knowledge of the culture, traditions and practices of different states & UTs will lead to an enhanced understanding and bonding between the states, thereby strengthening the unity and integrity of India.

. The Ek Bharat Shreshtha Bharat programme, aims to actively enhance interaction between people of diverse cultures living in different States and UTs in India, with the objective of promoting greater mutual understanding amongst them. As per the programme, each year, every State/UT would be paired with another State/UT in India for reciprocal interaction between the people. It is envisaged through this exchange, that the knowledge of the language, culture, traditions and practices of different states will lead to an enhanced understanding and bonding between one another, thereby strengthening the unity and integrity of India.

The States and UTs are to embark on a mission to enhance their cultural, academic and economic ties by entering into a wide range of mutual engagements with the paired States/UTs covering the spheres of music, drama, cuisine, language, history, tourism and other forms of exchange between the people. An indicative list of activities has been drawn up and circulated to the State Governments / UT Administrations and to the key Central Ministries. The States/ UTs may choose, evolve and develop their interaction pattern based on the suggested list as per operational suitability in the course of their interactions.



All States and UTs will be covered under the programme. There will be pairing of States/UTs at national level and these pairings will be in effect for one year, or till the next round of pairings. The State/UT level pairings would be utilized for state level activities. District level pairings would be independent of the State level pairings. The activity will be very useful to link various States and Districts in annual programmes that will connect people through exchanges in areas of culture, tourism, language, education trade etc. and citizens will be able to experience the cultural diversity of a much larger number of States/UTs while realizing that India is one.

The Aqsa women's degree college is also celebrate the first phase of „Ek Bharat Shreshtha Bharat“ from 9<sup>th</sup> february 2020. As per the directives/ guidelines of MHRD, has been paired Maharashtra with Odisha. An activity was organized by sociology department in collaboration with N.S.S. A power point presentation was present by Moallim Shaima from Sociology Department.

The presentation consist about the history, culture, geography, cuisine and religion of Odisha. After the brief introduction and aim and objective behind the mission, student came to know about the Odisha state.

The programme was attended by the Arts faculty.



Presentation by Moallim Shaima



Students attending seminar.

## Report On Free Eye Check- Up camp

Date: 25<sup>th</sup> February 2020

Time: 10:30am to12:30 pm

Aqsa Women's Degree College Bhiwandi

NSS Department

Beneficiaries: NSS Volunteers

NSS Unit of Aqsa women's Degree College organized a free eye Check-up Camp conducted by Dr. Anushka Sharma and team. All the Staff members students and their parents of various schools, colleges run by Aqsa education society was provided free eye check-up during the camp. Residents of nearby slum area were also informed about the camp.

Eye check-up was done by the Dr. Anushka Sharma and team. The patients having Eye related problems were called to the hospital for free treatment. Suggestions and prescription were given to the patients. Dr. Anushka Sharma addressed the students about maintaining the cleanliness of the eye, selection of the lenses, proper diet for healthy eyes. She also addressed the students about maintaining the cleanliness of the eye, selection of the lenses, proper diet for healthy eye. Many patients turned-up for the tests which were carried out from around 08.00 a.m to 12.30 p.m. Overall there were 100 entries and it was a successful attempt made by the NSS unit of Aqsa women's Degree college.



## Report On Republic day celebration

Date: 26<sup>th</sup> January 2020

Aqsa Women's Degree College Bhiwandi

NSS Department

Beneficiaries: Staff and NSS Volunteers

Aqsa Women's Degree College celebrated Republic day. Flag hoisting ceremony was done at 08.00 a.m. by Ms. Oneza Farid (Principal of Aqsa Women's Degree College). Marching was done by NSS volunteers and Staff members of the college. Commands and orders were given by NSS PO Ms. Shaikh Ayesha Ejaz. All the volunteers and staff members sang the National Anthem.

Aqsa Womens Degree College celebrated the national festival with NSS unit and it was indeed a very entertaining and enthusiastic event.



## Report on Guidance Lecture on Cyber Crime

Date: 26<sup>th</sup> January 2020

Time: 08.00 a.m.

Aqsa Women's Degree College Bhiwandi

NSS Department

Beneficiaries: Staff members and NSS Volunteers

NSS unit of Aqsa Womens Degree College Organised a Guest lecture on Cyber Crime for Students of the college. The Lecture was conducted by Dr. Moazzam Khan - Councillor. The lecture was to create awareness about the different mental disorders such as OCD (Obsessive Compulsive Disorder), Schizophrenia, Depression, Anxiety, Suicidal tendencies etc. He also guided students about how to overcome from these disorders at an early stage. Further he discussed about the cybercrimes regarding the teenagers, he also made the students to aware about the facts of life and emphasized on the value of parents.





## KAMWADI RIVER PROJECT:

Climate change is real and its catastrophic effects are increasing with each day passing. Maintaining Cleanliness of the Rivers is always an issue. We have seen that, these days, lots of plastic and other waste material which we throw into the river gets accumulated. It makes the river water toxic, unclean and unattractive. Cleanliness of the river is highly important to maintain hygiene and keep the environment disease free for human beings and animals.

Definitely, nowadays we citizens are more careful about garbage and we do throw it at appropriate places. But still majority of garbage is thrown into the Kamwadi River. Indirectly, we all are responsible for these unclean and polluted river conditions.

We, the staff and students from Aqsa Women's Degree College, thought about this issue and started "Kamwari River Cleaning Movement" in association BNCMC.

Aqsa women's Degree College had undertaken the project of protecting Kamwadi river, flowing along the Bhiwandi area behind Aqsa college. The project is assigned in collaboration with B.N.C.M.C.

NSS Unit Aqsa Women's Degree College has undertaken the responsibility of cleaning the river under the "Kamwadi River Cleaning Movement". Project initiated in the year 2018-19 in collaboration with B.N.C.M.C Bhiwandi under the management of Former Additional Commissioner Mr. Ashokumar Rankhamb.

NSS Unit with the support of Department of Zoology conducted biochemical analysis of water since 2015 and Volunteers from faculty of science worked on the project undergoing detection of biochemical, physical and biological parameters. Assistant Professors from faculty of science also working on the project by presenting and publishing research papers on detection of river.

NSS Unit of Aqsa college has commenced this project and will further work on it for the protection of Kamwadi river.



Volunteers performing survey and analysis Kamwari River.

## COMPOST PLANT PROJECT.

### Report on Installation of Compost Plant

Composting is successful because it is a low cost and low infrastructure set-up and also produces compost, which is a marketable byproduct. In addition to making a positive contribution to agriculture, the sale of organic wastes reduces the amount of waste to be collected and disposed of by municipal authorities.

The NSS unit of Aqsa Women's Degree College organized an environment awareness drive in collaboration with the B.N.C.M.C. Aqsa Women's Degree College was the first college to install Compost plant in the college campus. During the special camp, team of Municipal Corporation and NSS together planned to install a compost plant in the college campus. The inauguration of the plant was done by the Deputy Commissioner Mrs. Vandana Gudve and attended by Municipal Officer Mr. Gudvi, Corporator of Millat Nagar Mr. Imran Wali Mohammed Khan, Zonal Coordinator Mr. Vinod Zalte, Principal Ms. Oneza Farid and the staff of Aqsa Women's College.

Mrs. Vandana Gudve addressed the students and explained the importance of compost plant in converting garbage into manure that can help reduce pollution and avoid accumulation of garbage.

The dry garbage from the Botanical garden, ground and kitchen waste of college canteen was collected and was used to prepare the temporary compost plant.

The team of NSS unit worked very hard for the completion of the task and their efforts were appreciated. The installation of the Compost plant was accomplished successfully.

### COLLECTION OF MANURE FROM COMPOST PLANT

Compost plant installed in Aqsa Women's Degree College was maintained properly and garbage from the botanical garden like dry leaves, sticks and other waste from garden was collected regularly and added in the compost bag. Lot of manure was obtained from the garbage collected. Manure acquired was regularly collected by B.N.C.M.C officials.

NSS unit of Aqsa College is planning for permanent compost plant in future.



Visit to Balwadi for Distribution of Bags, books, pencils, colour boxes to Balwadi students – 23<sup>rd</sup> September, 2019.



Visit to Balwadi in collaboration with Department of Meal Management

On 23rd September 2019, the .S.Y.B.A students of Arts faculty visited the Bhiwandi Nizampur Saheb Mahanagar Palika School no 66,23. The visit to the school was arranged by the Meal management department of Aqsa Women's Degree College under the guidance of Asst. lecturer Don Sana Irfan. The students visited the Balwadi and the primary section of this school.

The N.S.S Team of Aqsa Women's Degree College distributed gift hampers to the students who come from a low economic strata. The hamper had School bag, Colour pencils, notebook, pencil, erasers sharpener and toy. The students were delighted to receive the hampers.



