

**A REPORT ON SHORT CERTIFICATE COURSE ON
INNOVATIVE & HEALTHY COOKING.-
CONDUCTED BY MEAL MANAGEMENT STUDENTS-
SHORT COURSE OF 30 HOURS ON HEALTHY COOKING AND
IINNOVATIVE RECIPES**

Course Timing: 3RD AUG 2021 -17TH AUG 2021

Participants-245 students.

Meal Management department of Aqsa Women's Degree College organised a short online course of on Innovative & Healthy cooking in which the students were taught to prepare healthy recipes via online medium. There was a great response and 245 students participated in this course and received certificates of participation.

In the meal management department, the T.Y.B.A students have a subject of Food Entrepreneurship which includes a practical of food fair, in which the students prepare various nutritious and innovative snacks and sell it in the college premises. But due to the current covid situation this could not be done. So we chose an online platform so that the students could learn some healthy and innovative food

preparations. The students thoroughly enjoy this particular course which we could feel from their feedback forms.

This activity is conducted under the supervision of Don Sana Irfan,
(Asst Professor) Meal management and Nutrition Department.

Thus this online course was a grand success.

Reported by

Ms Don Sana Irfan

Asst Professor -Aqsa Women's Degree College

(Meal mgt & Nutrition Dept)

1. Registration form for short certificate course on innovative & healthy cooking.-

<https://forms.gle/rHx7EDo8Yo8Kurb7A>

2. Attendance sheet of Online short certificate course on innovative & healthy cooking.-

<https://forms.gle/tA11yFJEpTvGVbdR6>

3. Feedback form of certificate course on innovative & healthy cooking.-

<https://forms.gle/9J1LF7AMjnujYo5A8>

- 4.. Link for certificates-

https://docs.google.com/spreadsheets/d/1peJ_vHJdfgcAl13DkoKA07t_4WpFD_URldUHurZzDpU/edit?usp=sharing

https://docs.google.com/spreadsheets/d/1G1NjpfN4m4lixmX6oJlxbUC0ga_upDp59X-IVfNajBY/edit?usp=sharing



**Short certificate
course
on
Innovative & healthy
cooking.-**

**SHORT COURSE OF 30 HOURS ON HEALTHY
COOKING AND IINNOVATIVE RECIPES**

Course Timing: 3RD AUG 2021 -17TH AUG 2021

Organized by

Ms Don Sana Irfan

**Asst Professor Aqsa Women's Degree College-
(Meal mgt & Nutrition Dept)**

Contact us at sananachan12345@gmail.com

Certificates would be provided to students who attain the full course with 100% attendance and then fill the feed back form .

Some screen shots of registration forms.

Timestamp	Name	Email	Class	Mobile number.
03/08/2021 18:36:52	Khan Sana Abrar Ahmad	khansana97737@gmail.com	S.Y.B.A	9373936819
03/08/2021 18:37:00	Khan Sidra Saquib	sidrakhansaquib121@gmail.com	S.Y.B.A	9336766341
03/08/2021 18:37:11	Shaikh Gulafsha	anytimegulafsha@gmail.com	Ty.BA	7219282672
03/08/2021 18:37:12	Shaikh Ankaf Fahim	shaikhankaf@gmail.com	SYBA	7972599838
03/08/2021 18:37:12	Shaikh Fatima Dastagir	fatimashaikh8855@gmail.com	TYBA	8855879916
03/08/2021 18:37:13	Zoya Iqbal	zoyaiqbal4948@gmail.com	TYBA	8007470813
03/08/2021 18:37:18	Khan rehana sufyan	khansufyankhan488@gmail.com	Sy.Ba	9284352724
03/08/2021 18:37:25	Saina Momin Idhtiyaque	shahinamomin61@gmail.com	SY.BA	9579836421
03/08/2021 18:37:30	Khan nahida maqsood al	knavid036@gmail.com	T.Y.B.A	9028831782
03/08/2021 18:38:17	Saba muqem	sabamuqem097@gmail.com	F.y.b.a	801092818
03/08/2021 18:38:31	Khan Bushra Gulam Hus	bushrakhan293306@gmail.com	TYBA	9373384308
03/08/2021 18:39:45	Faiza bano Mohammad	kausheralam349@gmail.com	Fy.Ba	9765635105
03/08/2021 18:40:19	Khan nahida maqsood al	knavid036@gmail.com	T.Y.B.A	9028831782
03/08/2021 18:40:20	Saba muqem shaikh	sabamuqem097@gmail.com	F.y.b.a	801092818
03/08/2021 18:40:46	Nashrah sheikh feroz	nashrasheikh4@gmail.com	Ty.Ba	766608186
03/08/2021 18:41:07	Aisha Mohd Sajid	erams1058@gmail.com	SYBA	7666888891
03/08/2021 18:41:11	Chaudhari Tarannum Nel	shahabzochodhary@gmail.com	F.Y.B.A	8329105562
03/08/2021 18:41:56	Arab Yasmeen Nigar Tali	arab04403@gmail.com	S.Y.B.A	7248995992
03/08/2021 18:42:46	Shaikh Aafreen Sajid Hu	rumysalksalk@gmail.com	Sy(B.A)	6206064137
03/08/2021 18:44:03	Chaudhary Rubeena Jan	nadeemkhan49828@gmail.com	F.Y.B.A	8010031565

