

NSS activities (Covid - Era)- 2020-21			
Sr.No	Date	Activity	Number of volunteers
1		Arogya setu aap Downloaded	100
2		iGOT training	50
3		Posters Prepared	10
4		Awareness Video	5
5		PPT presentation	3
6	28/4/2020	Covid-19 awareness quiz by NSS Unit of Aqsa College	365
7	23/03/2020	Understanding Covid-19 and its preventive measures by Dr. Saud Bubere	30
8	18/4/2020	NSS meeting	
9	23/4/2020	NSS meeting	
10	15/6/2020	NSS meeting	
11	27/5/2020	Webinar on Marine pollution	20
12	28/5/2020	Webinar on Mangrove ecosystem	25
13	10/6/2020	Webinar on Road Safety awareness	20
14	21/6/2020	Video on International Yoga day	25
15	20/5/2020	Mask making activity	100
17	3-Dec	Webinar on Viral Hepatits Awareness	90
18	07/12/2020-09/12/2020	Webinar on Career Guidance workshop	50
20	8/12/2020	Webinar on Road safety training	55
21	12/12/2020	Online app :- Self Immunity check	100
22	1/12/2020	Aids awareness	50
23	3/12/2020	Viral Hepatitis	80
24	8/12/2020	Road safety - safe ride training	60
25	12/12/2020	Strengthen Immunity from Covid-19	
26	14/12/2020	Free Training and placement for under priviledged students	15
27	29/12/2020	Road Safety awareness drive	25
28	23/01/2021	Webinar on Covid-19 Vaccine awareness	55
29	8/3/2021	Guest lecture on International Women's Day	61
30		Youtube channel link, Instagram channel link and links of videos prepared by students.	

Webinar – Understanding Covid -19 and its preventive measures.

Topic: COVID-19 and its preventive measures

Speaker: Dr. Saud Bubere

24TH APRIL 2020.

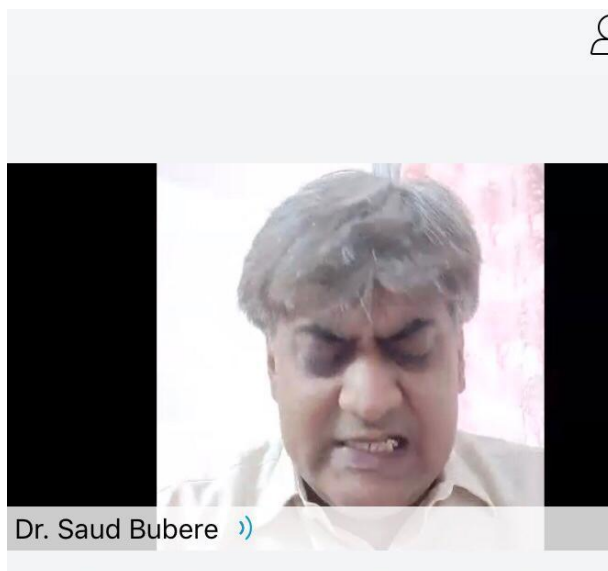
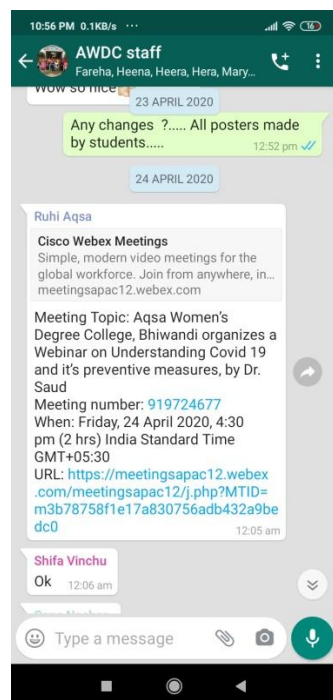
As the spread of the corona virus (COVID-19) is the most serious global health security threat in decades, the N.S.S. department of Aqsa Womens Degree College organized an online webinar on understanding COVID-19 and its preventive measures by Dr. Saud under IQAC on 24TH APRIL 2020, i.e. on Friday sharp 4:30 p.m.

Dr. Oneza Farid, Principal of Aqsa Womens Degree College Welcomed and introduced the speaker. The Session was for 2 hrs. Dr. Saud explained in detail regarding the symptoms and prevention of COVID-19. Dr. Saud explained that Corona viruses are family of viruses that can cause illness such as the common cold, severe acute respiratory syndrome (SARS) and Middle East respiratory syndrome (MERS). In 2019, a new corona virus was identified as the cause of a disease outbreak that originated in China.

Dr. Saud informed that the common sign and symptoms can be fever, cough and tiredness. Early symptoms of COVID-19 may include a loss of taste or smell. Dr. Saud explained that people above the age of 60 have a higher risk of serious illness from COVID-19, and the risk increases with age.

Dr. Saud also educated the preventive measures for COVID-19 that we should maintain social distance, wash hand with soap and water frequently or use alcohol based hand sanitizer that contain at least 60% alcohol, Cover face with a cloth mask face in public, Stay home avoid going to public places.

The webinar was very fruitful and ended with the vote of thanks given by the Dr. Oneza Farid (Principal) of Aqsa Womens Degree College.