The teachers and students were interviewed about the menu of the mid-day meal provided by the government. The students discussed about the available menus and changes that could be suggested.

The timings were 10.30 to 1.30 am, 6 days a week. Besides this, a regular monthly health check-up was provided by the Doctors for the students. Even regular vaccines like BCG, Polio etc was given to them regularly.

The students enjoyed the visit and learned practically about the different lunch schemes provided by the government which they learn in the theory of Nutrition during life cycle.

## **NSS Special Camp 2019-20.**

NSS inculcates the spirit of voluntary work among the students and teachers through sustained community interaction. It brings academic institutions closer to society. NSS Unit of Aqsa Women's Degree College of Arts, Commerce and Science started in the year 2011 with only 32 volunteers.

NSS Unit of Aqsa Women's Degree College for the year 2019-20 organized a special camp on following Theme: **Swachha Bharat Abhiyan, Skill Development Program, Water management and Women Empowerment** from 23<sup>rd</sup> December – 31<sup>st</sup> December 2019. The camp was organized in the Al -Noor School campus and Amana Baugh was also selected as the part of the adopted area for the special camp with 50% of the students. Of the 150 total volunteers, 75 were selected for the special camp.

Various programmes like Mass Awareness Programme, Free Medical Camp, Swachhata Abhiyaan, Self Defense Training, Awareness Programme on “Small Saving Schemes”, Yoga classes, Skill development training like Hair styling, chocolate making, artificial Jewellery making, glass painting, quilling, handicraft, personality development programme, and Food fair was conducted.

**The First day:** 23<sup>rd</sup> December

Inauguration of NSS special camp was done on Monday, 23<sup>rd</sup> December, 2019 at 8.00 a.m in the morning. As per the schedule Yoga classes was conducted at Aqsa College ground daily at 8 a.m. – 9 a.m. The classes were held on meditation, nostril breathing, surya namaskar, warm-up exercise, relaxation technique, weight balancing exercise and different asanas.

After the breakfast of an hour, the next session was divided into three sessions. Seven days of special camp was scheduled as follows

- 1) Yoga class
- 2) Breakfast
- 3) session-I – seminar or awareness campaigns were conducted

- 4) lunchbreak
- 5) Session –II cultural activities or project making was arranged and
- 6) session- III was Income generating courses followed by
- 7) evening breakfast, play time, dinner and prayer.

After the breakfast the next session started at 11.30 a.m. The NSS PO Shaikh Ayesha discussed the schedule of seven day camp with the volunteers. The work was distributed by dividing volunteers into seven groups. All the groups were allotted their respective duties like cleaning, breakfast making, lunch preparation, dinner preparation, coupons distribution, discipline and certificate writing during the camp. Volunteers were given stars for completing the given task and at the end of the special camp, group with maximum stars will be declared as the winner.

After the lunch break, next session started at 3.00 pm. Volunteers were given the task of model making to all the respective groups. They were allotted six days for this and every day they will get only one hour for the model preparation. Best model will be selected as winner.

Next session was income generating course for Al-Noor School students as well as open to all from nearby area. Students from third year of Aqsa College were selected for conducting the training.

Students participated in a large number. Training like cup-cake frosting, hair styling, mehandi designing, fabric painting was conducted for the students which could be beneficial to them in future.

Around 5.00 p.m. students were given some leisure time in which they were allowed to do whatever they wanted. Dinner preparation started at 7.00 p.m. At 9.00 p.m. volunteers had their dinner. 11.00 p.m. students went to sleep after prayers.

**The second day: 24<sup>th</sup> December** – Volunteers woke up at 7.00a .m in the morning followed with the yoga session and then bathing.

**8.00 a.m.** volunteers started with the Yoga practice for an hour, followed by breakfast. Volunteers were given healthy breakfast daily.

On the second day of the special camp, NSS unit of Aqsa Women's College had arranged a financial literacy program for the NSS volunteers of the Aqsa College. The event was conducted by the All India Society of Consumer guidance. Mr. Pandey, presented the seminar on finance management, budgeting and some ways of savings that can be done at the monthly or daily basis.

Students from Al-Noor Junior College and School also participated. Students were taught cost cutting from pocket money, sharing to bring down cost, bargaining, knowledge of share markets, controls of unnecessary spending, etc

Seminar started at around 11.00 am in the morning and concluded at 3.00 pm in the afternoon, including the breakfast and lunch arranged for the volunteers.

The financial literacy program was very fruitful for the volunteers and they really enjoyed the session. At the end of the presentation the volunteers came up with the doubts and queries, creating curiosity among all the volunteers

Next session started at 5.00 p.m. with the income generating course. Al Noor School students participated in a large number.

Volunteers who were allotted duty of preparing dinner worked really hard and made mouthwatering dinner for all. It was the successful completion of the day.

**Third Day: 26<sup>th</sup> December** - The camp initiated as per the schedule till the breakfast and continued with the next session at 11.00.a.m.

Session-II was a skill development programme under which workshop on chocolate making was arrange for the volunteers. Mrs. Shifa Vinchu conducted this workshop in which volunteers were taught to make chocolates of different types. Chocolate decoration using Oreo biscuits, dessicated coconuts, chocochips, rice balls, etc. It was indeed innovative methods of chocolates designing which students can improvise in their own way.

Next session started at 3.00 pm with gazal competition. Session was judged by Ms. Sabrin Ansari, NSS PO and Shaikh Saiyada, NSS committee member. Volunteers sang beautifully.

Next income generating course was conducted.

Evening time volunteers enjoyed playing some games and then dinner was prepared for whole NSS team.

**Fourth day of the Special camp: 27<sup>th</sup> December.**

The camp initiated as per the schedule till the breakfast and continued with the next session at 11.00.a.m. Session-I Free dental camp was organized for Al-Noor school students between the age of 12 to 15. Dr. Farah Wasim Fakih conducted this Free - dental camp where she conducted check-up as well as gave guidance on how to take proper care for healthy teeth. Lunch preparation was simultaneously done by respective group of volunteers as per allotted work and task.

The second session continued after a lunch break with chart competition on the theme of Swachha bhara abhiyan, plastic free environment, and women empowerment which was also conducted by the NSS unit of Aqsa College. All the groups of volunteers performed very beautifully.

Evening session continued with Income generating course and sports period followed by dinner preparation.

**Fifth Day – 28<sup>th</sup> December** was initiated as scheduled with the yoga, prabhatpheri, etc.

Breakfast was prepared by the volunteers. After the breakfast the next session started at 10.00 a.m. The volunteers were shown short movies on Self-defense. After the lunch break Volunteers were given the task of spreading awareness on self-hygiene to be undertaken during menstruation period. Students of Al-NOOR school and girls from our adopted area Amina Baugh were invited. Young girls between the age group of 15-18 attended the camp. Some girls were found to be completely unaware of ill-effects caused due to unhygienic conditions during the period of menses. NSS unit of Aqsa college tried to create alertness among young girls.



In the next session students recited Quran and offered prayers. Followed by evening session as scheduled.

**Sixth Day: 30<sup>th</sup> December** – Sixth day of special camp scheduled with the similar routine of Yoga class followed by break-fast. At 11.00 a.m. the NSS unit of Aqsa Women's Degree College had organized an environment awareness drive in cooperation with B.N.C.M.C. The team of Municipal corporation and NSS planned to install a compost plant in the college campus. On 16<sup>th</sup> December, 2018 at 11.00 a.m the team of NSS unit of Aqsa college and B.N.C.M.C Deputy Commissioner Mrs. Vandana Gudve, Environment Officer Mr. Gudvi, Corporator of Millat Nagar Mr. Imran Wali Mohammed Khan, Zonal Coordinator Mr. Vinod Zalte were also present for the event along with the Principal and the staff of Aqsa Women's College. Manure and compost prepared from the garbage was graphed and on the sixth day collection of manure from Compost plant was accomplished. All the volunteers worked on collecting the manure and sending it to the B.N.C.M.C Environment/ Garden department.

The team of NSS unit worked very hard for the completion of the task and their efforts were appreciated.

**The last day of the camp** was initiated with the preparation of the closing ceremony. Volunteers were divided into the groups and they were given different task of cultural activities, certificate distribution, refreshment, felicitation, etc the winners of the competitions were awarded with the certificates. All the groups did their work very efficiently.

The closing ceremony was attended by the Principal Mrs. Farid Oneza and Lecturers of Aqsa Women's Degree College. Principal's appreciated the volunteers, (programme officer) PO & the staff members for the successful completion of the camp.