Timestamp	Name	Email	Class	Mobile number.
03/08/2021 19:34:38	Mulla Arina Mudassir	arinamulla10@gmail.com	F.y.b.a	9271358749
03/08/2021 19:37:43	Ansari Faisal	ansarifaisal143143@gmail.com	f.y.b.a	8010099529
03/08/2021 19:38:29	Ansari Faisal	ansarifaisal143143@gmail.com	f.y.b.a	8010099529
03/08/2021 19:38:35	Qudai Saniya Mujahed	kudaisaniya08@gmail.com	FYBA	9370098805
03/08/2021 19:38:50	Hashmi kahekasha Abdu	kahekashahashmi@gmail.com	SYBA	9820730760
03/08/2021 19:41:09	Alsaba anjum mehboob	alsabaanjumansari@gmail.com	Sy.Bsc	9096984139
03/08/2021 19:41:37	Ansari saima khatoon mc	ansarisaima038@gmail.com	Sy bsc	9834448703
03/08/2021 19:41:48	Ansari zareen afroze navi	anzareen92@gmail.com	Fy.bsc	9028698901
03/08/2021 19:42:08	Safina bano Galib athar	shsfshaikh56@gmail.com	Sy bsc	9919297186
03/08/2021 19:42:10	shaikh khushnuma bano	shaikhkhushnuma07@gmail.com	TYBSc	9888865889
03/08/2021 19:42:22	ANSARI KAUSAR KHAL	kausleansari@gmail.com	T.Y.BSC[ZOOLOGY]	9322013616
03/08/2021 19:42:25	Ansari Maryam Khalil	ansarimaryam150@gmail.com	Fy.bsc	8830269726
03/08/2021 19:42:42	Shaikh Sana Naseemud	sanaseemud@gmail.com	S.Y.B.A	8551808895
03/08/2021 19:42:58	Shumaila bano Mohamm	shumailabano@gmail.com	S.Y.B.A	9561513536
03/08/2021 19:42:59	Shaikh Ameenah mohd ka	nibaansari116@gmail.com	S.Y.B.A	7498166006
03/08/2021 19:44:57	Ansari Arhama Abdul Sa	nibaansari116@gmail.com	S.Y.B.A	8446347242
03/08/2021 19:45:08	Shaikh ramsha khail ah	ramshakhal@gmail.com	S.Y.B.A	7276155121
03/08/2021 19:48:29	Ansari Nahid Md Shafqat	nihanahid@gmail.com	S.Y.B.A	9021498520
03/08/2021 19:49:55	Kesharwani shivani Ram	shivaniram@gmail.com	S.Y.B.A	9764881279
03/08/2021 19:50:13	Ansari Nahid Md Shafqat	nibaansari116@gmail.com	S.Y.B.A	9021498520

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docs.google.com/spreadsheets/d/1ZBDlozGanro-FL_kBrUizuNVyNAfuR5cmPZs19mTI-4/edit?resourcekey#gid=1559478748

