



Aqsa Women's Degree College Annual Report 2012-13

Assalam Alaikum

In the name of Allah, most gracious the most compassionate.

I deem it to be an honour and privilege to present the annual report on Curricular & Co-curricular activities of our Aqsa Women's Degree College, for the academic year 2012-13. First of all I would like to thank almighty Allah for providing us with this esteemed academy.

The Aqsa women's Degree College was established in the year 2006, by our apex body the Aqsa Educational society and has completed its journey of 7 years. As the college grew our philosophy and its distinctive purpose took firm shape as relevant today as we are at the outset to create an atmosphere where girls can blossom into confident, self reliant, responsible individuals, who can be a source of strength to their families and communities. It has been our constant endeavor to prepare our students to excel academically and socially.

The college commenced its academic year 2012-13 in July 2012. We have Undergraduate courses in the faculties of Arts, Science and Commerce. Inshallah soon in the coming academic year 2013 we are planning to come up with the accredited distance education center affiliated by S.N.D.T Women's University with various courses specifically designed for women of our society. We are also going to start P.G courses such as M.A and other certificate courses such as diploma in early child care education and diploma in human resource management. We are well on our way to accomplish most of our goals as Aqsa educational society is soon coming up with a technical college for which we have already submitted the proposal with AICTE New Delhi. It goes beyond mention that Aqsa Educational Society has always worked towards the education; empowerment and upliftment of

the girls of our society as at Aqsa, girls have the facility of seeking full fledge education from K.G to Degree College, and also various diploma courses, P.G courses and a technical college.

Academic profile:

On the academic front our students have made us proud, by producing very good results, in the university examinations held in May 2011. In the T.Y.B.Sc examinations college secured 100% result with 16 first classes, and in T.Y.B.A examinations 53%. My heartiest congratulations to all my students and staff.

Aqsa Women's Degree College conducted several significant programmes / events relating to language, culture, music and literature. The following are worth Mentioning. Our students participated in various inter college and inter university competitions such as

- □ Inter college dress designing competition held by S.N.D.T Women's University, Mumbai in which four students participated out of which Shabeena HAnsari was shortlisted.
- □ Intercollegiate competition conducted by NGO "Population First" on 16 December. 40 students attended the competition, 10 students participated in the street play, and 4 students participated in the college painting competition. Competition was organized on the theme of "save the Girl child' at Somaya college, Mumbai.
- □ Intercollegiate Paper presentation competition 'Eureka' was held at G.M.Momin College, Bhiwandi on 10th December 2012, in which 2 students participated.
- □ Various competitions were held by the sports committee from 26th to 29th December 2012.
- □ Our N.S.S unit organized various programmes.
- □ A special 7 days day camp from 13th December till 19th December on the theme ' Save The Girl Child' various activities were carried out and resource persons were called to address the students.
- □ Plantation and Vanamahostav week celebrations were held at the college
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campus.

- □ a) Literacy camp, School dropout survey was also carried by our N.S.S students.
- □ c) Health checkup camp was conducted and a special lecture was conducted by DR. Saud Bubere on Dengue and Malaria Awareness.
- \Box d) environmental day, population day
- □ Independence Day, Republic day, NSS day, world AIDS day
- □ Rally on Anti corruption Day, Women's day,
- □ International Harmony day. All these activities were held by us.

Apart from achieving the outstanding result, the college organized various curricular and co-curricular activities throughout the year. Gazal competition, Mehndi competition, elocution competition, debate, poster making, essay writing, cultural day celebration, women's day celebration were held to our quality development.

Our institution has grown manifold, under the vision and leadership of our chairman and the dedicated efforts of the management members. It goes beyond mention the efforts of my teaching and non-teaching staff. I embrace and relish this herculean challenge. And with the support of the management, my teaching staff, non teaching staff and students, I unequivocally believe that we can collectively achieve our goals. I thank everyone for their vote of confidence and, moreover, for this exceptional opportunity to build on the excellent legacy of such a premier institution.

I take this opportunity to convey my profound gratitude to the parents, guardians, benefactors and all our lovely students without whose cooperation it would have been virtually impossible. I conclude with the following words Education is the most powerful weapon which you can use to change the world. "Desire is the key to motivation, but its determination and commitment to an unrelenting pursuit of your goal — a commitment to excellence — that will enable you to attain the success you seek."

Principal Farid Oneza T.

NSS REPORT 2012-2013

LIST OF THE REGULAR ACTIVITIES & SPECIAL CAMP ORGANIZED IN THE YEAR 2012-2013.

***** Birthday of Swami Vivekananda – 31st March

On occasion of Birthday of Swami Vivekananda, Volunteers of Aqsa Women's Degree College performed various activities which highlighted the working of Swami Vivekananda aiming at the education of girl child and importance of educating a girl. Volunteers selected some children from their area belonging to weak financial background .They conducted free education and took the responsibility of helping them in their studies. Some volunteers taught reading of Holy book Quran to few girls without charging any fees.

***** World Health Day- 2nd April.

The volunteers of AqsaWomen's Degree College during their summer vacation carried out the activity on occasion of World Health Day. The PO of the Aqsa Women's Degree College had conducted a presentation on health awareness and after that a documentary on the importance of health, maintenance of good health and precautionary measures to avoid diseases was projected.

* Maharashtra Day-1st May.

On the occasion of the Maharashtra Day celebration, flag hoisting ceremony was conducted by the principal of our college Mrs.Oneza Farid. After the flag hoisting, cultural activity was organized in which our volunteers actively participated.

* World Environment Day-6th June

On World Environment Day, the volunteers gathered at a school in our vicinity, the Al-Noor school campus. On the account of spreading awareness towards protection of environment, volunteers presented seminars on the ill effects of unhealthy environment and the preventive measures of the spread of disease.

* The tree plantation Project.

Aqsa women's degree college has planted trees in the college campus. Volunteers participated in the plantation. Different types of plants & seeds were planted in college vicinity.

* N.S.S Orientation for the year 2012-13.

The PO of the Aqsa women's degree college Mrs.Shaikh Ayesha organized an orientation for the F.Y.BSc, F.Y.B.A, &F.Y.B.Com students to make the students aware of the importance 0f N.S.S.