<b>NSS activities (Covid - Era)- 2020-21</b>			
<b>Sr.No</b>	<b>Date</b>	<b>Activity</b>	<b>Number of volunteers</b>
1		Arogya setu aap Downloaded	100
2		iGOT training	50
3		Posters Prepared	10
4		Awareness Video	5
5		PPT presentation	3
6	28/4/2020	Covid-19 awareness quiz by NSS Unit of Aqsa College	365
7	23/03/2020	Understanding Covid-19 and its preventive measures by Dr. Saud Bubere	30
8	18/4/2020	NSS meeting	
9	23/4/2020	NSS meeting	
10	15/6/2020	NSS meeting	
11	27/5/2020	Webinar on Marine pollution	20
12	28/5/2020	Webinar on Mangrove ecosystem	25
13	10/6/2020	Webinar on Road Safety awareness	20
14	21/6/2020	Video on International Yoga day	25
15	20/5/2020	Mask making	100
17	3-Dec	Viral Hepatits Awareness	90
18	07/12/2020-09/12/2020	Career Gudance workshop	50
20	8/12/2020	Road safety training	55
21	12/12/2020	Self Immunity check	100
22	1/12/2020	Aids awareness	50
23	3/12/2020	Viral Hepatitis	80
24	8/12/2020	Road safety - safe ride training	60
25	12/12/2020	Strengthen Immunity from Covid-19	
26	14/12/2020	Free Training and placement for under priviledged students	15
27	29/12/2020	Road Safety awareness drive	25
28	23/01/2021	Covid-19 Vaccine awareness	55
29	26/01/2021	Republic day	20
30			
31	8/3/2021	International Women's Day	61

## Webinar – Understanding Covid -19 and its preventive measures.

**Topic:** COVID-19 and its preventive measures

**Speaker:** Dr. Saud Bubere

24<sup>TH</sup> APRIL 2020.

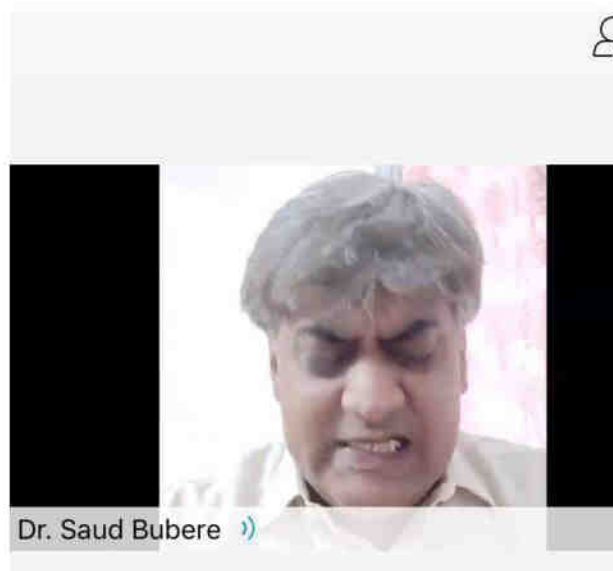
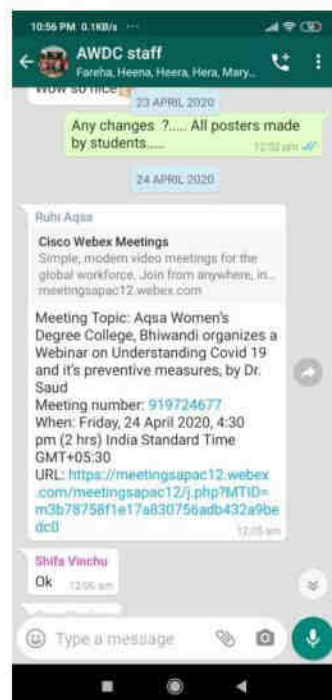
As the spread of the corona virus (COVID-19) is the most serious global health security threat in decades, the N.S.S. department of Aqsa Womens Degree College organized an online webinar on understanding COVID-19 and its preventive measures by Dr. Saud under IQAC on 24<sup>TH</sup> APRIL 2020, i.e. on Friday sharp 4:30 p.m.

Dr. Oneza Farid, Principal of Aqsa Womens Degree College Welcomed and introduced the speaker. The Session was for 2 hrs. Dr. Saud explained in detail regarding the symptoms and prevention of COVID-19. Dr. Saud explained that Corona viruses are family of viruses that can cause illness such as the common cold, severe acute respiratory syndrome (SARS) and Middle East respiratory syndrome (MERS). In 2019, a new corona virus was identified as the cause of a disease outbreak that originated in China.

Dr. Saud informed that the common sign and symptoms can be fever, cough and tiredness. Early symptoms of COVID-19 may include a loss of taste or smell. Dr. Saud explained that people above the age of 60 have a higher risk of serious illness from COVID-19, and the risk increases with age.

Dr. Saud also educated the preventive measures for COVID-19 that we should maintain social distance, wash hand with soap and water frequently or use alcohol based hand sanitizer that contain at least 60% alcohol, Cover face with a cloth mask face in public, Stay home avoid going to public places.

The webinar was very fruitful and ended with the vote of thanks given by the Dr. Oneza Farid (Principal) of Aqsa Womens Degree College.





Learn about the amazing Mangrove Ecosystem in this time of lockdown



United Way Mumbai is presenting a **FREE**  
**Webinar on**  
**Mangrove Ecosystem**  
For schools, colleges & individual groups

Duration: 90 minutes

**Register Now!**  
**Limited seats available**

Login details will be shared post registration.

For more details contact  
[mangroves@unitedwaymumbai.org](mailto:mangroves@unitedwaymumbai.org)

[www.unitedwaymumbai.org](http://www.unitedwaymumbai.org)



## **Webinar on Mangroves Ecosystem**

Date: 28<sup>th</sup> May 2020

Time: 10:30 am to 12:30 pm

Category: Webinar

Lecture on: Mangroves Ecosystem

Resource person: Ms. Pooja Talekar from United Way, Mumbai.

In-Charge Teacher: Shaikh Ayesha, Vinchu Shifa, Shaikh Sayyeda.

Beneficiaries: Students of Zoology (Total no: 23)

Department of Zoology, NSS and Internal Quality Assurance Cell (IQAC) of Aqsa Women's Degree College in collaboration with United Way, Mumbai, jointly conducts webinar on 'Mangroves Ecosystem' on May 28. The session was attended by nearly 23 students and faculty members. The webinar is being organized at a time when all educational institutions are taking the e-learning route due to corona virus lockdown.

The key pathway to meeting the target audiences was to discuss the wide-ranging benefits of mangrove, conservation & sustainable management and local mangrove restoration.

Ms. Pooja Talekar from United Way, Mumbai shared the screen and presented the Mangrove Restoration Potential Map. She also discussed that the total area under mangrove cover along the Indian coast is estimated at 4460 km<sup>2</sup>. The Gangetic Sundarbans is the largest mangrove forest. She also highlighted on land development such as agriculture, aquaculture, industrial purpose, pollution, has contributed to extensive damage of mangroves. Mumbai is one of the best examples for the mangrove destruction due to urbanization. Mangrove habitats serve as a dumping ground for solid wastes and for discharging the effluents from various sources. Mumbai is adversely affected by industrial and domestic pollution. She aware students regarding conservations of Mangroves and motivated the students to join the mangroves conservation campaign. It was very informative and knowledgeable session.

The presentation was followed by question and answer session.

Video recording of the webinar on mangroves ecosystem can be viewed on following link.



# Webinar on Marine Pollution

Date: 27<sup>th</sup> May 2020

Time: 10:30 am to 12:30 pm

Category: Webinar

Lecture on: Marine Pollution

Resource person: Ms. Pooja Taleker from United Way, Mumbai.

In-Charge Teacher: Shaikh Ayesha, Vinchu Shifa, Shaikh Sayyeda.

Beneficiaries: Students of Zoology (Total no: 17)

Department of Zoology, NSS and Internal Quality Assurance Cell (IQAC) of Aqsa Women's Degree College in collaboration with United Way, Mumbai, jointly conducts webinar on 'Marine Pollution' on 27<sup>th</sup> May 2020. The session was attended by nearly 17 students and faculty members. The webinar is being organized at a time when all educational institutions are taking the e-learning route due to corona virus lockdown.

The Main objective of the meeting was to make student aware of effect of marine pollution on environment. Ms. Pooja Taleker from united Way, Mumbai shared the screen discussed that the Marine pollution is a combination of chemicals and trash entered into the ocean. This pollution resulted in damaged to the environment, to the health of all organisms, and to economic structures worldwide.

She make students aware that marine pollution occurs when the harmful effects results from the entry of particles, industrials chemicals agricultural and residential waste into the ocean. Eighty percent of marine pollution comes from land. She gave the example of Versova beach cleanup drive and its positive effect on environment. Olive Ridley Turtles comeback to Versova Beach after 20 ears.

She aware students regarding conservations of Marine Pollution and motivated the students to join beach cleanup drive. It was very informative and knowledgeable session.