Event Registration (Responses)

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	A	B	C	D	E	F	G	H
1	Timestamp	Name	Email	Class	Mobile number.			
207	04/08/2021 11:02:22	Saher Shah Nawaz Rais	raisaher2@gmail.com	S.Y.B.A	9272646458			
208	04/08/2021 11:03:09	Khan Nashra Saleem Ak	nashrakhan9022@gmail.com	Sybsc	9022549065			
209	04/08/2021 11:03:09	Ansari nasreen niyaz ahr	nasreen7641@gmail.com	S.Y.B.A	7821869734			
210	04/08/2021 11:06:48	Ansari Saba Parveen Ba	sabaansari75fc@gmail.com	Fybsc	9356572942			
211	04/08/2021 11:08:32	Ansari nasreen niyaz ahr	nasreen7641@gmail.com	S.Y.B.A	7821869734			
212	04/08/2021 11:08:32	Ansari Iram Firdous Yusu	azikra017@gmail.com	S.Y.B.A	7822970118			
213	04/08/2021 11:08:33	Tamboli khatija ayyub	tahirtamboli074@gmail.com	F.y.b.a	7387888793			
214	04/08/2021 11:09:13	Ansari Aayesha Namrah	namrahansari138@gmail.com	Sybsc	9518508027			
215	04/08/2021 11:15:48	Patni zameen salim jav	zaramemonzgramemon@gmail.com	Sybsc	9823633976			
216	04/08/2021 11:16:52	Shaikh Moniza Sohail	blackdesire1707@gmail.com	TYBA	8554899235			
217	04/08/2021 11:17:24	Khan nishaf bano nisar	nishafanjum453@gmail.com	Sy.Bsc	8329527153			
218	04/08/2021 11:19:20	Ansari ariba	ansariariba7890@gmail.com	F.y.b.a	+919765056618			
219	04/08/2021 11:19:22	Ansari Tasmiya Asrar Ah	tasmia15102@gmail.com	Second year bachelor of	8080343364			
220	04/08/2021 11:22:38	Khan Nishaf Bano Nisar	nishafanjum453@gmail.com	Sy.Bsc	8329527153			
221	04/08/2021 11:31:30	Khan aatiqua shamshad	khanaatiqua8@gmail.com	Sy bsc	7219126607			
222	04/08/2021 11:34:38	Hashmi kahekasha Abdu	kahekashahashmi@gmail.com	SYBA	9820730760			
223	04/08/2021 11:40:44	Ansari Umme Hafsa Jav	hafsaaved084@gmail.com	S.Y.B.Sc	7385475340			
224	04/08/2021 11:45:20	Momin Sana saeed alam	mominanamominsana@gmail.com	Ty.BA	9579477797			
225	04/08/2021 11:47:35	Khan nahida maqsood al	knavid036@gmail.com	T.Y.B.A	9026531782			
226	04/08/2021 11:51:53	Ansari Waliya Md Irshad	Waliyaansari17@gmail.com	SyBa	9321593563			

Activate Windows
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Form responses 1

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docs.google.com/spreadsheets/d/1ZBDlozGanro-FL_kBrUizuNVyNAfuR5cmPZs19mTI-4/edit?resourcekey#gid=1559478748

Event Registration (Responses)

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100% | Default (Ari... | 10 | B I S A | | | | | | | |