***** World Population Day-11th July.

The volunteers of the Aqsa women's degree college conducted short skits presenting the drawbacks of the over population and the need of the population control in present generation. They also conducted a survey in the Aqsa college seeking the necessity to 'Control Population'.

* Independence Day Celebration-15th August 2012.

Volunteers gathered for the flag hosting ceremony. The flag was hosted by the Hon. Principal Farid Oneza Tanveer and was followed by cultural activities.

* Teacher's Day Celebration(5th sept)

On the occasion of Teacher's Day, Aqsa Women's Degree College organized a cultural Programmed.

* World Literacy Week-

On the occasion of the World Literacy week, the volunteers of Aqsa Women's Degree College visited different primary schools of Bhiwandi with the aim of spreading the importance of education. Among the schools visited one was the Bhiwandi-Nizampur municipality school and performed various activities like speech, skit, and games and distributed some stationary for the students.

Volunteers also visited another schools-Alnoor, Mariyam School, were they conducted the seminars and presentations for the primary and secondary students. The World Literacy week was celebrated very enthusiastically.

***** Gandhi Jayanti-2nd Oct 2012

On October 02, 2012, we celebrated **Mahatma Gandhi Jayanti** with great honour to leader who got us independence with sheer dedication, patriotism and non-violence from British. It was all student effort, many students came up with new ideas and creativity, and it was the best way to salute a Mahatma.

* World Aids Day-1st Dec

On the occasion of World Aids Day, Aqsa Women's Degree College organized a survey and a seminar in the Al-Noor school for the students of secondary section. Volunteers conducted survey on the students to check the awareness about the

disease and then they explain them the causes and prevention of the disease.

* University level competition -16th Dec

Volunteers participated in the competitions organized by the NGO-Population First, on the theme of save the girl child on 16^{th} Dec at Somaiya College from 1.00pm to 8.00pm. Various competitions were held and our volunteers very actively participated in the events.

* N.S.S unit Sports-

N.S.S Unit of the Aqsa women's degree college organized Sports from $23^{rd}-26^{th}$ dec for the volunteers physical development. During the sports, morning Yoga training was given to the volunteers.

***** Tree Plantation-22nd Jan.

Aqsa women's degree college has planted trees in the college campus. Volunteers participated in the plantation. Different types of plants & seeds were planted in college vicinity.

***** Republic Day Celebration-26th Jan 2013.

Volunteers gathered for the flag hosting ceremony. The flag was hosted by the Hon. Principal Farid Oneza Tanveer and was followed by cultural activities

* Special Camp (13^{TH} Dec 2012 to 19^{th} Dec) :

SAVE THE GIRL CHILD:

Aqsa Women's Degree College organized a special camp on: <u>SAVE THE</u> <u>GIRL CHILD</u> from 13^{TH} Dec 2012 to 19^{th} Dec 2012 in the college campus, Al-Noor Girl High School was selected as the area of campaigning. Efforts were taken to highlight the importance of the girls through many seminars ,trainings organized by the eminent expertise and our volunteers in our College. N.S.S unit has been able to complete the task very satisfactorily.

> Shaikh Ayesha Ejaz PO. NSS.

STAFF OF AQSA WOMEN'S DEGREE COLLEGE

Sr.No	Name of the Staff Members	Designation	Qualification
1.	Farid Oneza Tanveer	Principal	M.A (Socio), M.A (Eng.), B.Ed, DCM, SET Cleared.
2.	Vinchu Shifa Jahagir	Lecturer	M.Sc. (Zoology), B.Ed, MSCIT.
3.	Shaikh Ayesha Ejaz	Lecturer	M.Sc. (Zoology), B.Ed.
4.	Momin Fareha Md.Sabir	Lecturer	M.Sc. (Chemistry), B.Ed, MSCIT.
5.	Moallim Shaima Mohsin	Lecturer	M.A (Sociology), B.Ed, MSCIT.
6.	Kuwari MahasibAnees	Lecturer	M.A (English-Literature), MSCIT.
7.	Ansari Rashida Bano Maqbool	Lecturer	M.Sc. (Chemistry)
8.	Madoo Shagufta Ab. Sattar	Lecturer	M.Com. B.Ed.
9.	Don Sana Irfan	Lecturer	B.Sc.(Home Science), M.A. (Eng.), Diploma in Food & Nutrition, M.Sc. Dietics & Food & Nutrition Appeared IGNOU)

NON TEACHING

STAFF OF AQSA WOMEN'S DEGREE COLLEGE

Sr.No	Name of the Staff Members	Designation	Qualification	
1. 2. 3. 4.	Sukte Roohi Abdul Gaffar Ansari Nazneen Habibullah Fatru Bi Hamza Attar Rahim Bi Pathan	Clerk Lab Asst. Peon peon	M.A (Hist.) MSCIT. B.Sc MSCIT. 	
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CULTURAL COMMITTE REPORT 2012-13

Cultural Committee of Aqsa Women's Degree College is associated with SNDT Women's University. Our Honorable Principal appointed Mrs. Vinchu Shifa Jahangir as the committee incharge for the academic year 2012-13.

Leaders of cultural committee are selected from different classes. Shaikh Saima Rizwan (S.Y.B.Sc.), Ansari Al-Saba from S.Y.B.A., Khatri Farzana (F.Y.B.Com), Khan Amirunnisa (F.Y.B.Sc.)

Cultural Committee of AWDC organised various programs & activities to help all the students to reach their full potential through curricular & co-curricular activities.

BRIEF REPORT OF THE ACTIVITIES :-

Independence Day (15th August) :-

Staff and the students of Aqsa Women's Degree College celebrated this day with flag hoisting ceremony & various cultural activities were performed.

The cultural committee of Aqsa Women's Degree College organised fabric painting competition. Students participated very enthusiastically in this event. Three of the participants were selected.

1)	Mirza Aisha Naseem	(F.Y.B.Sc.)
	Shaikh Saima Rizwan	(S.Y.B.Sc.)
	Ansari Samreen Abdul Gaffar	(S.Y.B.Sc.)