Learn about Marine pollution and ways to prevent it in this time of lockdown



United Way Mumbai is presenting a **FREE**  
**Webinar on Marine Pollution**  
For schools, colleges & individual groups

**Duration: 90 minutes**

**Register Now!**  
**Limited seats available**

Email to register your schools/colleges for the webinar.  
Login details will be shared post registration.

Email: [cleanshores@unitedwaymumbai.org](mailto:cleanshores@unitedwaymumbai.org)

[www.unitedwaymumbai.org](http://www.unitedwaymumbai.org)



**Link of Videos, Posters, Slides prepared by Volunteers for conducting NSS activities**

<https://youtu.be/tyMYry1t7NQ>

[https://studio.youtube.com/video/l\\_To0aVvQoI/edit](https://studio.youtube.com/video/l_To0aVvQoI/edit)

[https://i9.ytimg.com/vi\\_webp/AYT3VgQct2E/mqdefault.webp?time=160838700000&sqp=CLiT-P4F&rs=AOn4CLADd-h-vXie0NNQ1IsiF1M7CH-gCQ](https://i9.ytimg.com/vi_webp/AYT3VgQct2E/mqdefault.webp?time=160838700000&sqp=CLiT-P4F&rs=AOn4CLADd-h-vXie0NNQ1IsiF1M7CH-gCQ)

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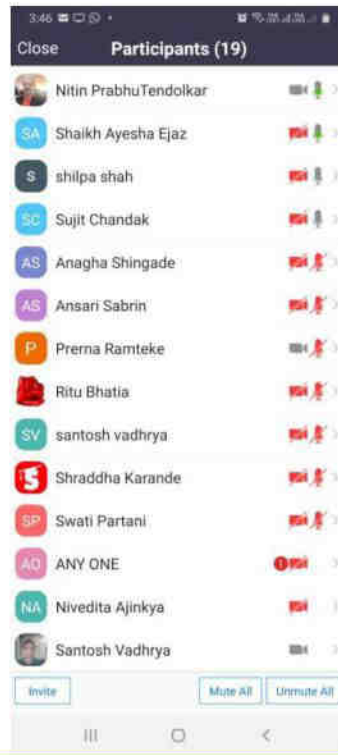
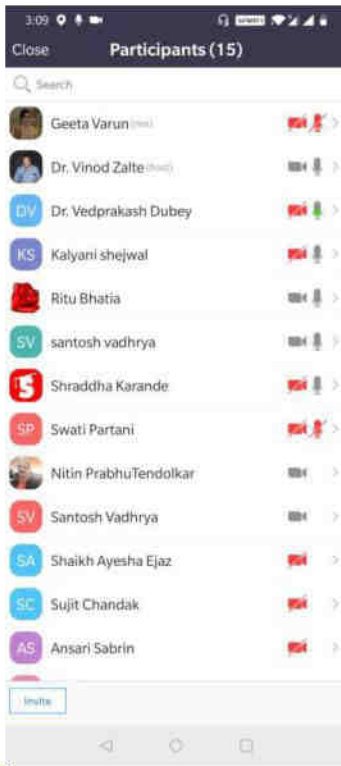
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### ❖ **Distribution of Food Products during Lockdown due to Covid19.**

In the month of April, 2020 India underwent sudden shutdown due the spread of Corona disease in the Country. People globally faced a situation of panic and anxiety. Due to immediate lockdown people faced financial crisis especially the daily wages ones like small food stalls venders , Powerloom workers, etc. It became difficult even to fill their stomach. Many workers depend on Powerloom industries and due to complete lockdown their family had to go back to native places. To help and support such people Aqsa College and NSS volunteers gave their contribution by distributing food grains to the deprived people in Bhiwandi. Around ten families were give ration (Rice, Wheat, Pulses, oil, sugar, etc).

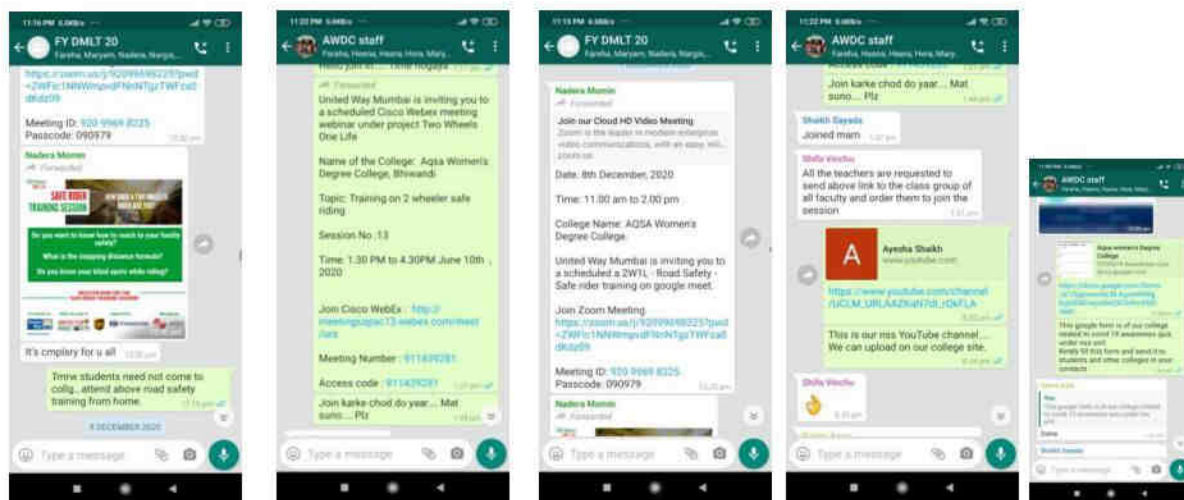
◆ **Aqa college participated in the webinar organized by DSW, SNTD on awareness against covid 19 and awareness about vaccination.**



NSS unit attendance during Covid Vaccine Program.

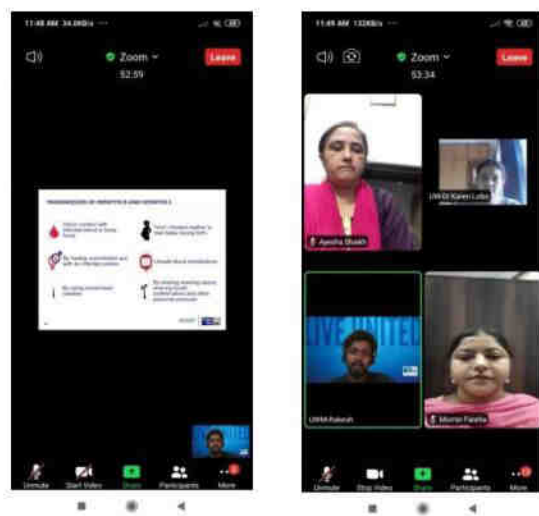
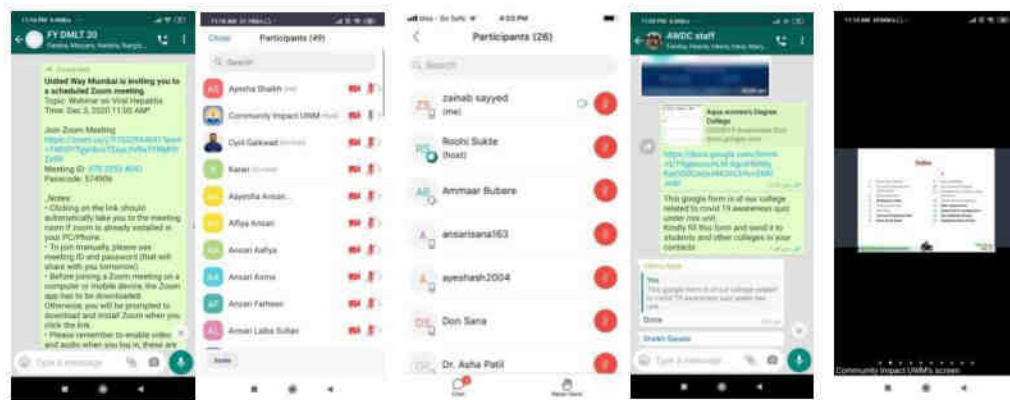


## ❖ Road Safety Program on 8<sup>th</sup> December, 2020.



Aqsa Women's Degree College Organized road safety training for the students. Describing the rules and regulations regarding the roads and safety precautions while driving any vehicle. Our students participated in this training session and they keenly observed the whole session. The training was in two sessions, in first session the rules and regulations of and on the bikes. All the students participated actively. Volunteers felt responsible for themselves, family and society. Our intention and concern is completely to spread awareness projected for road safety. NSS unit of Aqsa College extends heartfelt thanks to the whole Team of Unitedway Mumbai for their support.