	A	B	C	D	E	F	G	H
1	Timestamp	Name	Email	Class	Mobile number.			
232	04/08/2021 13:16:01	Ansari Kubra mohd aslar	ansarikubra1806@gmail.com	F.y.B.sc	9146658637			
233	04/08/2021 13:28:17	Zubiya seeman mulla	zaradazzel17@gmail.com	SYBA	9270014981			
234	04/08/2021 13:51:19	Shaikh affa fatima Imran	affafshaikh63774@gmail.com	F.y.b.sc	7276445877			
235	04/08/2021 14:42:04	Shaikh shabina khatoon	shabinashaikh200111@gmail.com	Sy bsc	7559328859			
236	04/08/2021 15:32:39	Aisha Mohd Sajid	erams1058@gmail.com	SYBA	7666888891			
237	04/08/2021 17:37:01	Ansari Sana Noori Alam	sananoori634@gmail.com	FYBA	+919320557233			
238	04/08/2021 18:28:54	Ansari Ruby Idris	rubylidris347@gmail.com	SY BA	9309858570			
239	04/08/2021 19:56:35	Ansari Asra Ansar Ahme	ansariasra86@gmail.com	T.Y.B.A	8104075500			
240	04/08/2021 22:11:51	Zohra Fatima nasiruddin	abdulsamad786111@gmail.com	S.Y.B.A	8788432534			
241	05/08/2021 11:01:43	Aisha Mohd Sajid	erams1058@gmail.com	Sy Ba	7666888891			
242	05/08/2021 11:22:34	Chaudhary Rubeena jam	nadeemkhan49828@gmail.com	F.Y.B.A	8010031565			
243	05/08/2021 13:08:35	Ansari Unaiza Gulzar Ah	ga0138575@gmail.com	FYBSc	9322853572			
244	05/08/2021 16:50:27	Memon Mohammadi Mol	mohammadimemon108@gmail.com	FYBSc	8554060432			
245	06/08/2021 11:47:31	Aisha Mohd Sajid	erams1058@gmail.com	SYBA	7666888891			
246	25/08/2021 09:45:51	Ansari tamanna gutzar al	tamannaansari5786@gmail.com	S.Y.B.A	8793943279			
247	25/08/2021 09:46:48	Ansari tamanna gutzar al	tamannaansari5786@gmail.com	S.Y.B.A	8793943279			

Activate Windows
Go to Settings to activate Windows.

Form responses 1

Type here to search

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Screen shots of event feedback-

Timestamp	Email address	How satisfied were you	How relevant and helpful	What did you learn from	Any overall feedback for	Name	Email id-	Class-
17/08/2021 13:39:18	www.alinaibalkhan@gm	5	Yes it's work	About healthy cooking	Nothing	Khan Alina Iqbal Ahmed	www.alinaibalkhan@gm	S y bsc
17/08/2021 13:39:29	absamadcc@gmail.com	2				Ansari zainab fatima	absamadcc@gmail.com	S Y Bsc
17/08/2021 13:39:57	khansana97737@gmail.c	1				Khan Sana Abrar Ahmad	khansana97737@gmail.c	S.Y.B
17/08/2021 13:41:50	mominsiddique2525@gn	5	Yes	It is a healthy and helpful	Nothing	Momin Shahin Imtiaz	mominsiddique2525@gn	S.Y.B.S
17/08/2021 13:41:57	abdulsamad786111@gm	1	Yes	Nothing		Zohra Fatima nasiruddin	Abdulsamad786111@gm	S.Y.B
17/08/2021 13:42:51	arab04403@gmail.com	5	Very useful	So much thing's we are li	100% very nice course	Arab Yasmeen Nigar Tali	arab04403@gmail.com	S.Y.BA
17/08/2021 13:43:17	masira9156@gmail.com	4	Good	Cooking and lots more	It was good	Momin Masira Mujahid	masira9156@gmail.com	F.Y.B
17/08/2021 13:44:19	zubaidakhan9860@gmai	4	Yes it's work	About healthy cooking	Nothing	Khan zaheda mohd usm	zubaidakhan9860@gmai	Sy bsc
17/08/2021 13:45:21	sidrakhansaquib121@gn	4	It was very help full for m	Different methods of cooking	and most importantly	Khan Sidra Saquib	Sidrakhansaquib121@gn	S.Y.BA
17/08/2021 13:45:35	raissaheer2@gmail.com	5	Very helpful in learning in	I learned how to make im	All recipes are good	Saheer Shahnawaz Rais	raissaheer2@gmail.com	S.Y.B
17/08/2021 13:45:48	raismahek50@gmail.com	5	Very helpful in learning in	I learned how to make im	All recipes are good	Rais Mahek Shahnawaz	raismahek50@gmail.com	T.Y.BA
17/08/2021 13:46:56	tubashk768@gmail.com	4	Yes	No		Shaikh tuba nasiruddin	tubashk768@gmail.com	Sy bsc
17/08/2021 13:47:15	nibaansari116@gmail.co	5	Yes	important The other food	This event so Great full.	Ansari Nahid Md Shafiqat	nibaansari116@gmail.co	S.Y.B
17/08/2021 13:47:33	arai35151@gmail.com	5	It was very beneficial for	We learn how to cook he	Nothing	Shweta S Rai	arai35151@gmail.com	S.Y.BS
17/08/2021 13:48:10	munno23112@gmail.com	3	It is helpful for me to imp	I learnt that how to be he	No	MOMIN MUNAZZA MUD	munno23112@gmail.com	FYBA
17/08/2021 13:48:17	mahvashkhan175@gmai	5	Yes	Yes	No	Khan Mahvash Rifat Jam	mahvashkhan175@gmai	Ty bsc
17/08/2021 13:49:04	aamnaquraish2@gmail.c	1	Its so helpful.....	Different Different Type	C Excellent	Quraishi Aamna Abdul M	aamnaquraish2@gmail.c	S.Y.Bsc
17/08/2021 13:49:14	an.zareen92@gmail.com	1	Yes it's very help full.	I am hoping to give you s	Yes	Ansari zareen afrooz na	An.zareen92@gmail.com	F.Y.B
17/08/2021 13:51:36	tahirtamboli074@gmail.c	4	In this course help ensui	Meal planning helps to ei	Very nice experience	Tamboli khatija ayyub	tahirtamboli074@gmail.c	F.Y.BA
17/08/2021 13:52:43	Waliyaansari17@gmail.c	5	It is very helpful in makin	Making healthier food whi	I want to give a very big t	Ansari Waliya Md Irshad	Waliyaansari17@gmail.c	Syba