AWDC has conducted college competition on 5th Jan. 2013. Theme of College Competition is safe girl child. Name of the winners are :

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1)	Momin Kunut	(F.Y.B.Sc.)
2)	Ansari Izna Asrar Ahmed	(F.Y.B.Sc.)
3)	Khatri Farzana	(F.Y.B.Com)

4) Khan Nishat got consolation prize.

Intercollegiate Competition at the University Level.

EUREKA : Power Point Paper Presentation organised by G.M. Momin Women's College. Two students of AWDC participaed & received certificates in this competition. SNDT Women's University had organised a convocation dress designing competition. In which students from F.Y.B.Sc. participaed enthusiastically, Ansari Shabina Hifzurrehman had reached till the final level.

The orchid Club of Botany Dept. (G.M. Momin College) conducted 'Botany Fest'. Angiomonia on 16th Jan. 2013. In Which various activities had organised our students participaed with great interest, The list is as follow.

1)	Flower Power : (a) Shaikh Saima Rizwan (b) Mirza Ayesha Naseem	(S.Y.B.Sc.) (F.Y.B.Sc.)
2)	Book Mark : (a) Ansari Saima Mohd. Siddique (b) Ansari Shabina Hifzurrahman	(F.Y.B.Com.) (F.Y.B.Sc.)
3)	Bujho To Jane : (a) Ansari Huma Kausar Vakil Ahm (b) Khan Ekra Amir	ed (S.Y.B.Sc.) (S.Y.B.Sc.)
4)	Bio Potrait : (a) Khan Sayema Ab. Wahid (b) Ansari Izna Asrar Ahmed	(F.Y.B.Sc.) (F.Y.B.Sc.)
5)	Hide & Seek : (a) Ansari Sabera Barkatullah (b) Khan Ekra Amir	(S.Y.B.Sc.) (S.Y.B.Sc.)
		Cultural Committe Incharge Vinchu Shifa Jahangir

REPORT OF THE EXCURSION COMMITTE

The AWDC Excursion Committe conducted on Excursion trips for the students of Arts, Commerce and Science faculty.

Two trips were organised annually by the committe. First Excursion was to Harshgiri, Shahapur. It was a complete package of knowledge & entertainment. There we enjoyed boating as well. It was a pleasant experience with nature & get some time apart from the busy academics.

Second trip was to Gorai Beach, it is basically a beach with beautiful sunrise & sunset, students observed collected various specimens of marine animals (Mollucos, Arthropods, etc.)

Various water & soil test could also be studied. Students experienced a real feeling of beauty of nature which they had just studied as an obstract.

Our sincere thanks to the Principal and the management of our college, teaching and non teaching staff for their co-operation and support for making these Excursion Trip fruitful & successful.

Convenor Vinchu Shifa Jahangir

Famous "Failures" Who Succeeded

"You might encounter failure on the path to success. Every time you fall, get up, dust your self and keep going somewhere down that long winding road lies your destiny." Here we give you examples of some outstanding persons who succeeded.

Albert Einstein :

When Albert Einstein was young, his parents thought he was mentally challenged. his grades in school were so poor that a teacher asked his to quit, saying Einstein you will never amount to anything.

Einstein incidently failed the entrance exam to the swiss polytechnic Institute. After then he introduced the theory and then nuclear bomb was discovered.

Mahatma Gandhi :

What better example can there be? An everage student, Gandhiji passed his matriculation exam with difficulty. After studying law, he failed to establishe his practice in Bombay and was turned down for a part time job as a high school teacher.

Rabindranath Tagore :

Rabindranath Tagore was educated at home. At seventeen, he was sent to England for fermal schooling, but he dropped out and didn't finish his studies.

Bill Gates :

Bill Gates, founder and Chairman of Microsoft was a Harvard University dropout. The most cronic part is that he started a software company (that was soon to become microsoft) by purchasing the software technology from someone for only US 50\$ back then.

Amitabh Bachan:

Amitabh Bachan applied for an announcer's job with the 'All India Radio' before entering the film industry, but was rejected because his voice deemed unsuitable.

Abraham Lincoln :

Abraham Lincoln received no more that 5 year of fermal education through out his

lifetime. When he grew up, he joined politics and had 12 major failures before he was elected the President of the United States of America.

Soichiro Honda :

Soichiro Honda was turned down by Toyota Motor Company Corporation during a job interview for the post of engineer after World War II.

He continued to be jobless until his neighbours Stated buying his home made scooters. Subsequently he set out on his own to start his company 'Honda' the World's largest motorcycle Manufacturer.

Shaikh Tabassum Qais (F.Y.B.Sc.)

India of My Dream

Shaikh Arfiya Mohd. Aslam (F.Y.B.A)



Poverty No More

Vinchu Shifa Jahangir, Asst. Professor, (zoology Department)

Poverty, as stated in the dictionary as "the state or condition of having little or no money, goods, or means of support; the condition of being poor", is a serious problem in our country today. Think about it, what do street corners, underpasses, and the sides of highways all have in common, besides the unusual amount of litter? But whether we realize them or not they're still there in need of shelter and food, and what are we do about this? We give them everything they could absolutely need to get by for nothing, while taxpayers have to pay the price.

Today, one can never look at a street corner without seeing a homeless person, or two, waiting for a youthful citizen to roll down their window and give them a piece of green paper or a hand full of coins to buy food or whatever else they need. Not only this, but these people are often accompanied by a child or two, clinging to their sides egging on the begging process. These children are not only in the poverty level, but they are also too young to work, therefore, they are too young to make any money to help their situation. Because of this, the government is usually involved in the upraising of these children through governmental programs, food stamps, and many other things us taxpayers end up paying for in the long run.

Wouldn't it be great to just have to worry about your own family and only have to provide for them? Of course it would be! If our country got rid of all taxes associated with financial aid and other programs helping other low-class families, we could do just that; provide for our family and our family only. Then the homeless would be forced to work for their money and not beg on the streets for the taxpayer's hard earned money. Not only would this plan help with the character building of these people, but it would help the working class preserve their money and take care of their own necessities first. When this first hits all over the nation, the poverty stricken people of our nation will either be forced to start finding work or they will eventually starve to death. Either way there will be poverty no more in our country and these begging people will be out of our hair once and for all.