## ❖ Viral Hepatitis Awareness Program Webinar – 3<sup>rd</sup> December, 2020.



Hepatitis is the world's 8th biggest killer. In India alone, an estimated 40 million people are affected by Hepatitis B and 15 million by Hepatitis C. With rapid growth, Hepatitis is also growing concern.

Half of Hepatitis B infections come from mother-to-child transmission, and half during early childhood. We at Aqsa Women's Degree College in collaboration with a NGO- United Way Mumbai aim at curbing the rise in transmission of Hepatitis infections from mother to child by simple prevention messages in impoverished communities in Bhiwandi where awareness about Hepatitis is low and access to quality healthcare services is limited.

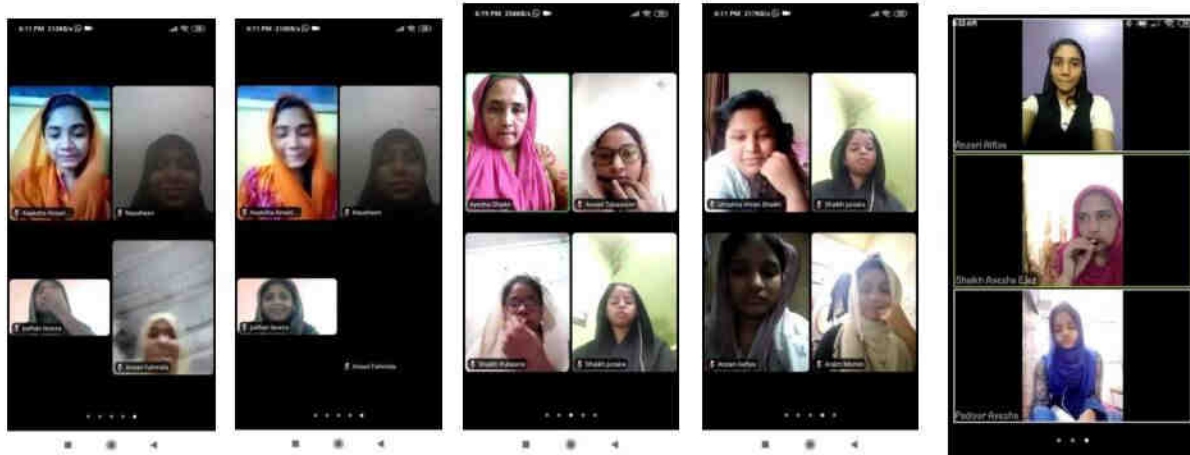
The NSS unit of Aqsa women's Degree college conducted a webinar for the NSS volunteers of our college to create awareness among them as they come from a very conservative back ground and can further reach their family.

❖ World Aids Day – 1<sup>st</sup> December, 2020.

Posters prepared by Students on account of World Aids Day building awareness against the deadly disease "Aids"



❖ International Women's Day Celebration – 8<sup>th</sup> March, 2021.

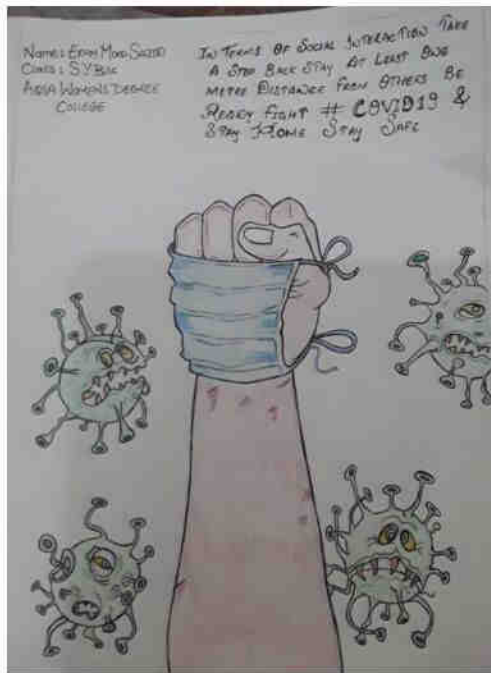


Aqsa Women's Degree College celebrated Women's Day on 8<sup>th</sup> March symbolizing the prominence of women in present Era. Every Women needs salutation especially on this day for their sacrifice, care, dedication, love, affection, strength towards family, friends and society. Volunteers signified women's day through different phases of a women's life, which was portrayed in their performances and also performed various activities highlighting different talents of Women.

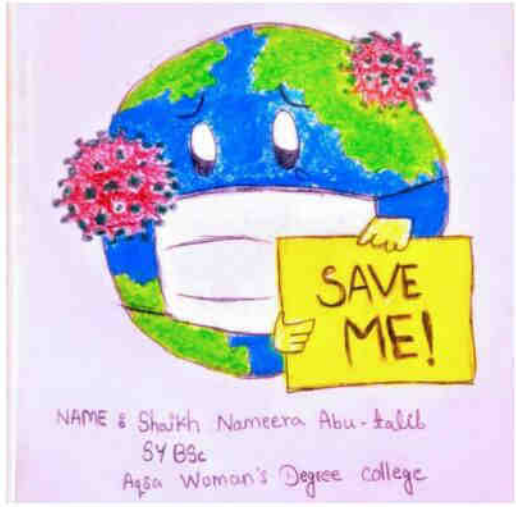


❖ Awareness against Prevention of Covid 19 :- 2020-21

Posters prepared by NSS volunteers of Aqsa Women's Degree College to create awareness of Covid 19 and precaution to be taken to prevent the spread of disease.