Learn about the amazing Mangrove Ecosystem in this time of lockdown



United Way Mumbai is presenting a **FREE**
Webinar on
Mangrove Ecosystem
For schools, colleges & individual groups

Duration: 90 minutes

Register Now!
Limited seats available

Login details will be shared post registration.

For more details contact
mangroves@unitedwaymumbai.org

www.unitedwaymumbai.org



Webinar on Mangroves Ecosystem

Date: 28th May 2020

Time: 10:30 am to 12:30 pm

Category: Webinar

Lecture on: Mangroves Ecosystem

Resource person: Ms. Pooja Talekar from United Way, Mumbai.

In-Charge Teacher: Shaikh Ayesha, Vinchu Shifa, Shaikh Sayyeda.

Beneficiaries: Students of Zoology (Total no: 23)

Department of Zoology, NSS and Internal Quality Assurance Cell (IQAC) of Aqsa Women's Degree College in collaboration with United Way, Mumbai, jointly conducts webinar on 'Mangroves Ecosystem' on May 28. The session was attended by nearly 23 students and faculty members. The webinar is being organized at a time when all educational institutions are taking the e-learning route due to corona virus lockdown.

The key pathway to meeting the target audiences was to discuss the wide-ranging benefits of mangrove, conservation & sustainable management and local mangrove restoration.

Ms. Pooja Talekar from United Way, Mumbai shared the screen and presented the Mangrove Restoration Potential Map. She also discussed that the total area under mangrove cover along the Indian coast is estimated at 4460 km². The Gangetic Sundarbans is the largest mangrove forest. She also highlighted on land development such as agriculture, aquaculture, industrial purpose, pollution, has contributed to extensive damage of mangroves. Mumbai is one of the best examples for the mangrove destruction due to urbanization. Mangrove habitats serve as a dumping ground for solid wastes and for discharging the effluents from various sources. Mumbai is adversely affected by industrial and domestic pollution. She aware students regarding conservations of Mangroves and motivated the students to join the mangroves conservation campaign. It was very informative and knowledgeable session.

The presentation was followed by question and answer session.

Video recording of the webinar on mangroves ecosystem can be viewed on following link.

Webinar on Marine Pollution

Date: 27th May 2020

Time: 10:30 am to 12:30 pm

Category: Webinar

Lecture on: Marine Pollution

Resource person: Ms. Pooja Taleker from United Way, Mumbai.

In-Charge Teacher: Shaikh Ayesha, Vinchu Shifa, Shaikh Sayyeda.

Beneficiaries: Students of Zoology (Total no: 17)

Department of Zoology, NSS and Internal Quality Assurance Cell (IQAC) of Aqsa Women's Degree College in collaboration with United Way, Mumbai, jointly conducts webinar on 'Marine Pollution' on 27th May 2020. The session was attended by nearly 17 students and faculty members. The webinar is being organized at a time when all educational institutions are taking the e-learning route due to corona virus lockdown.

The Main objective of the meeting was to make student aware of effect of marine pollution on environment. Ms. Pooja Taleker from united Way, Mumbai shared the screen discussed that the Marine pollution is a combination of chemicals and trash entered into the ocean. This pollution resulted in damaged to the environment, to the health of all organisms, and to economic structures worldwide.

She make students aware that marine pollution occurs when the harmful effects results from the entry of particles, industrials chemicals agricultural and residential waste into the ocean. Eighty percent of marine pollution comes from land. She gave the example of Versova beach cleanup drive and its positive effect on environment. Olive Ridley Turtles comeback to Versova Beach after 20 ears.

She aware students regarding conservations of Marine Pollution and motivated the students to join beach cleanup drive. It was very informative and knowledgeable session.



Learn about Marine pollution and ways to prevent it in this time of lockdown



United Way Mumbai is presenting a **FREE**
Webinar on Marine Pollution
For schools, colleges & individual groups

Duration: 90 minutes

Register Now!
Limited seats available



Email to register your schools/colleges for the webinar.
Login details will be shared post registration.

Email: cleanshores@unitedwaymumbai.org

www.unitedwaymumbai.org

Link of Videos, Posters, Slides prepared by Volunteers for conducting NSS activities

<https://youtu.be/tyMYry1t7NQ>

https://studio.youtube.com/video/l_To0aVvQol/edit

https://i9.ytimg.com/vi_webp/AYT3VgQct2E/mqdefault.webp?time=160838700000&sqp=CLiT-P4F&rs=AO4CLADd-h-vXie0NNQ1IsiF1M7CH-gCQ