An Ideal Student

Ansari Samreen Ab. Gaffar (S.Y.B.Sc.)

For becoming a successful man in life, respect is a very important factor respect your parents, elders and teachers. An ideal student knows the important of education in life. He obeys his teachers and doesn't ignore their orders.

An ideal student wakes up early in the morning, gets a little break fast and goes to school on times. He never misses prayers. He does his homework on times and gets help from his elders. He knows the important of physical education. Therefore he plays different games.

An ideal students always cares for school's reputation everywhere. He never damages his schools properties.

He participates in various competitions in and out of the school such as annual function, drama, poem reading, essay writing, speech competition, etc.

An ideal student thinks for his future, so the students workhard, he refers to question papers and other books related to his classmates. He respect all the religions. He proves his good wishes for his country at various occasions.

An ideal student is always obedient to his country, to his school and to his nation. So we should try to be ideal students.

General Knowledge About India

Ansari Samra Ruknuddin (S.Y.B.Sc.)

- 1) Which is the most densely populated state in India?
- Ans.: West Bengal.
- 2) Which City in India has the largest number of textile mills?
- Ans.: Ahmedabad.
- 3) Which India State has the largest number of cement factories?
- Ans.: Bihar
- 4) What is Sindri famous for?
- Ans.: Chemical Fertilizers.
- 5) Which state leads in co-operative sugar factories?
- Ans.: Maharashtra
- 6) How many Union Territories are there in India?
- Ans.: Seven.
- 7) Which is the National Animal of India?
- Ans.: Tiger.
- 8) Which mountain has the highest peak in India?
- Ans.: Mount Godwin Austin.
- 9) Which City has a Nuclear Power Centre in India?
- Ans. :Kalpakkam
- 10) What is the Capital of Manipur State?
- Ans.: Imphal.
- 11) Which State in India is largest producer of tobacco?
- Ans.: Andhra Pradesh.

Balance Sheet of your life

Ansari Samra Ruknuddin (S.Y.B.Sc.)

What comes is credit. What goes is debit. The birth is your opening stock. Your ideas are your assets. Your views are your liabilities. The happiness is your profit. The sorrow is your loss. Your soul is your goodwill. Your heart is your fixed asset. Your duties are outstanding expenses. Your friendship is hidden adjustment. Your character is your capital. Your knowledge is your investments. Your patience is your bank balance. Your thinking is your current account. Your behaviour is your journal entry. Bad things you should always depreciate.

Education

"Knowledge is power if applied rightly."

"Education is not the filling of a bucket but the lighting of a fire. "I hear and I forget I see and I remember. I do and understand."The world is classroom and life is a memorable teacher, for those who are prepared to learn." The difficulty in education is to get experience out of ideas."

Proverbs

Ansari Al-Saba Ashique Ali (S.Y.B.A)

- A friend in need is a friend indeed.
- \Box All the glitters is not gold.
- \Box As you sow, so shall you reap.
- □ Health is Wealth.
- Time once lost cannot be regained.
- □ Barking dogs, seldom bite.
- A bad carpenter quarrels with his tools.
- □ Silence is half constent.
- □ Union is strength.
- □ To the good the world appears goods.
- □ Every dog has his day.
- □ A will, will find a way.
- God helps those who help themselves.
- □ Pen is mightier than sword.
- Be slow to promise but quick to perform.
- Better late than never.

Slow and Study Wins the Race

Sayyed Nikhat Ara Enayat Ali (S.Y.B.A.)

The key to the accomplishment of any task is labour, patience and perseverance. While the tabled tortoise pipped the hare at the past due to its steady diligence and determination, the hare rested, content that a slow tortoise could never triumph.

With this moral of the slow and steady winning the race uppermost in ones thoughts, one should tackle one's day to day tasks. A close look at the maxim will make it evident that perseverance is the hallmark at success. However monumental the work at hand may be never give up. Try, try and try, till you reach your goal or destination. It may be take you while to achieve success, but once you have succeeded, maybe you will feel like throwing your cap high up in the air and jumping for Joy. Patience is crucial in this process, and it does pay rich dividends.

Diligence pays, and so does patience. Like the proverbial tortoise, let us learn not to be in a terrific haste to finish our work at the cost at quality. You might be planning to write a book. And jot down ideas as and when they come. Then, instead of going about it methodically and meticulously, you may spoil your image by bringing out a hastily produced book that may become an eyecare! like the boastful here you might have bragged about your book before it was out, and than you might be forced to shamefacedly withdraw into your shall.

The thought that you may lose if you are slow may hag you, but ultimately working away steadily will take you surely to your goal, your every effort will be crowned with success with a keen eye to the minutest detail, and with a firm determination to see the rewards of your labour, you cannot but win laurels.

People working fits and starts. Like the hare who basked in the false glory of positively winning the race, will never taste success their work never gets completed.

There is repeated saying that perseverance can even mare mountains. The thought does boggle the mind! But in reality, if you have the determination and will power, and the patience to work steadily towards achieving your target than nothing can stop you from attaining the seemingly impossible. Progress is automatic and will come on its own. Be attentive and ponder over your deeds and you will meet success halfway.

Science & Technology

Ansari Sana Shakeel (S.Y.B.Sc.)

There have been at least three 'Information Revolutions' before our time. The first was the invention of writing 5000 year ago. The second was the invention of printing, first in China some time before the 8th century AD. Then in Europe in the 15th century. The third revolution the electronic revolution, began in 1837 when the electric telegraph was invented later come radio, telephone, sound recording, television and computers. Todays technologies including the wonders of the Internet, mean that people can do things with information that few could have imagined even 20 years ago.

What is Website?

A website is a kind of electronic magazine published on the Internet. Each Website

has an address, know as URL (Uniform Resoure Locator), so that you can find it easily among the millions that exit on the world wide web, Readers Digest has a number of Website, including http://www.rd.com and http://www.rd.india.com, Anyone with a computer connected to the Internet Create their own website, using a simple set of instructions known as HTML (Hyper Text Markup Language)



How does e-mail Work?