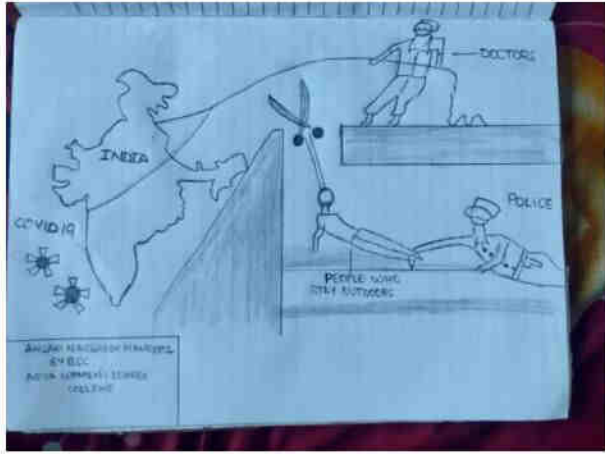




NAME : Shaikh Nameera Abu-talib  
SY BSc  
Aqsa Woman's Degree college

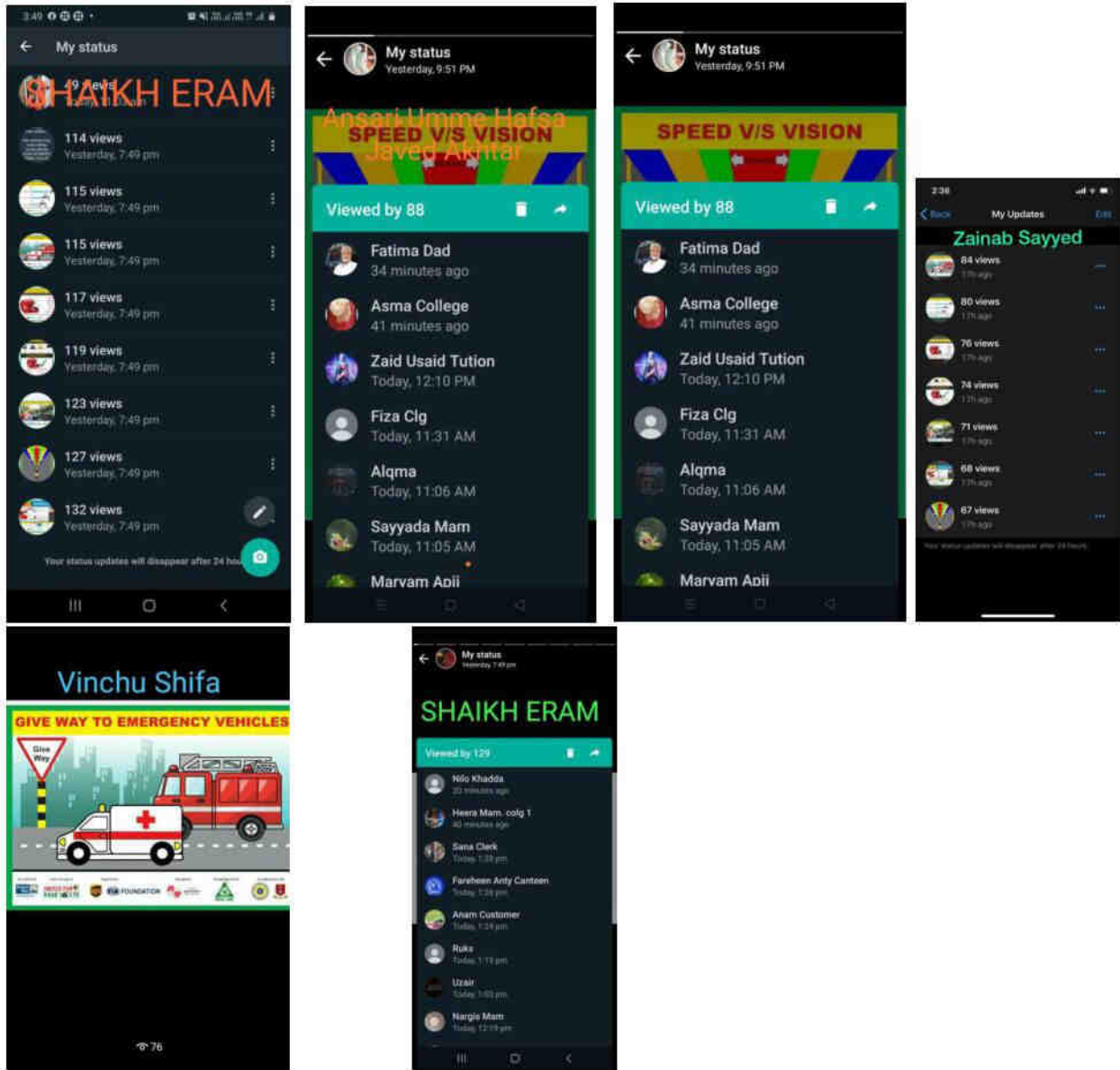


Nour Nageen Nour Hussein  
SYBSc  
Aqsa Woman's Degree college



❖ Road Safety Awareness Program – December 2020.

Aqsa college in collaboration with Unitedway Mumbai participated in spreading awareness of Driving rule and regulations to prevent accidents. Volunteers created awareness through posting Whataap status on safety rules to be followed while driving.



**Free Mask making and its distribution :- April 2020.**

Aqsa college volunteers prepared mask and distributed free to the people.



## **Vaccination awareness campaign -**

**Resource Person:- Manohar Arwari and Dr. Supriya Arwari.**

**Beneficiaries:- 55**

Aqsa Women's Degree College in association with D.M.L.T and NSS unit organized a Covid vaccine awareness campaign for the all students of Aqsa College. The activity was conducted done in online mode by connecting students through Googlemeet.

Ms.Nadera Momin, faculty of D.M.L.T introduced the resource person of the session and the meeting was coordinated by Ms.Sabreen Ansari, NSS PO.

Dr. Supriya from Supreme Hospital gave an introductory lecture on covid infection and discussed some preventive measures against the viral attack. The session was continued by Dr. Manohar Arwari, stressing on the main task of Covid vaccine awareness among students. Dr. Manohar very effectively presented the significance of vaccine and gave evidences of successful results of Vaccination in Bhiwandi. Our aim for organizing the webinar was to reduce the fear and panic among common people about the Vaccines.

D.M.L.T and NSS unit of Aqsa college successfully accomplished the task.

**Report by,**

**Shaikh Ayesha Ejaz, PO**

**Ansari Sabrin Iftekha, PO**

**NSS Unit.**



**NSS UNIT – 2021-22**

<b>NSS activities (Covid - Era)- 2020-21</b>			
<b>Sr.No</b>	<b>Date</b>	<b>Activity</b>	<b>Number of volunteers</b>
1		<b>Arogyasetuaap Downloaded</b>	<b>100</b>
2		<b>iGOT training</b>	<b>50</b>
3		<b>Posters Prepared</b>	<b>10</b>
4		<b>Awareness Video</b>	<b>10</b>
5		<b>PPT presentation</b>	<b>08</b>
8	18/4/2021	<b>NSS meeting</b>	
9	23/4/2021	<b>NSS meeting</b>	
10	15/6/2021	<b>NSS meeting</b>	
14	21/6/201	<b>Video on International Yoga day</b>	<b>25</b>
18	07/12/2021	<b>Career Guidance workshop</b>	<b>50</b>
22	1/12/2021	<b>Aids awareness</b>	<b>50</b>
23	3/12/2021	<b>Viral Hepatitis</b>	<b>80</b>
24	8/12/2021	<b>Road safety - safe ride training</b>	<b>60</b>
25	12/12/2020	<b>Strengthen Immunity from Covid-19</b>	
26	14/12/2020	<b>Free Training and placement for under privileged students</b>	<b>15</b>
27	18/10/2021 29/10/2021 08/02/2022	<b>Vaccination Drive</b>	<b>500</b>
28	23/01/2022	<b>Constitution day</b>	<b>55</b>
29	26/01/2022	<b>Republic day – Amrit mahotsav</b>	<b>20</b>
30		<b>Cancer awareness</b>	
31	8/3/2022	<b>International Women's Day</b>	<b>61</b>

**International Yoga Day – 21 June, 2021.**

SNDT Women's University, National Service Scheme Cell, Department of Students' Development in Collaboration with NSS UNIT, PVDT College of Education for Women, Mumbai Organizes Online Yoga Protocol Workshop On the Occasion of INTERNATIONAL DAY of YOGA (IDY) on June 21, 2021.

Volunteers of Aqsa Women's Degree College also participated in the event organized by University. Around 20 volunteers participated.

**Invitation : SNDT Women's University, National Service Scheme Cell, Department of Students' Development in Collaboration with NSS UNIT, PVDT College of Education for Women, Mumbai Organizes Online Yoga Protocol Workshop On the Occasion of INTERNATIONAL DAY of YOGA (IDY) on June 21, 2021.**

SNDT Women's University, National Service Scheme Cell, Department of Students' Development in Collaboration with NSS UNIT, PVDT College of Education for Women, Mumbai Organizes Online Yoga Protocol Workshop On the Occasion of INTERNATIONAL DAY of YOGA (IDY) on June 21, 2021.

All teachers are advised to inform all students, teachers, Staff and others to attend this event.

Important Links:

☎ □Registration Link : <https://forms.gle/WSiRUD16Cj7bztFXA>

📺 YOUTUBE Link (For STUDENTS & others): <https://youtu.be/Y1CWaygH67c>

† □GOOGLE MEET link ( For Staff Only): <https://meet.google.com/kxb-bxxs-jxe>

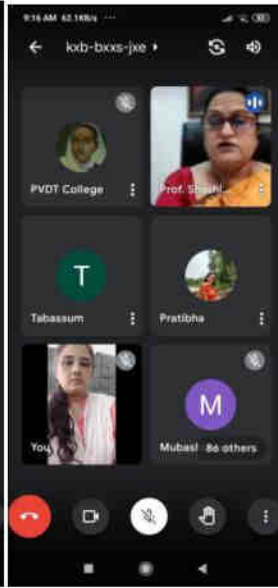
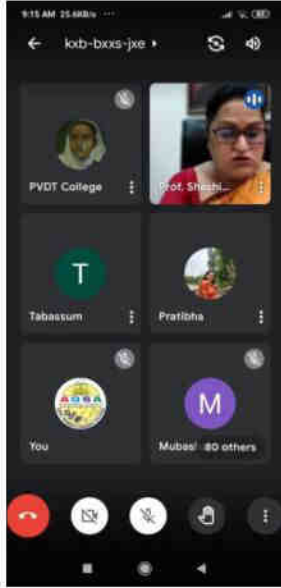
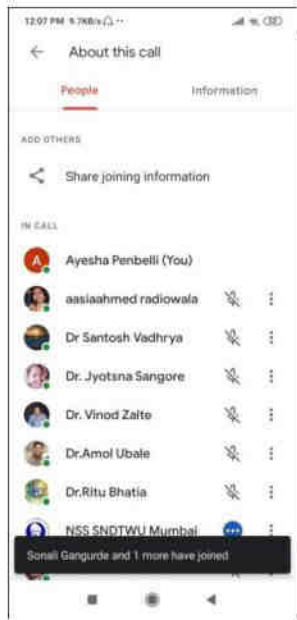
You are requested to kindly join the program on Monday, June 21, 2021 at 9.00 am

Dr. Subhash Waghmare,

Principal, PVDT College of Education, CC

Dr. Nitin S. Prabhutendolkar

Dean of Students' (AddlCh) & NSS Program Coordinator, SNDTWU





## Environment Day – 5<sup>th</sup> June, 2021.

Webinar on Environment awareness conducted by DSW, NSS Unit. Volunteers of Aqsa Women's Degree College attended the webinar on 5th June, 2021.

## **Tree Plantation:- 14<sup>th</sup> July, 2020-21**

The NSS unit of Aqsa Women's Degree College conducted tree plantation campaign on occasion of Van Mohatsav.

On 14th July, 2021 NSS unit carried out tree plantation campaign at Lokmanya Tilak Ghat the adopted area of NSS unit.