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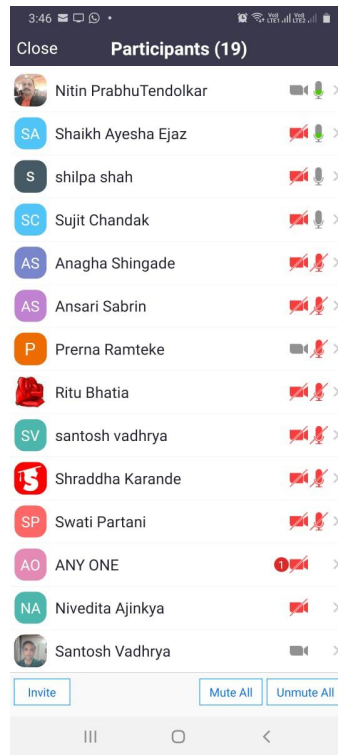
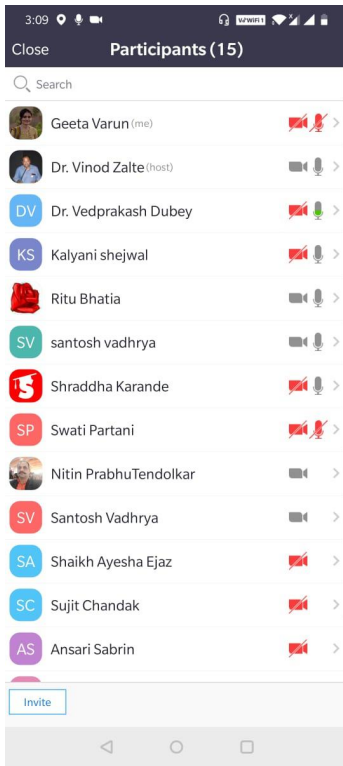


❖ Distribution of Food Products during Lockdown due to Covid19.

In the month of April, 2020 India underwent sudden shutdown due the spread of Corona disease in the Country. People globally faced a situation of panic and anxiety. Due to immediate lockdown people faced financial crisis especially the daily wages ones like small food stalls venders , Powerloom workers, etc. It became difficult even to fill their stomach. Many workers depend on Powerloom industries and due to complete lockdown their family had to go back to native places. To help and support such people Aqsa College and NSS volunteers gave their contribution by distributing food grains to the deprived people in Bhiwandi. Around ten families were give ration (Rice, Wheat, Pulses, oil, sugar, etc).

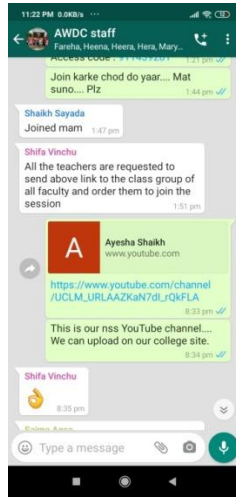
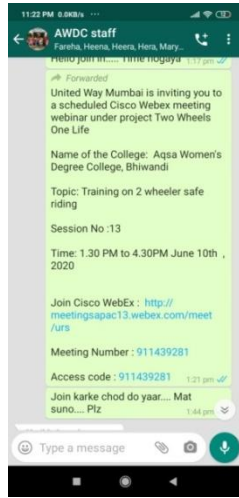
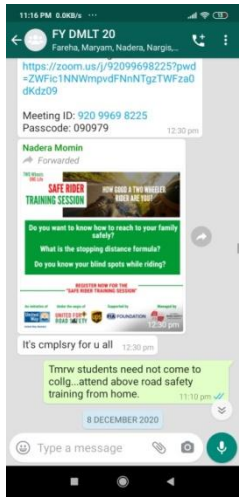
❖ Self Immunity Check

Aqsa college participated in the webinar organized by DSW, SNTD on awareness against covid 19 and awareness about vaccination.



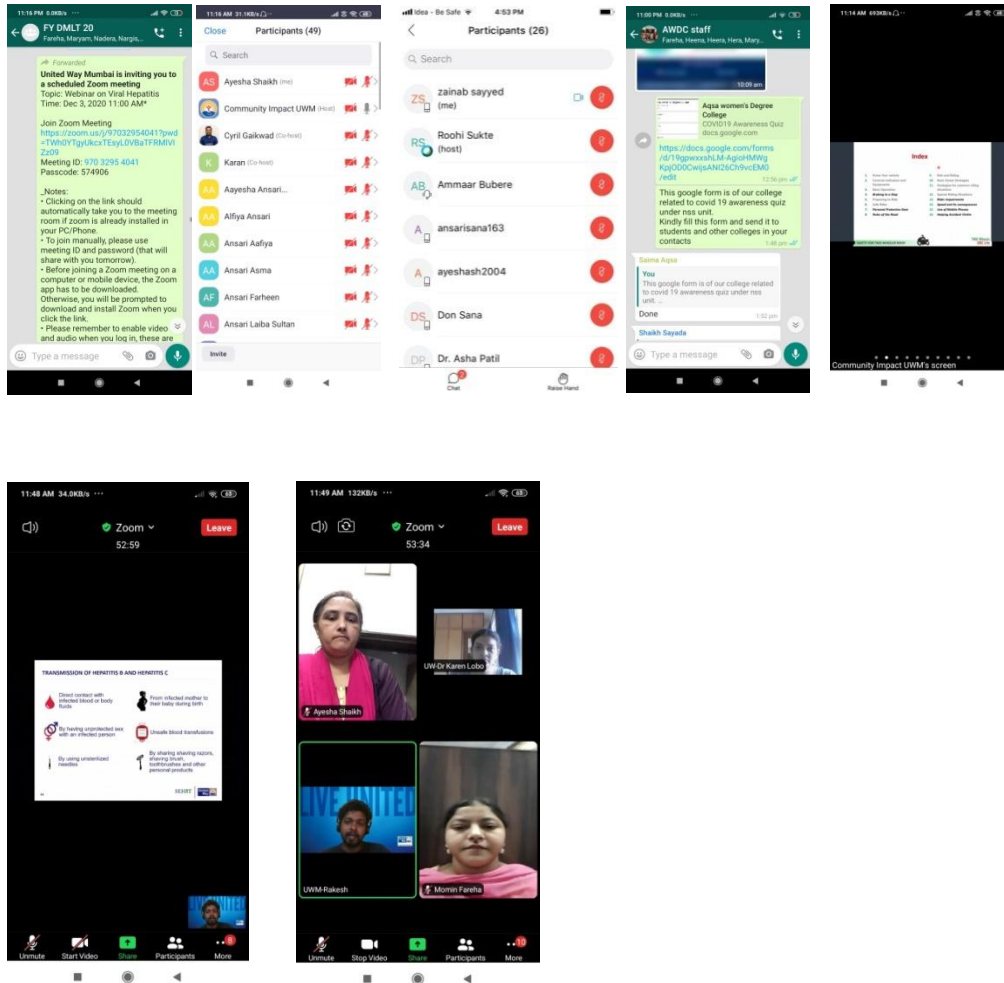
NSS unit attendance during Covid Vaccine Program.