The 'e' in E-mail stands for electronic. Electronic mail is a form of Portal System in which everything writing a letter as addressing, sending and reading is done electronically. E-mail letters are sent from one person computer to another, via an electronicc. "Mailbox" kept on the Internet Service Providers Computer. It takes just a few seconds to deliver down the phone, it is much cheaper than ordinary mail and it can be sent or picked up at any time any where in the world even on an aeroplane.

Exploring a Website :

To visit a website on the world wide web, you key the address, or URL the address has two main parts the



protocol and the host name a third part the file path, will appear automatically as you explore.



Facebook- Its Impact On Today's Generation

Vinchu Shifa Jahangir, Asst. Professor, (zoology Department)

Facebook

networking site connect people allow them to see the world without leave the comfort year, there has person increase of members from the alone. As its



: a social designed solely to with friends and whats going on in even having to of home. In the last been a 61 million F a c e b o o k United States p o p u l a r i t y

escalates, the fatal flaws of Facebook begin to show themselves, but is it really as bad as our parents make it out to be?

It certainly is not perfect. Although Facebook is promoted as a social networking site, to be used in addition to visiting with one's friends, it seems to actually be creating more and more antisocial children and teenagers. Through Facebook, people can "stalk" their friend's profiles without actually having to interact with them, thus entering into a vicious cycle. While it would seem that reducing the amount of time people spend with their friends would be beneficial and allow the person to use that time and energy to do something productive, the majority of these people spend this extra time back on Facebook. Sooner rather than later, they are "addicted" and spend every free moment browsing the day's top news.

Before they know it, they are spending time on Facebook while they should be working. Slowly, their grades drop, or their work just isn't getting done anymore. Statistics show that the average user spends 55 minutes a day on Facebook. That's almost an hour spent doing virtually nothing. On the other hand, some argue that Facebook allows them to take a breather and relieve stress. A group of scientists have even found that taking a break and spending a few minutes online can help increase productivity, because it allows a person to clear their mind and go back to their task with a fresh perspective. It seems like Facebook is not harmful, and perhaps even advantageous, in moderation. However, according to an Ohio State University study, Facebook users had GPAs a full grade lower than non-users. Facebook users also studied on average one to five hours a week, compared to 11 to 15 hours for non-users.

And while it can be fun to visit with friends that you may not see much, or talk to

your cousin in China, or reconnect with your old friend from elementary school who moved away, or even just see what your friends that you see every day are up to, Facebook's harmless facade is fallacy. First of all, online network sites and the internet in general have made it so much easier for stalkers and child molesters, etc. to take advantage of people. All they have to do is create a profile masquerading as a young girl and take pictures and information from some random unsuspecting person and they can get close to just about anyone without anyone even suspecting that the one behind the computer is a scraggly fifty year old man looking for a new affair. And though most everyone who hears this says "no, that could never happen to me. I wouldn't fall for that", a surprising number of people do. Additionally, pictures that people post are getting to be more and more inappropriate or give out too much personal information. It is generally assumed that if something happens, a picture can just be deleted. Unfortunately, it's just not that simple. Once something is out there, it's out there. The internet is a scary place. Moreover, you can't control what people say or do on Facebook. As technology advances, businesses are starting to check up on their applicants online before they even consider hiring anyone. More people than ever are starting to delete their accounts because they are afraid that their employers will see their friend's profiles, comments, or pictures.

But is it really as damaging as they say? It appears that Facebook is one of those good things that you can have too much of. Moderation is the key. Facebook can reconnect friends and strengthen relationships that would be otherwise weak. This fact cannot be overlooked, but one must always travel with caution and familiarize themselves with the thorns that come with all roses, and just remember,

"Whatever you do, do in moderation."



College Life

Ansari Sana Shakeel (S.Y.B.Sc.)

College life is different from school life. The school boy has to go to school regularly and puncually. He has to take punishment for wrong doing. He is under the control of his parents at home and his teachers at school.

To go from the school to college is to go from a prison to great open spaces. The college life is liberty education, fun, freedom and knowledge. College years are the golden days of student life. Youthful healthy and active college life is the spring time of student to make the best of these years.

The stduents can cut his classes, he can go and come as he likes. He can pass most of his time in the college canteen & college campus. He can waste his time money & energy.

He can avoid text books and he can take the support of guides. While at college he is completely out side the control of his parents and limited control of the college authorities, on the other hand he can also be regular attentive serious and active. He can participate in contest dramatic profermance's sports social service etc.

Liberty does not mean licence to do what one likes. It means opportunity to make our future bright and good. College life is the formative stage of our lives & so a strong foundation must be laid for a happy & bright future.

Teacher and Education as a means of serving the nation

Ansari Samreen Ab. Gaffar (S.Y.B.Sc.)

A teacher is a well known and respectable personality. A teacher is an important person in the society and infact we can say that ther is no development without a teacher, whether in the country or in moulding young minds.

A teacher includes goal qualities, habits and manners in a students. The teacher known the need and difficulties of a child. A teacher is instrumental in increasing the education in a country. Hence a teacher and eduction plays a very important path in the over all development of a child. It aims at all around development of the children by announcing encouraging and training the original thinking. It prepares a child for social responsibility. Educated citizens help in developing the nation.

Thus it can be said the destiny of India is being shaped in her class rooms. Education in rural areas is very necessary as the people there an become aware of the necessary efforts to be applied in removing difficulties and social problem. Hence the teacher and education are a means of serving the nation and have its name shine with other developed countries.



Global Warming Its Causes & Effects

Ansari Sana Shakeel (S.Y.B.Sc.)

Global Warming global temperature, is around us. Higher permafrost, causing the building to slump. falls is often more intense. severe and heat waves are Rivers freeze later in the Tree flowers earlier in the



i.e. average increase in already changing the world temperature is melting the foundations of multistorey Worldwide the rain when it Floods & stroms are more becoming more extreme. winter and melt earlier. spring, insects emerge

faster & birds lay eggs sooner. Glaciers are melting. The global warming means alevel is rising.

Scientist believe that the temperature of earth's surface which has already risen by 0.6° c, since the late 1800s, is likely to rise by another 1.4 to 5.8° c during the course of 21st century.

Climate change is expected to cause further increase in sea surface temperature and in the mean global sea level a further 9 to 88cm by the year 2100. Many coastal areas will experience more flooding, accelerated erosion, loss of wet and & mangroves. Snow & rainfall will ve heavier, causing more severe & frequent floods and mudslides.