10 volunteers geared up for the campaign. About 10 plants were planted at Lokmanya Tilak Ghat.

Head Mistress of Al-Noor Secondary School and Junior College and Principal of Aqsa Women's Degree College along with the volunteers put their best efforts to make the event successful.

With the support of staff of Aqsa college, the task was accomplished.





## **Online Videos, Posters and Slides shared by Volunteers during Covid-19**

\*\*\*Anti - tobacco day – Links of Videos on YouTube channel

\*\*\*\*Doctors Day – YouTube channel Videos link.

\*\*\*\*\*Cheering the Indian team for Olympics - Videos and posts.

\*\*\*\*\*United way Mumbai- Youth against covid. – Link of Instagram

Posters were prepared by Volunteers which was shared on YouTube channel and Instagram of NSS unit of Aqsa College.

YouTube link:

[https://studio.youtube.com/channel/UCLM\\_URLAAZKaN7dI\\_rQkFLA/videos/upload?filter=%5B%5D&sort=%7B%22columnType%22%3A%22date%22%2C%22sortOrder%22%3A%22DESCENDING%22%7D](https://studio.youtube.com/channel/UCLM_URLAAZKaN7dI_rQkFLA/videos/upload?filter=%5B%5D&sort=%7B%22columnType%22%3A%22date%22%2C%22sortOrder%22%3A%22DESCENDING%22%7D).

### **Blood Donation Camp- 23<sup>rd</sup> 2021.**

NSS unit of Aqsa women's degree college organized a Blood Donation camp on 23 December, 2021 supporting the needy patients undergoing treatment for Covid19. NSS unit along with Bhiwandi Blood Bank conducted the camp.

Volunteers of Aqsa College shared the posters of Blood Donation to various colleges of Bhiwandi and to the nearby residents.

NSS unit of Aqsa sponsored the event.

Blood Donation started at 10.00 a.m. in the morning. Many students from Swayamm siddhi, BNN, and many other colleges participated. Volunteers of our college also donated blood. People from the nearby area also contributed and willingly turned up for donating blood. Arrangement of tea and glucose biscuits, juice was made for the donors immediately after their blood collection. Gift hampers were given by the NSS unit to every donor as a token of appreciation.

Blood Donation camp successfully ended at 4.00 p.m. and 15 units of blood was collected from the donors.

NSS unit of Aqsa college appreciates the efforts taken by the volunteers



## **Report on Guidance Lecture**

Date: 10<sup>th</sup> December 2021

Time: 10:30 am to 12:00 pm

Location: Aqsa Women's Degree College, Bhiwandi.

Category: N.S.S (National Service Scheme)

Lecture on: AIDS Awareness

Resource Person: SadhnaSawant (Counselor), SupriyaLambe (Data Manager), LataPatil (NGO Worker), IGM Hospital.

Beneficiaries: Students of UG level Science faculty (Total no. 77)

The N.S.S (National Service Scheme) of Aqsa Women's Degree College organized a guidance lecture programme on 10<sup>th</sup> December 2021. The lecture was addressed by SadhnaSawant (Counselor), SupriyaLambe (Data Manager), LataPatil (NGO Worker), IGM Hospital, staff of A.R.T (Anti-Retroviral Therapy) Centre. The topic of the lecture was AIDS AWARENESS, the Programme aimed to generate awareness to enhancing access services relating to HIV/AIDS. With a view to disseminate information regarding primary prevention and control services, developing an understanding about the infection to reduce stigma & discrimination against people living with AIDS, strengthening people's knowledge about the measures to be taken to prevent HIV/AIDS and adopting preventive health habits and life style. The lecture was very informative and interactive and the students come to know about better practices and control measures. Some preventive measures are also highlighted during the lecture. Students gain some important knowledge and sensed the importance of AIDS AWARENESS.

Report by

Shaikh Saiyada Haroon

Assistant lecturer



## **Report on Quiz Competition**

Date: - 29<sup>th</sup> January 2022

Day: - Saturday

Time: - 10.00 am.

Topic: - AzadikaAmritMahotsav

Department: - NSS Committee

Meeting Platform: - Google Meet & College

Beneficiaries: - 162 Students.

Our country is celebrating 75<sup>th</sup> Anniversary of our independence under the guidance of Hon'ble Sri Narendra Modi ji. Our college Aqsa Women's Degree took an initiative to organize online quiz competition on Azadika Amrit Mahotsav on 29<sup>th</sup> January 2022. The students participated with great enthusiasm.

The students who scored more than 30 % were provided with E – Certificate .all the students enjoyed the quiz .The programme was successfully concluded by the vote of thanks and National Anthem.

Report by,

Darekar Heera B.

(Department of Botany)





## **International Women’s Day Celebration – 8<sup>th</sup> March, 2022.**

On the occasion of “International Women Day” an Awareness Bike Rally was organized by the N.S.S Unit of Aqsa Degree College. NSS volunteers of Aqsa Women’s Degree College. Staff and students of the college flagged off the rally. About 30 volunteers under the leadership of Programme officers – Dr. Shaikh Ayesha, Prof. Sana Don and Prof. Shaima Moallim, carrying placards in their hands marched from College to the Nashik Road highway and back.

While addressing the volunteers Dr.Ayesha, spoke about the evils of domestic violence, female feticide, rape, illiteracy and gender bias should be eradicated by the awakened generation of young boys and girls. She motivated the girl students to be very conscious about their important role in the overall development of society. They should also make the others aware about it. She asked the educated youth to create an environment where women get equal opportunities of development in every field.

On this occasion Dr. Ayesha said that the women can be empowered by educating them. She further stressed upon the need to change the feudal mindset of the male dominated society so that the women get equal status and equal opportunities. She said that a small section of women has made remarkable achievements, but a large section of them has been deprived of the fruits of development.

A large number of college teachers and employees also took part in the rally. District administration and the police have made sufficient arrangements for the smooth conduct of rally.





## Covid- 19 Vaccination Drive.

India began administration of **COVID-19 vaccines** on 16 January 2021. As of 3 April 2022, India has administered over **1.8 billion** doses overall, including first, second and precautionary (booster) doses of the currently approved vaccines. In India, **91%** of the eligible population (12+) has received at least one shot, and **77%** of the eligible population (12+) is fully vaccinated.

Citizens above the age of 15 can book appointments through the COWIN platform or can do a Walk-In registration on site. All vaccine centers have registration desks, vaccine booths and observation rooms. Vaccine certificates can be downloaded digitally through the COWIN platform, or citizens can ask for a hard copy from vaccination centers. All government run vaccination centers provide free of cost vaccines, private centers do charge.



**FREE AND SAFE**

AQSA EDUCATIONAL SOCIETY'S  
**AQSA WOMEN'S DEGREE COLLEGE**  
4th Millat Nagar, 4th Nizampur, Chavindra, Bhivandi

**COVID-19 VACCINATION DRIVE**  
**18<sup>th</sup> October 2021**

**AQSA WOMEN'S DEGREE COLLEGE**  
IN COLLABORATION WITH BNCMC

**COVISHIELD**  
DOSE 1 & 2 BOTH AVAILABLE

**TIMING**  
10 am to 4 pm

FOR INQUIRY CONTACT : 7768948053 / 9652482331

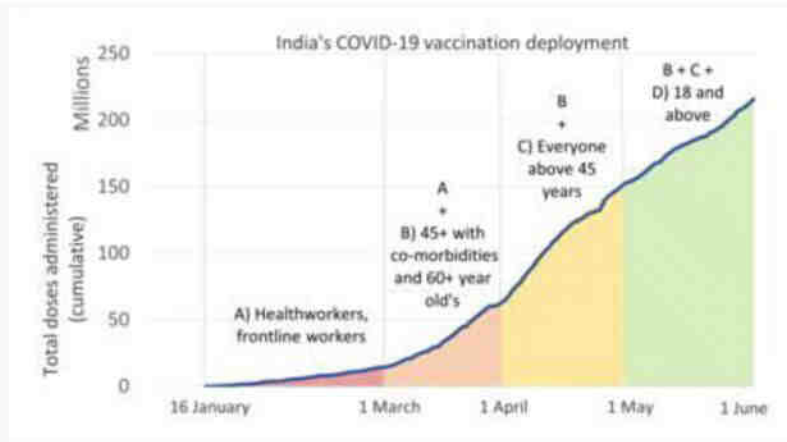
**01. REGISTRATION**  
Free on the spot

**02. ELIGIBILITY**  
18 Years and above

**03. DOCUMENTS FOR REGISTRATION**  
Aadhar Card

**04. VENUE**  
Aqsa Women's Degree College,  
4th Millat Nagar, Bhivandi.





India's COVID-19 vaccination deployment till 3 June

## First Phase, initial approvals, launch of vaccination programme

In September 2020, India's Health minister Harsh Vardhan stated that the country planned to approve and begin distribution of a vaccine by the first quarter of 2021.<sup>[2]</sup> The first recipients were to be 30 million health workers directly dealing with COVID patients.