Timestamp	Email address	How satisfied were you	How relevant and helpful	What did you learn from	Any overall feedback for	Name	Email id-	Class-	
17/08/2021 13:55:46	knavid036@gmail.com	5	In future	New think about cooking	Good	Khan nahida maqsood al	knavid036@gmail.com	T.Y.B.	
17/08/2021 13:56:43	ansarimantasha304@gm	4	Little	Nutrilions for our health	is no	Ansari Mantasha Mahmood	ansarimantasha304@gm	F.Y.Bsc	
17/08/2021 13:56:48	alsabaanjumansari@gm	5	Very much	Healthy and tasty food id	It was very good	Alsaba anjum mehboob	alsabaanjumansari@gm	Sy. Bsc	
17/08/2021 14:00:36	shaikhsoleha514@gmail	5	It's was very helpful for m	I learn to which food is ri	No	Saleha Shahabuddin sha	shaikhsoleha514@gmail	TYBA	
17/08/2021 14:02:52	kausieansari@gmail.com	5	It was very beneficial...	Many things such as how	Its helpful for the student	ANSARI KAUSAR KHAL	kausieansari@gmail.com	T.Y.BS	
17/08/2021 14:03:49	mullaammaras7@gmail.	4	Very helpful	Knowledge of food		Mulla Ammara Navid	mullaammaras7@gmail.	Sy bsc	
17/08/2021 14:05:57	sarfrazsy0786@gmail.c	5	Yes	Different types of health	Excellent	Sayyed Masiyat Ejaz Ahr	sarfrazsy0786@gmail.c	TY BS	
17/08/2021 14:06:47	shahabazchodhary@gm	5	Very helpful	I learnt very much health	This event is very helpful	Chaudhari Tarannum Nel	Shahabazchodhary@gm	F.Y.B.A	
17/08/2021 14:06:51	mubashshera1999@gme	2	Yes	Nice	No	Shaikh mubashshera Kh	Mubashshera1999@gme	Ty ba	
17/08/2021 14:07:56	Nazreenmataaf@gmail.c	5	Very good	Cooking	Nice	Qureshi Nazreen mataaf	Nazreenmataaf@gmail.c	Tyba	
17/08/2021 14:09:00	Siddique Sobiya Md Ami	5	Yes	Yes		Siddique Sobiya Md Ami	SIDDIQUERUAJAI104.S	Y.B	
17/08/2021 14:09:48	Shaikh mubashshera Kh	5	Very good	Innovative way	No	Shaikh mubashshera Kh	Mubashshera1999@gme	Ty ba	
17/08/2021 14:14:41	Saina Momin Ishtiyaque	5	Very good			Saina Momin Ishtiyaque	shahinamomin2001@gm	SY BA	
17/08/2021 14:16:37	Shaikh Mariyam Ishtiyaq	5	Very good	to interesting	Yummy and healthy recip	It was amazing	Shaikh Mariyam Ishtiyaq	shaikhmariyam5316@gn	TYBA
17/08/2021 14:21:34	Ansari zainab zainulabde	5	Very good	Healthy and new types o	Maybe	Ansari zainab zainulabde	Ansari zainab zainulabde	FYBA	
17/08/2021 14:21:43	Shaikh afreen shabbir ah	5	Very good	About healthy cooking	Nothing	Shaikh afreen shabbir ah	afreensk284@gmail.com	Sy bsc	
17/08/2021 14:22:10	jabeenkhan5678@gmail.	5	Yes , it was helpful for us	About healthy cooking ,	and hygienic foods are ver	Khan jabeenkhan5678@gm	jabeenkhan5678@gmail.c	S.Y.B	
17/08/2021 14:22:18	rumysaliksaik@gmail.co	5	It was help full	Cooking	No	Shaikh rumysaliksaik	rumysaliksaik@gmail.co	Sy bsc	
17/08/2021 14:24:16	Mansoorimantasha123@	5	Healthy for health	Cooking	It was good	Mansoorimantasha123@	Mansoorimantasha123@	Sy bsc	
17/08/2021 14:25:21	nammoansari9090@gme	5	Nice. This is more benefit	Yes	No. It is nice. More bene	Ansari nammoansari9090	nammoansari9090@gme	Sy bsc	