Global Warming would disrupt the natural and managed ecosystem upon which our lives depends it would add to existing environmental stresses such as desertification, declining water quality, ozone deplation, urban air pollution and deforestation.

Global Warming has been detected in a number of system is one of the main causes is Green House gases. Even if we reduce our green house emission today, these trends will continue for decades or centuries. Increase in concentration of green house gases results from human activities such as burning of fossil fuels & deforestation. In addition, heat generated by different electric machines, electronic circuits, air conditioners, refrigerators, computers, vehicles & running industries, is added in the atmospheric temperature.

Global Warming is a typical global phenomenon, where the causes of the emissions do not automatically suffer from itself. Even with the current policies to reduce emissions, global emissions are expected to coninue to grow over the coming decades long term action plan is needed to minimize the effects of global warming.

Why should I Wear (HIJAAB)?

Ansari Sana Shakeel (S.Y.B.Sc.)



This is a good question and there is a beautiful answer. Allah has commanded us with every action is good for us and prohibited us from performing every action that is bad for us. Allah orders the Muslim Woman to wear the Hijaab when she steps out of the security of her home or when

in the presence of strange men. So to wear the hijaab is a source of great good for you the Muslim Woman for many reason.

1) In pursuit of Allah's pleasure you are obeying the commands of your lord when you wear the Hijaab and you can expect great rewards in return.

2) It is Allah's protection for your natural beauty. You are too precious to be "on display" for each man to see.

3) It is Allah's preservation of you chastity.

4) Allah purifies your heart and mind through the Hijaab.

5) Allah beautifies your inner and outer countenance with Hijaab.

Our wordly your hijaab reflects innocence, purity, modesty, shyness, serenity, contentment and obedience to your lord inwardly you cultivate the same.

6) Allah defines your femeninity through the Hijaab you are woman who respect her womanhood. Allah wants you to be respected by others and for you to respect yourself.

7) Allah raises your dignity through the Hijaab when a strange man looks at

you he respects you because he see that you respect yourself.

8) Allah protects your honour 100% through your Hijaab. Men do not gaze at you in a sexual way, they don't approach you in a sexual way, Rather a man holds you in high esteem and that is just by one glance at you.

9) Allah defines your role as a muslim woman through the Hijaab. You are someone with important duties. You are a reflection of woman of action not idle pursuits. You display your sense of direction and purpose through hijaab. You are someone that people take seriously.

10) Allah expresses your independence through the hijaab you are starting clearly that you are on obedient servant of the Greatest Master. You will obey no one else and follow on other way you are not a salve to any man, nor a salve to any nation you are free and independent from all man made system.

11) Allah wants your beauty to be preserved and saved for just one man to enjoy, your husband.

12) Allah helps you to enjoy a successful marriage through wearing hijaab because you reserve beauty for one man alone, your husband love for you inceases. He cherishes you more so your hijaab contributes to a successful and lasting marriage relationship.

13) Allah brings about peace and stability in the society through the hijaab yes this is true.

Therefore a Muslim Woman in Hijaab is dignified not dishonoured, noble not degraded, liberated not subjugated, purified, not jullied, independent, not a slave, protected not exposed, respected not laughed at confident not secure, obedient, not a sinner rather a guarded pearl.

Dear Muslim Sister! Come towards the gate of paradise with us! Fulfil your duties towards Allah (azzawa jall), put on your adornment put on your hijaab and race towards Jannah (Paradise) by doing all good action. You should agree by now that wearing hijaab is extremely beneficial. It must be because Allah only commands what is good.

Their reward is with their lord Gardens of Eden. Underneath which rivers flow wherin they will dwell for ever, Allah is pleased with them and they are pleased with him, this is (in store) for whoerd fears his Lord (Sooratul-Bayyinah 98.9)

Importance of Vegetables

Ansari Maliya Parveen Md. Akhtar (S.Y.B.A.)

'Vegeta i m p o r t a n t f o o d a n d beneficial for of health and disease. They valuable food Which can be utilized to repair the



bles' are protective h e i g h l y the maitenance prevention of c o n t a i n ingredients. successfully build up and body.

Vegetable are valuable in maintaining alkaline reserve in the body. They are valued mainly for their high vitamin and mineral contents. Vitamin A,B and C are contained in vegetables in fair amounts. Foulty cooking and prolonged careless storage can however, destroy these valuable elements.

There are different kinds of vegetables. They maybe edible roots stems, leave and seeds. Each group contributes to diet in its own way. Fleshy roots are high in energy value and good source of vitamin B group. Seeds are relatively high in carbohydrates and protiens. Leaves, stems and fruits are excellent source of minerals, vitamins, water and roughage.

It is not the green vegetables only that are useful. Farinaceous vegetable consisting of starchy roots, such as potatoes, sweet potatoes, the tubers and legumes are also valuable. They are excellent source of carbohydrates and provide energy to the body.

An intake of about 280 grams of vegetable per person is considered essential for maintanence of good health, of this vegetable should constitute 40 percent roots and tubers, 30 percent and the other vegetables like a brinjals, ladies finger, the remaining 30 percent.

Corruption : It's Impact on the Youth

Momin Fareha Md. Sabir (Asst. Chemistry Professor)



India is no longer considered as a soft state by political scientist. It has now became a "Kleptocracy", a consideration state, where everything to be had can be had for a consideration. A clerk at an octroi post walks away every evening with Rs. 500-1000 in his pocket. A peon in a Govt. offices ask for Rs. 100-200 to locate a file. A minister manages to purchase govt. land for the personal use at

one fourth of its Real worth. Every senior officer arranges free marbles, woods & everything that is use to construct his house. Newly elected independed MLA is offered Rs. 75 lakh to 1 crore and a ministership for supporting the ruling party. Corruption is progressively increased & now rampant in our society.

Corruption in simple term may be described as "the use of public power for private profits in the way of deviation from the norms of society" & "as a act of bribery."

Corruption among public servent has always existed in one form At one time bribe was paid for wrong things but now the bribe is paid for getting right thing done at the right time.