❖ Road Safety Program on 8th December, 2020.



Aqsa Women's Degree College Organized road safety training for the students. Describing the rules and regulations regarding the roads and safety precautions while driving any vehicle. Our students participated in this training session and they keenly observed the whole session. The training was in two sessions, in first session the rules were explained through the PPT presentation, where the students were presented the rules and regulations of and on the bikes. All the students participated actively. Volunteers felt responsible for themselves, family and society. Our intention and concern is completely to spread awareness projected for road safety. NSS unit of Aqsa College extends heartfelt thanks to the whole Team of Unitedway Mumbai for their support.

❖ Viral Hepatitis Awareness Program Webinar – 3rd December, 2020.



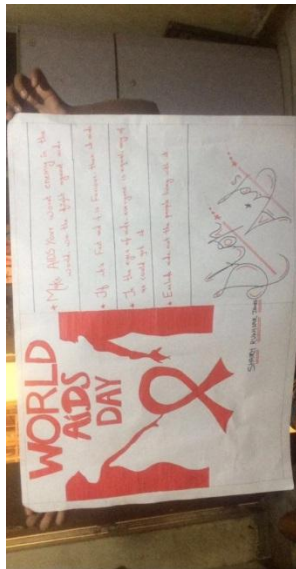
Hepatitis is the world's 8th biggest killer. In India alone, an estimated 40 million people are affected by Hepatitis B and 15 million by Hepatitis C. With rapid growth, Hepatitis is also growing concern.

Half of Hepatitis B infections come from mother-to-child transmission, and half during early childhood. We at Aqsa Women's Degree College in collaboration with a NGO- United Way Mumbai aim at curbing the rise in transmission of Hepatitis infections from mother to child by simple prevention messages in impoverished communities in Bhiwandi where awareness about Hepatitis is low and access to quality healthcare services is limited.

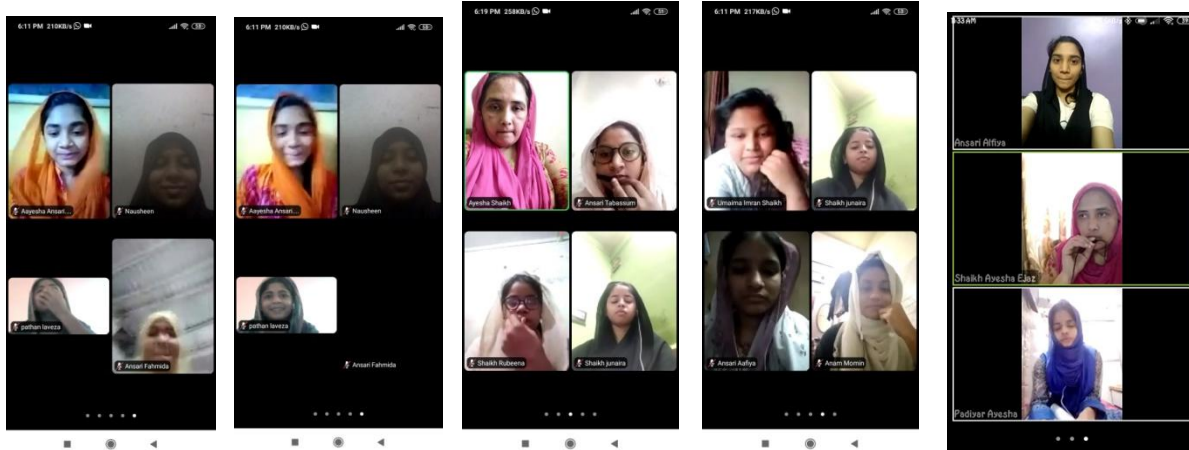
The NSS unit of Aqsa women's Degree college conducted a webinar for the NSS volunteers of our college to create awareness among them as they come from a very conservative back ground and can further reach their family.

❖ World Aids Day – 1st December, 2020.