NSS Unit of Aqsa College in collaboration with B.N.C.M.C registered as Vaccine center thrice for the students and residents of Millat nagar. Overall around 500 individuals were immunized during the vaccination drive in Aqsa College.

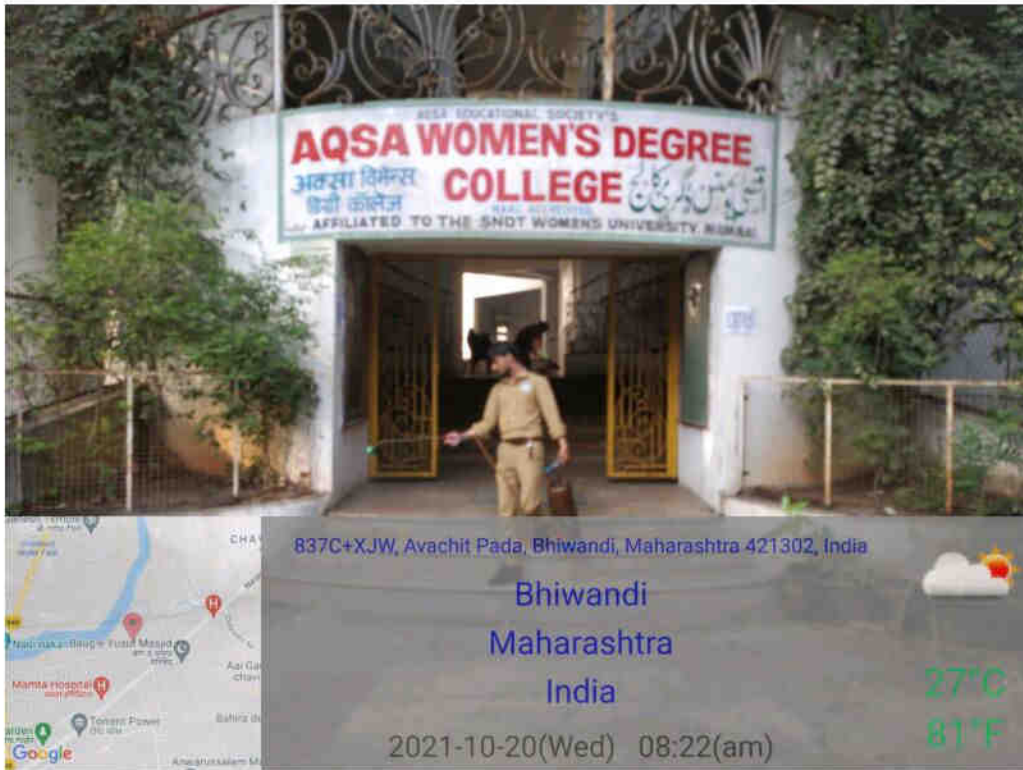
First Vaccination drive – 18<sup>th</sup> October, 2022.

Second Vaccination drive - 29<sup>th</sup> and 30<sup>th</sup> October, 2022.

Third Vaccination Drive- 8<sup>th</sup> February, 2022.



Sanititation drive in Aqsa College.





837C+XJW, Avachit Pada, Bhiwandi, Maharashtra 421302, India

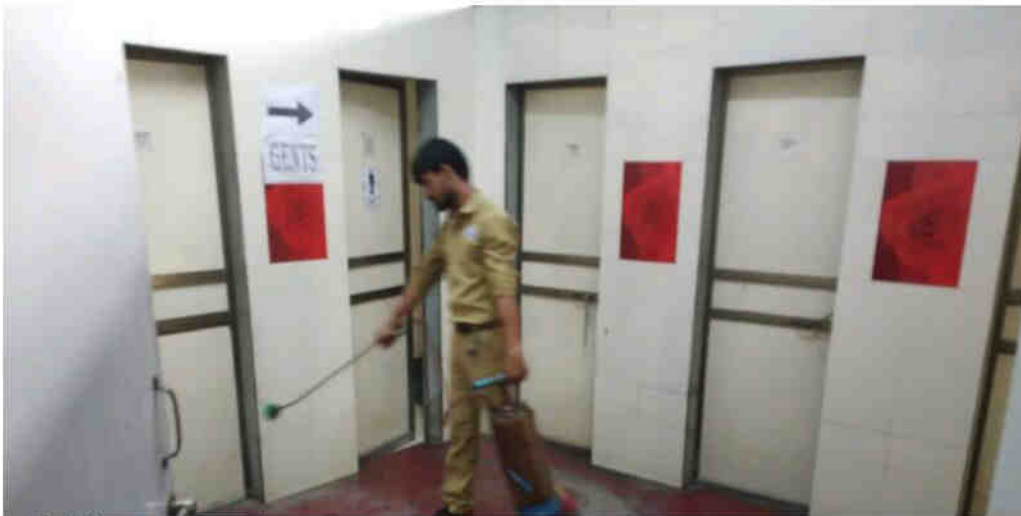
Bhiwandi  
Maharashtra  
India



27°C

81°F

2021-10-20(Wed) 08:15(am)



837C+XJW, Avachit Pada, Bhiwandi, Maharashtra 421302, India

Bhiwandi  
Maharashtra  
India



27°C

81°F

2021-10-20(Wed) 08:13(am)



## **Guest lecture program on Cancer Awareness.**

**Organized by –N.S.S Department in collaboration with the Meal management Department of Aqsa Women’s Degree College.**

**Resource person-Dr Supriya Arwari.**

**No of beneficiaries- 26**

**Date-04-02-2022**

**Time-10: am to 12:30 pm**

The N.S.S Department in collaboration with the Meal management Department of Aqsa Women’s Degree College organized a Guest Lecture Programme on 4<sup>th</sup> February 2022 in college campus. The Resource person was Dr. Supriya Arwari (Practicing Gynecologist , Bhiwandi). The topic of her lecture was ‘Awareness on Cancer’. In her lecture, she explained the method of self-diagnosis of breast cancer and when we are aware about this deadly disease on time, it can be cured much easily. She also had an interactive session after the lecture, where she cleared different queries of students and faculty as well. It was a learning and amotivating experience for the students. The lecture was attended by Arts and Science students. The Guest Lecture Programme was conducted under the assistance of Dr Ayesha Shaikh (N.S.S Head- Aqsa College) and Don Sana Irfan ,(Asst. Professor- Meal Management Dept).

NSS UNIT AND DEPARTMENT OF HEAL MANAGEMENT  
OF  
AQSA WOMEN'S DEGREE COLLEGE IN ASSOCIATION WITH  
SUPREME HOSPITAL AND GYNAEC ASSOCIATION  
ORGANIZES

# World CANCER DAY

4TH FEBRUARY  
AT 10.00A.M -12.00P.M  
VENUE :AQSA WOMEN'S DEGREE COLLEGE  
AUDITORIUM

Talk by Dr. Supriya Arwari from  
*Supreme Hospital*

THIS YEAR THE THEME IS  
CLOSE THE CARE GAP , EVERYONE DESERVES CANCER CARE  
SO LET'S JOIN HANDS & TAKE CARE OF EACH OTHER'S HEALTH  
PREVENTION IS BETTER THAN CARE  
CANCERS CAN KILL ,  
BREAST & CERVICAL CANCER NEED  
AWARENESS AND SCREENING DEFINITELY PLAY MAJOR ROLE IN EARLY DETECTION AND  
REDUCTION IN MORTALITY.  
SO RATHER THAN WAITING FOR THE DREAFFUL DISEASE , LETS STOP IT BEFORE IT  
ARRIVES .



## Free Dress Donation Campaign – 22<sup>nd</sup> April, 2022

Beneficiaries – 200

Donator – Naseem Creation.

On 22<sup>nd</sup> April at 10.00a.m N.S.S unit of Aqsa Women's Degree College conducted dress donation campaign as charity for the deprived people during Ramadan month. Donation was done by Naseem Creation for the students of Aqsa Women's Degree College who are in utter need and are not capable of affording new clothes for Eid-ul-Fitr.

Our N.S.S volunteers informed about the camp to the college students and around 200 pair of clothes were distributed among them. Students who were really needy were very pleased to get such a kind gesture during the Holy month of Ramadan as they fast the whole month and should be able to celebrate on completion of the fast as a mark of devotion to Allah.

Aqsa college had always been supportive to students in every aspect from giving education to providing personal help. It was a sincere attempt towards community and societal service as well as for our earnest students who deserve aid from their college.

The task of distributing the dresses was successfully accomplished by the Aqsa Women's Degree College (NSS unit). Sincere and heartfelt thanks to Naseem creation .

Aqsa women's degree college.

BHIWANDI