docs.google.com/spreadsheets/d/1-DD4ehW8bs4xNLZzVvA1jhmOwXShr1poNXy7ClhmVU/edit?resourcekey=gid=126466773

Feedback of online short course on innovative & healthy cooking (Responses)

Timestamp	Email address	How satisfied were you w	How relevant and helpful	What did you learn from	Any overall feedback for	Name	Email id-	Class-
17/08/2021 14:34:41	saimakungle@gmail.com	5	It was very easy and help	It's a very good course	It's a very good course.	Kungle Saima Tabish	Saimakungle@gmail.com	Sy BSc
17/08/2021 14:35:24	ansarialfiya525@gmail.c	5	Its helpful	Cooking	No	Ansari Alfiya Bano Zubai	ansari_alfiya525@gmail.c	SyBsc
17/08/2021 14:39:15	asma.nagor01@gmail.c	5	Helpful	Cooking	No	Nagori Asma Bano Moha	asma.nagor01@gmail.c	SYBSc
17/08/2021 14:43:07	sanaseem2021@gmai	5	Good	Everything	Best recepie	SHAIKH Sana Naseemu	Sananaseem2021@gma	SyBsc
17/08/2021 14:45:02	mominisafa181@gmail.c	4	Good	Many Things	Good	Momin Safa Shamim	mominisafa181@gmail.c	F.Y.B.A
17/08/2021 14:48:15	ayeshanasir7741@gmail	5	Extremely helpful	We learned and experie	Really good and helpfu	Ayesha Ajmal Nasir	ayeshanasir7741@gmail	TYBA
17/08/2021 14:54:14	bushrakhan293306@gm	5	So many time it help	So many knowledge	No	Khan Bushra	bushrakhan293306@gm	TYBA
17/08/2021 14:54:24	bilquisumaiskhan@gmail	5	Very helpful to me	Something different style	Very nice and very helpfu	Ansari bilquis bano md H	bilquisumaiskhan@gmail	Ty.b.a
17/08/2021 14:55:05	zoyaiqbal4948@gmail.c	5	Yes	many things	No	Zoya Iqbal	zoyaiqbal4948@gmail.c	Tyba
17/08/2021 15:07:00	ansariisra70@gmail.com	5	It helps me alot in my da	I have learn basic cookin	It was amazing.	Ansari isra	ansariisra70@gmail.com	Sy bsc
17/08/2021 15:09:56	shivankesharvani68@gi	5	Very helpful	about cooking tricks	nothing	kesharvani shivani Raml		1234 Fy bsc
17/08/2021 15:11:39	shumailakhan8686@gm	5	It's a very helpful	Good	Nothing	Shumaila bano Mohamm	shumailakhan8686@gm	Fy Bsc
17/08/2021 15:12:27	kausheralam349@gmail.	5	Very helpful	Excellent	No	Faiza bano Mohammad	kausheralam349@gmail.	Fy ba
17/08/2021 15:36:05	ansariinnoxious@gmail.c	4	Quite relevant			Ansari Iram Mustafa	ansariinnoxious@gmail.c	S.Y.B.A
17/08/2021 15:38:46	sabashaikh192001@gm	5	This course was really he	I can cook very much foo	Overall performance of th	Shaikh Saba Kausar Md	sabashaikh192001@gm	SYBSc
17/08/2021 16:01:13	khanafinnisar Khan@gm	5	I think education is	I am interested	Yes I think we have join	Afrin nisar Khan	khanafinnisar Khan@gm	TYBA
17/08/2021 16:06:18	darakhshan7274@gmail.	5	Very helpful	Yes	No	Darakhshan Anjum Zulfe	darakhshan7274@gmail.	TYBA
17/08/2021 16:08:47	affashaikh63774@gmail	5	Yes	Cooking tricks	Nothing	Shaikh affa fatima Imran	affashaikh63774@gmail	Fy.b.sc
17/08/2021 16:19:37	shaikharshin19@gmail.c	4	Yes	To do health cooking	it was good	Arsheen Sarfaraz	shaikharshin19@gmail.c	Sy BSc
17/08/2021 16:29:25	shahsony7756831028@i	4	Yes	Yes	Yes	Ansari Rashida Akbar	shahsony7756831028@i	Ty bsc