Posters prepared by Students on account of World Aids Day building awareness against the deadly disease”Aids”



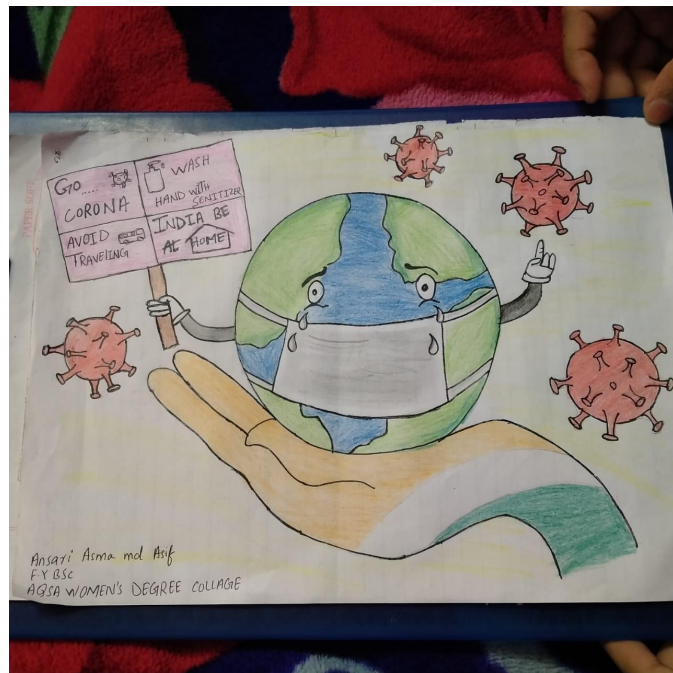
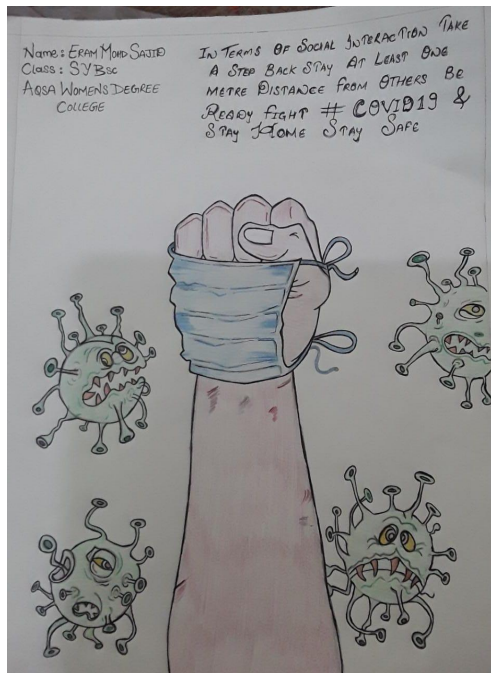
❖ International Women’s Day Celebration – 8th March, 2021.

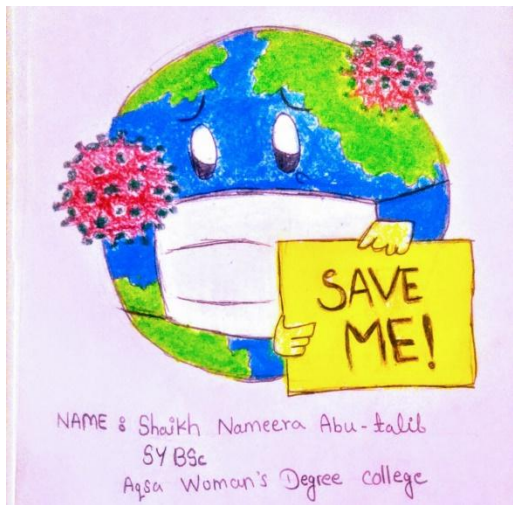


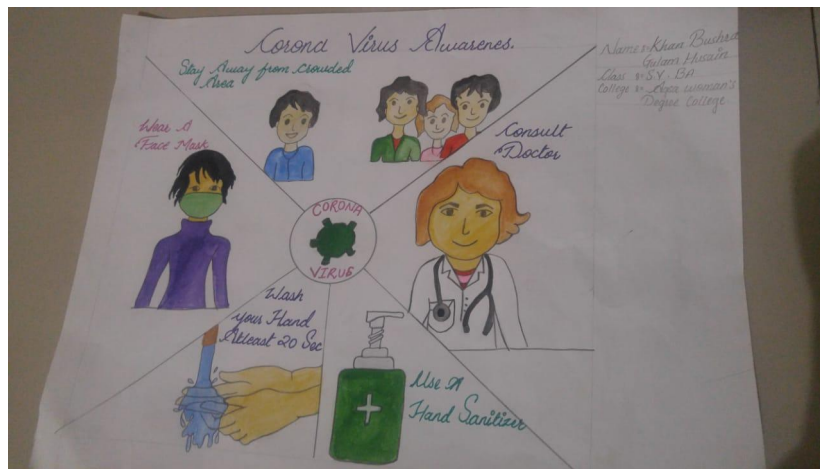
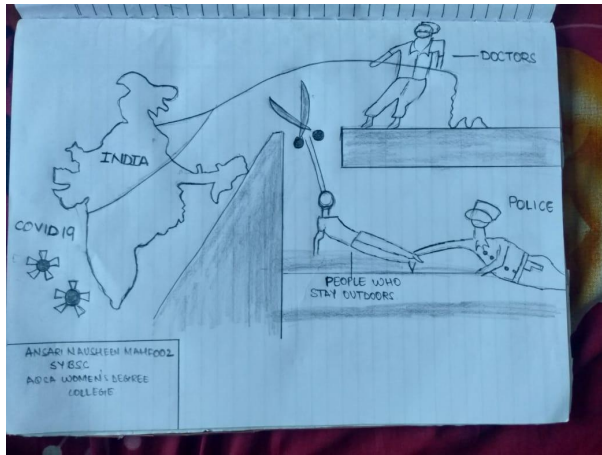
Aqsa Women’s Degree College celebrated Women’s Day on 8th March symbolizing the prominence of women in present Era. Every Women needs salutation especially on this day for their sacrifice, care, dedication, love, affection, strength towards family, friends and society. Volunteers signified women’s day through different phases of a women’s life, which was portrayed in their performances and also performed various activities highlighting different talents of Women.