Which act have been called "Corrupt" in public service? Though the term corruption has wide cannotation, but the following pattern of behaviour among public servant can be described as "Corrupt".

- * Acceptance of gratification as reward for work done in an official capacity.
- * Obtaining any object or pecuniary advantange illegally.
- * Misuse or abuse of official position.
- * Borrowing money for purchasing a costly article from a person with whom one has official dealing with a "known understanding".

* Accepting gift by "person of position" for a person with whom they have 'positional' Relation.

- * Disregard of neglect of rules.
- * Refusal to do duty on some plea which may benifit the other party.

Four other department where corruption is rampant are Public Works, Police, Excise & Revenue. It is well known that large number of politicians not only in India but almost all the countries are corrupt. Numbers of political corruption & scandals are there since India got freedom.

While we talking about corruption, should we be concerned only with big financial deals or types of corruption called political, industrial, bureaucratic, institutional etc. or we should also be concerned with those corruption cases which remain invisible but prevade our daily life & corrode very fibre or our 'moral fabric'. According to one view 'amount' should be the criterian of corrupt act, according to other need should be the focus.

A few rupees to gain a major benifit is not worth bothering about. Yet another view is that price paid for the required 'service' is in order. Corruption is comes only when price is paid but for which no service has been done. But what about adulteration of food or spurious drug sold?

Cheating in examination, increasing marks in answer books by examiner corruption. Many clerks in govt. offices go to the office attendance register is also signed but they are never found on their seats. They available only when money is offered.

We should not forget that corruption has affected our society in several ways.

- (1) Retarded economic development countries.
- (2) Created violence & Lawlessness in society.
- (3) Giving rise to casteism, linguism and communalism.
- (4) Diminished morality & destroy the individual character.
- (5) Reduced the credibility of the officials.
- (6) Increased black money in the country.

(7) Lead to adulterations of eatables, spurious drugs & shortage of many consumer items.

(8) Destabilize both central govt. & state govt.

We have therefore to focus on both types of visible and hidden corruption. Corruption is a cancer which every Indian must strive to obliterate.

People have tolerated the corrupt person for long. Its now time that containing corruption is taken seriously by the dedicated political rulers.

Great Indian Medical Personalities

Moallim Shaima (Asst. Sociology Professor)

Great Indian Medical Personalities who are forever remembered for their contributions towards the progress of Health Services.

1) Dr. Bidhan Chandra Roy (1889-1962)

Physician Surgeon:

Deeply inspired by Swaraj Movement, Dr. B.C. Roy focused on improving the health care facilities for his countryman. Many notable hospitals & institutes like IMA and Medical Council of India saw the day of light as it was initiated by him. He was the first president of MCI in 1939. From 1948 he served as Chief Minister of West Bengal. Our country bestowed on him the 'Bharat Ratna' in 1961. July 1 the birth and death anniversary observed as the 'Doctors Day' every year in his honour.

2) Dr. Darab K. Dastur (1924-2000)

Neuropathologist:

Dr. Dastur made significant contribution in at least three important disorder rampat in India. Leprosy neurotuberculosis and neuropathological aspects of paediatrics malnutrition. Dr. Dastur founded and developed the Neurpathology Unit at the Grant Medical College and Jamshedjee Jejeebhoy Hospital, Mumbai.

3) Dr. Rustom Jal Vakil (1911-1974)

Cardiologist:

Rustom Jal Vakil focused on the treatment of heart ailments at a time when cardiology was not a distinct speciality in India. 1949 after years of scruplous analysis, he published a watershed paper on the antipertensive properties of Rauwolfia serpentina which became world's 1st successul blood pressure lowering agent. This further encouraged the development of other hypotensive drugs. He received the prestigious B.C. Roy Award, the Shanti Swarup Bhatnagar Award and the 1st Dhanvantari Award for being "the most outstanding medical personality", The civilian award of the highest order like Padam Bhushan was bestowed on him in 1958.

4) Dr. Prafulla Kumar Sen (1915-1982)

Cardiothoracic Surgeon:

A true luminary Dr. Sen pioneered several cardiothrocic surgeries in India including heart transplantation, transmyocardial accupunture technique for ischemic myocardium and aortic arch replacement. He carried out the first heart transplantation, transmyocardial accupunture technique for ischemic myocardium and aortic arch replacement. He carried out the first heart transplantation in India (6th in the World) on 16th february 1968 and the second on 13th September year. Thoug the patients didn't survive, he sowed the seed of invention, among several strong willed perfectionists.

5) Professor Man Mohan Singh Ahuja (1929-1998)

Physician and Edocrinologist :

He played key role in founding 'Research Society for the Study of Diabetes', in India in 1972 and 'Hormone Foundation', India. He was the founding editor of International Journal of Diabetes in Developing Countries. He was the Chief Editor of Medical Publication Series, 'Progress in Medicine'. He was awarded the prestigious B.C Roy Award for Medical Research in 1982 and Padmashri in 1991.

6) Dr. K.C. Chaudhry and Dr. George Coelho.

The father of 'Pediatrics' in India:

These luminaries shaped pediatrics as a special, independent entity in India. Dr. Coelho started the first children hospital in Mumbai 1928. Under his supervision the post graduate course for diploma in child health was started in 1950, he started the Association of Pediatricians in India. On the other hand Dr. K. C. Chaudhary founded the first independent pediatric of child health kolkata.

7) Dr. K.M. Cherian

Cardiac Surgeon :

Dr. K.M. Cherian is a name to reckon with in Modern Cardiology in India. He performed the first artery bypass surgery in India. He also performed the country's second heart transplant, first infant cardiac surgery and the first heart and lung transplant. With a passion to save lives, he has performed more than 32,000 operations, a unique second in itself. He was associated in founding many new hospital with reputed quality. The first Indian members of the American Association for Thoracic Surgery, he was showered with many national and International prestigious awards and was bestowed with padam Shri in 1991.

8) Dr. Yellapragada Subbarao (1895-1948)

Medical Researcher:

Dr. Subbarao the most important medical research during world war II. He discovered Adenosine Triphosphate (ATP) as an energy source of the body. He played central role in the invention of Methotrexate, the first chemotheraphy agent and also invented Hetrazan which was later used by the WHO against filariasis. A fungus named Subbaromyces Splendens in his honour.