docs.google.com/spreadsheets/d/1-DD4ehW8bs4xNLZzVvA1jhmOwXShr1poNXy7ClhmVU/edit?resourcekey=gid=126466773

Feedback of online short course on innovative & healthy cooking (Responses)

Timestamp	Email address	How satisfied were you w	How relevant and helpful	What did you learn from	Any overall feedback for	Name	Email id-	Class-
21/08/2021 11:19:23	samansiddiqui7030@gm	1	Good	Siddiqui sana asrar ahm	Samansiddiqui7030@gm	S.y.b.a
21/08/2021 11:20:05	hafsajaved084@gmail.c	5	Yes	Everything	No	Ansari Ummeh Hafsa Jav	hafsajaved084@gmail.c	S.Y.B.S
21/08/2021 11:27:24	ansarizaheda1@gmail.c	5	Yes	I learn from this online course		Ansari zaheda mahmood	Ansarizaheda1@gmail.c	S.Y.B
21/08/2021 11:43:52	sidrakhansaqib121@gn	4	This course was very hel	To maintain our diet plan		Khan Sidra Saqib	Sidrakhansaqib121@gn	S.Y.BA
21/08/2021 11:54:53	shadabshaikh9450447@	4	Very much	All the things whatever e	It's was too good	Shaikh Ameena mohd ka	shadabshaikh9450447@	FYBSc
21/08/2021 11:58:19	muskanaslakhn379@gm	5	It's very helpful	Learn a make healthy co	This course is really ama	Muskan aslam Khan	muskanaslakhn379@gm	Syba
21/08/2021 12:27:30	shahsaniya546@gmail.c	4	This is a very useful cour	Learned about many foo	We wanted to learn more	Shah saniya waseem ah	shahsaniya546@gmail.c	Sy BSc
21/08/2021 12:28:58	tasmia15102@gmail.com	5	Yes	Many things	No	Ansari Tasmia Asrar Ah	tasmia15102@gmail.com	Second
21/08/2021 12:38:04	kaheshahashmi@gma	5	No	All subject	No	Hashmi kaheshahashmi	gmz	SYBA
21/08/2021 15:21:32	rozishashaikh@gmail.c	4	More helpful	A significant step to creat	It was very fantastic	Shaikh Rozisha Mohd Im	rozishashaikh@gmail.c	S.Y.BS
21/08/2021 18:53:03	ansarikubra1806@gmail.	5	It was very help full for m	A lot of thing of cooking	Yes it's very good keep it	Ansari Kubra Mohd Aslar	ansarikubra1806@gmail.	F.Y.BSc
23/08/2021 14:07:56	zaradazzel17@email.c	5	Cooking information	Healthy cooking	Zubiya Seeman Mulla	Zaradazzel17@email.c	SYBA
23/08/2021 20:39:02	mominisiddique2525@gn	4	Yes	This is a healthy and help	Nothing	Momin Shahin Imtiyaz	mominisiddique2525@gn	SYBSc
24/08/2021 09:00:35	maryamshaikh@gmail.c	4	Very much	A lot of things	Nope	Maryam Shaukat Shaikh	maryamshaikh@gmail.c	TYBA
24/08/2021 09:51:46	ansariasra86@gmail.com	1				Ansari Asra Ansar Ahme	ansariasra86@gmail.com	T.Y.B.A
24/08/2021 10:04:29	afreenshaikh07149@gm	2	Good	Health care	No	Shaikh Afreen bano shat	Shaikh afreenshaikh071	SY BSc
24/08/2021 10:21:49	kausheralam349@gmail.	3	Very helpful	Anything	Nothing	Faiza bano Mohammad	kausheralam349@gmail.	Fyba
24/08/2021 10:21:57	shumailakhan8686@gm	3	It's a very helpful	Anything	Nothing	Shumaila bano Mohamm	shumailakhan8686@gm	Fy bsc
24/08/2021 10:25:03	chaudharysabiha2002@i	3	Yes	No		Sabiha		
24/08/2021 10:26:29	chaudharysabiha2002@i	3	Yes	Yes		Sabiha		