❖ Awareness against Prevention of Covid 19 :- 2020-21

Posters prepared by NSS volunteers of Aqsa Women's Degree College to create awareness of Covid 19 and precaution to be taken to prevent the spread of disease.

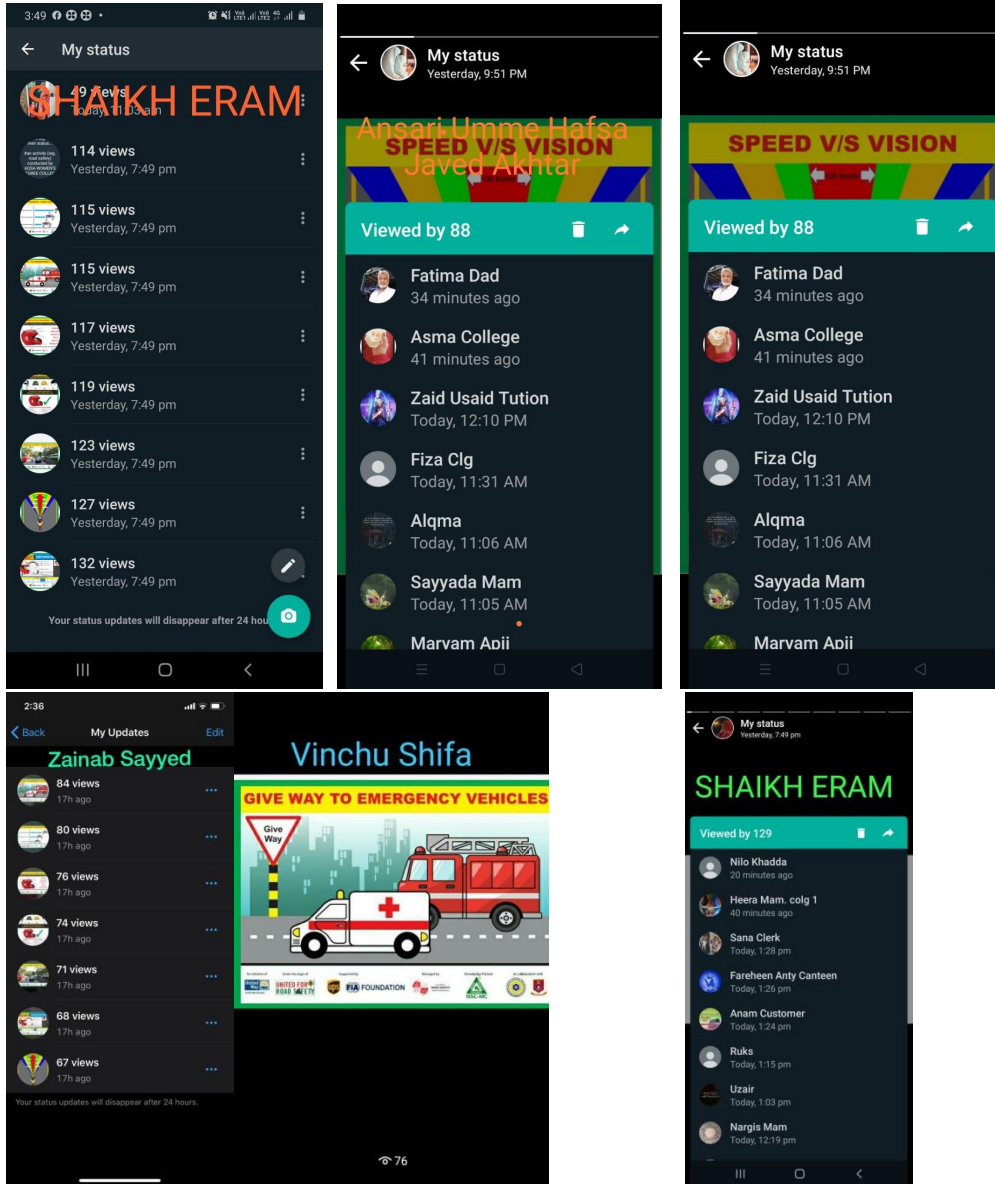






❖ Road Safety Awareness Program – December 2020.

Aqsa college in collaboration with Unitedway Mumbai participated in spreading awareness of Driving rule and regulations to prevent accidents. Volunteers created awareness through posting Whataap status on safety rules to be followed while driving.



❖ Free Mask making and its distribution :- April 2020.