Gender Discrimination in Indian Society

Khan Eqra (S.Y.B.Sc.)

Discrimi basis of gender old social evil in S i n c e t h e h u m a n India, Women's considered to be sections of the never given a develop women



nation on the has been an ageour country. beginning of civilization in h a v e b e e n t h e w e a k e r society & were chance to grow & would have to

face extreme discrimination on daily basis. They would not be allowed to study or work like the makes of the house.

With times, as the country open up to the world a lot unchanged & thiny improved for womens. Reformerce like vivekanand took initiatives for betterment of womens. As womens were not allowed to study but he was one of them who gave the right or education & by which women's could now express themselves in front of world.

In older period the every birth of a female was considered as an unveldome event in most families which has now resulted female infanticide & has given the place for foeticides. Pregnant Women undergo sex determination test to know the sex of the child. If the child would be a female than the mother seeks to abort the foetues. Women wether mother or grandmother wish to have only male child. A girls child fails to get either adequate amount of punishment or medical care than male child. Girls are also discriminated against the matter of breast feeding.

But many reformers and laws have made condition better for women. The government has strived to reserve seats for girls and womens in acadamic professionals & administrative fields. Helplines are opened for the safety & security of women. Strong reformers are headed to help women walk with their heads high in the society. A change of attitude is still to come about until men and women realizes the importance of one another & see themselves as two sides of same coin complementing each other in every way.

We women can really improve & we should be proud of status in our society. Because womens are those who have kept morals & values still alive in our society.

Happiness A State of Mind

Shaikh Almas Yusuf (F.Y.B.A.)

"Happiness" means lot to me, I like being happy and seeing every one around me happy. It's nice to make a person's day and put a smile on his/her face. It gives you an inner happiness, which I think is more important than any other pleasures or luxuries.

I was once asked how I make anyone smile. Well, I simply answered "its a mutual reaction once you smile at someone, they automatically smile back at you" and backed up my answer by rending with smile and to prove my theory correct, the person questioning me smiled back (automatically).

Happiness is state of mind it has to be achieved over and over again. One cannot survive on love and fresh air, but one can certainly survive on happiness, love and fresh air along with a few other things of course Roti, Kapda, Makan etc.

Appreciate yourself, Don't cry for what you don't have, but be grateful for what you do. There was a man who was sad for he didn't have a pair of shoes till he saw a man who didn't have any feet.

You should be able to be happy with yourself, wake up every morning look at yourself in the mirror. Smile and say 'Hi' feel the difference believe me you will able to like.

The Importance of Moral Values

Momin Samra Ruknuddin (S.Y.B.Sc.)

In the modern world the environment is poisoned with thoughts of greed, dishonesty and violence. Disciple has taken a backseat in our society. In our schools students our taught to be bold, competitive assertive and how to maintain dignity and honour, but they've forgotten to teach basic principles of human life such as humility softness gentleness kindness and love.

Moral instruction both at school and home would of great value. Text books containing the stories of the great men women who sacrificed themselves for the good of the society. Apart from teaching them from the lives of social reformers, the lives of great saints, scientists, well known literary personalities could be beneficial.

Today there is corruption everywhere and everyone is selfish. It is very rare to find people of noble qualities. So M.I. in school and at home will help the future generation to improve their personality in a positive way.



Awareness

Shaikh Almas Yusuf (F.Y.B.A.)

Mother Nature

Momin Samra Ruknuddin (S.Y.B.Sc.)

Broken bottles and charred pieces of glass Wadded up newspapers tossed on the grass Pouring of concrete and tearing out trees This is the environment that surrounds me? Poisons and insecticides sprayed on our food Oceans filling with thick oil crude All sea life destined to a slow awful doom These are the things we are to consume? Mills pumping out iron expelling yellow fumes Airlines emitting caustic gases from fuels Weapons of destruction tested at desolate sites And this is the air that's to sustain life? There has to be something that someone can do Like raise the awareness to those around you That if we don't heed the problem at hand It's your life that's at stake, the destruction of man.

Our world is always changing, Constantly re-arranging. From ocean depths to mountain peaks, Mother Nature moves and speaks. While telling stories of our past She tries to teach us how to last. Mankind, so smart, sometimes blind Leaves common sense far behind. We're moving fast and living large, Forgetting she's the one in charge. Amazed when she rings our bell, Sending us through living hell. She can twist our steel, shake any city, If her wrath you feel, we shall pity. Yet some who speak on her behalf, I fear just seek the golden calf. It's true, we must treat her right. Or we will incur a deadly plight. Treat her with distinction Or surely face extinction!

Nano Tea Bag for Cleaner Water

Momin Fareha Md. Sabir (Asst. Chemistry Professor)



As access to clean fresh water is getting more difficult day by day, there are already numerous ideas on how to solve this issue. One new approach uses nanotechnology, which may provide a 21st century solution for cleaning fresh water.

Nanotechnology itself should be imagined at a tiny level: one nanometre is a

billionth of a metre, meaning it is about 40,000 times smaller than the width of a human hair.

It is suggested to be applied in three areas: at "water treatment and remediation, sensing and detection, and pollution prevention", according to Professor Eugene Cloete from the University of Pretoria, South Africa.

Nano-membranes can help at water filtering, while specially developed nanomaterials can support remediation and also work at the disinfection of water. Also, nanoscale titanium dioxide (TiO2) could be applied to remove arsenic from water.

One solution used for water treatment are carbon nanotubes. These are one-atom thick cylindrical carbon sheets, which could be applied at desalination and also at water purification. Thanks to their large surface compared to their size, their capacity could be enormous, and they may even be ideal for filtering out water-soluble drugs.

The most recent innovative example is the "nano tea bag" with special nano-fibres that filter contaminants from the water, and contains activated carbon aimed at killing bacteria. Developed by South African scientists, this is a great opportunity and affordable solution for communities, where clean fresh water is scarce. Used by placing it in the neck of a bottle, it provides a capacity of up to one litre – even with heavy contamination levels.

Nano Tea Bag

New uses for Nanotechnology are spreading further every day and amongst its many opportunities, water treatment and cleaning could be one – which could make a real difference to the lives of millions of people.