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Feedback of online short course on innovative & healthy cooking (Responses)



	A	B	C	D	E	F	G	H	
1	Timestamp	Email address	How satisfied were you w	How relevant and helpful	What did you learn from	Any overall feedback for	Name	Email id-	Class-
119	24/08/2021 10:39:09	atahrim6@gmail.com	4				Ansari Tahrim jaha Gulza atahrim6@gmail.com		SYBSC
120	24/08/2021 11:01:24	sabashalkh192001@gm	5	Veey helpful healthy clo	I learned mant healthy ar	Healthy cooking course	Shaikh Saba Kausar Md sabashalkh192001@gm		SYBSC
121	24/08/2021 11:32:26	ramshashaikh541@gma	5				Shaikh ramsha Khalil ahr ramshashaikh541@gma		Sy bsc
122	24/08/2021 12:05:32	nammoansari9090@gme	5	Nice. More helpful relate	More information about th	Nice	Ansari Namra Mohd yun nammoansari9090@gme		Sybsc
123	24/08/2021 13:13:24	khansana97737@gmail.c	1	Nice			Khan Sana Abrar Ahmad khansana97737@gmail.c		S.Y.B.A
124	24/08/2021 16:11:27	ga0138575@gmail.com	3	Very nice	Knowledge about that me	Yes	Ansari Unaiza Gulzar Ah ga0138575@gmail.com		FYBSC
125	24/08/2021 16:35:51	rubyidris347@gmail.com	5	Y			Ansari Ruby idris rubyidris347@gmail.com		SY BA
126	24/08/2021 21:13:10	rozishashaikh@gmail.co	4	Very Helpful	A significant step to creat	It's was great	Shaikh Rozisha Mohd Im rozishashaikh@gmail.co		SY.BS
127	24/08/2021 23:07:34	sabamuqem097@gmail	5	yes it is so usefull.	basic Nutrition and knowledge of foods		shaikh saba muqem sabamuqem097@gmail.f.y.b.a		
128	25/08/2021 10:22:04	aayatshaikh5452@gmail	3	Good	So many things	No	Shaikh Rukhsar Javed aayatshaikh5452@gmail.fy.bsc		
129	26/08/2021 09:54:01	arai35151@gmail.com	5	It was related to our day	Cooking healthy and tea	No	Shweta S Rai arai35151@gmail.com		SY BS
130									
131									
132									
133									
134									
135									
136									
137									
138									

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