Aqsa college volunteers prepared mask and distributed free to the people.

During the covid era NSS Unit of Aqsa college in collaboration with S. N. D. T University conducted awareness campaign by organizing meetings and Webinars for the staff and students and guided with the do's and dont's to prevent covid infection.

Volunteers were motivated to prepare posters, ppt and videos through online mode and share among their groups.

Registration was done through Arogya setu aap to check the immunity.

Around 300 masks were distributed by volunteers and staff.

Webinars and videos of booster drinks were share to strengthen immunity and maintain strength of the body.

Many NGO's, private hospitals and government bodies conducted webinars to create awareness on vaccination and prevent panic spread among people.

❖ Vaccination awareness campaign – 23/01/2021

Resource Person:- Manohar Arwari and Dr. Supriya Arwari.

Beneficiaries:- 55

Aqsa Women's Degree College in association with D.M.L.T and NSS unit organized a Covid vaccine awareness campaign for the all students of Aqsa College. The activity was conducted done in online mode by connecting students through Googlemeet.

Ms.Nadera Momin, faculty of D.M.L.T introduced the resource person of the session and the meeting was coordinated by Ms.Sabreen Ansari, NSS PO.

Dr. Supriya from Supreme Hospital gave an introductory lecture on covid infection and discussed some preventive measures against the viral attack. The session was continued by Dr. Manohar Arwari, stressing on the main task of Covid vaccine awareness among students. Dr. Manohar very effectively presented the significance of vaccine and gave evidences of successful results of Vaccination in Bhiwandi. Our aim for organizing the webinar was to reduce the fear and panic among common people about the Vaccines.

D.M.L.T and NSS unit of Aqsa college successfully accomplished the task

SNDT Women's University, Mumbai

DMLT DEPARTMENT

In Collaboration with NSS Unit invites your participation in a Webinar on

Topic: COVID-19 VACCINE AWARENESS

Dear Sir/Madam,

Greetings from AQSA WOMEN'S DEGREE COLLEGE,

Affiliated to SNDT Women's University, Mumbai.

DMLT DEPARTMENT of Aqsa Women's Degree College, in collaboration with the NSS UNIT is pleased to extend an invitation to you to participate in a Webinar on the theme " COVID-19 VACCINE AWARENESS" scheduled on SATURDAY, January 23rd 2021.

You are requested to participate in the webinar. All details provided below:

Topic for webinar: COVID-19 VACCINE AWARENESS

Resource person:

Dr. Manohar Arwari

(Supreme Hospital).

To register for the Webinar Kindly click:

<https://forms.gle/2ckDo2X7nfQ1y5B37>

Last date for registration: 22nd January 2021. Date of webinar: January 23rd, 2021.

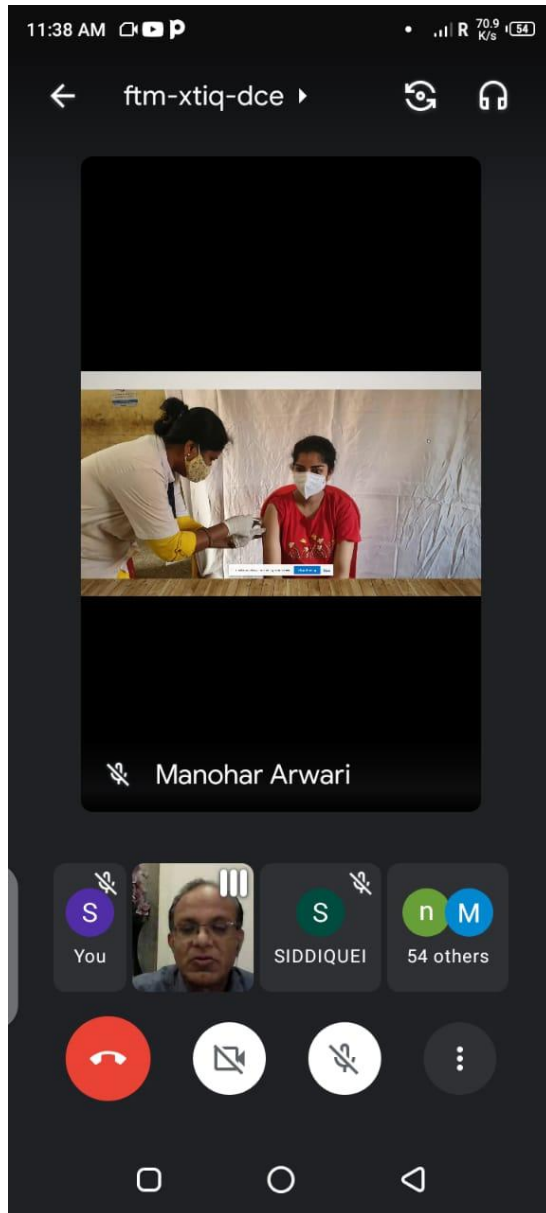
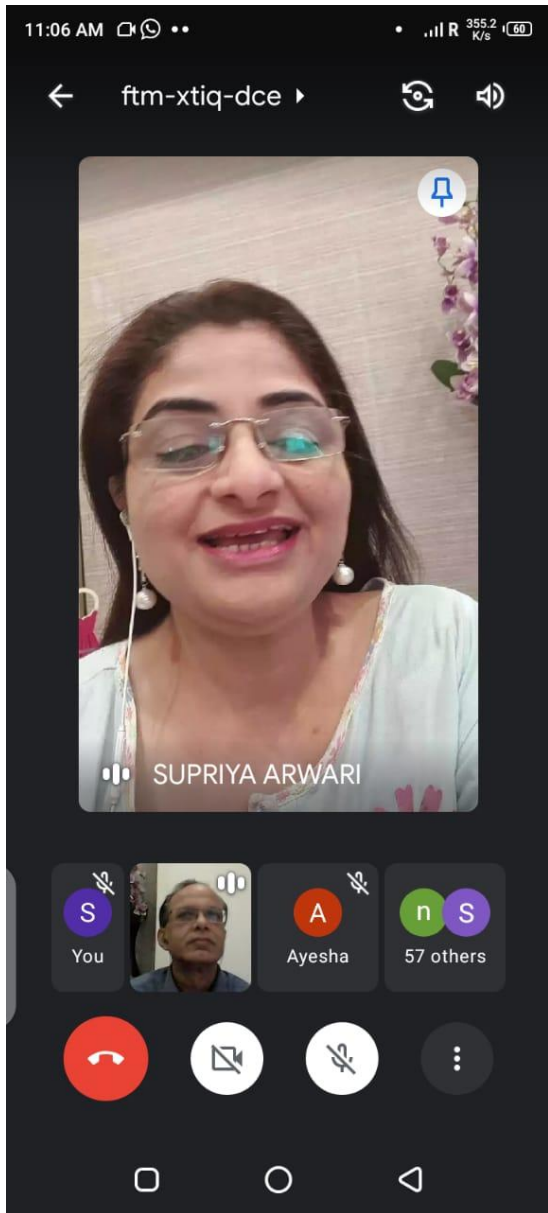
Time of the webinar: 11am to 1pm (Morning session)

Link for webinar:<https://meet.google.com/ftm-xtiq-dce> (Google meet)

Please note that certificates will be provided for participation in the webinar.

Kindly fill feedback form for attendance and certificate. Link for feedback form:

<https://forms.gle/KdrdtPqD5swbK3Wb7>



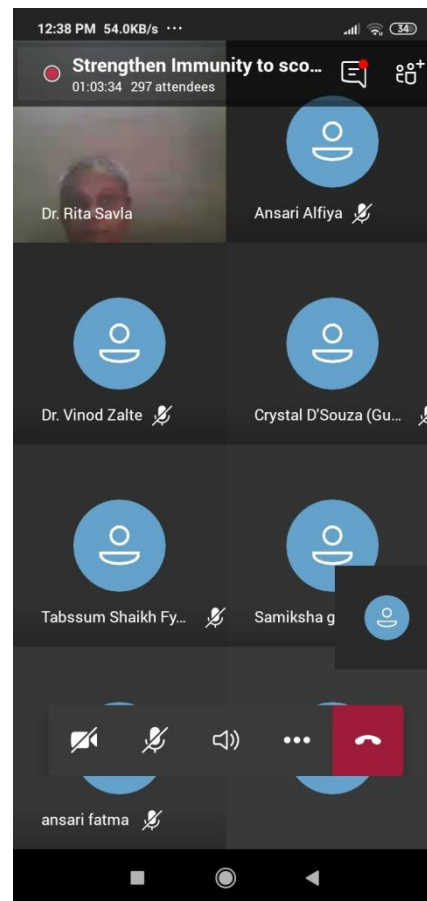
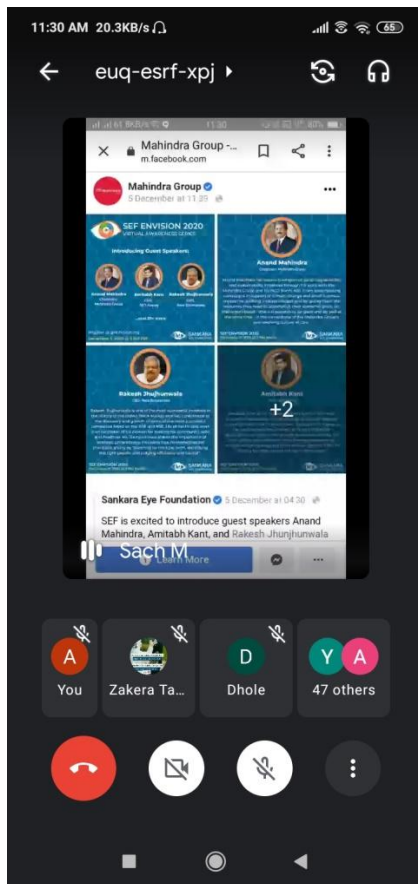
❖ **Strengthen Immunity to score better in studies and safeguard yourself from COVID-19 and other diseases.**

Who will Join: Program Officer and NSS Students from Mumbai B Zone.

Date: 12th December 2020, Saturday.

Timing: 11.30 am to 1.00 pm

Webinar Platform: Microsoft Team Joining Link: - <https://bit.ly/3gBJz9Z>, <https://bit.ly/376unP2>



❖ **Free training and placement for underprivileged students for GDA (General duty assistant) (Nursing profession).**

Details and eligibility

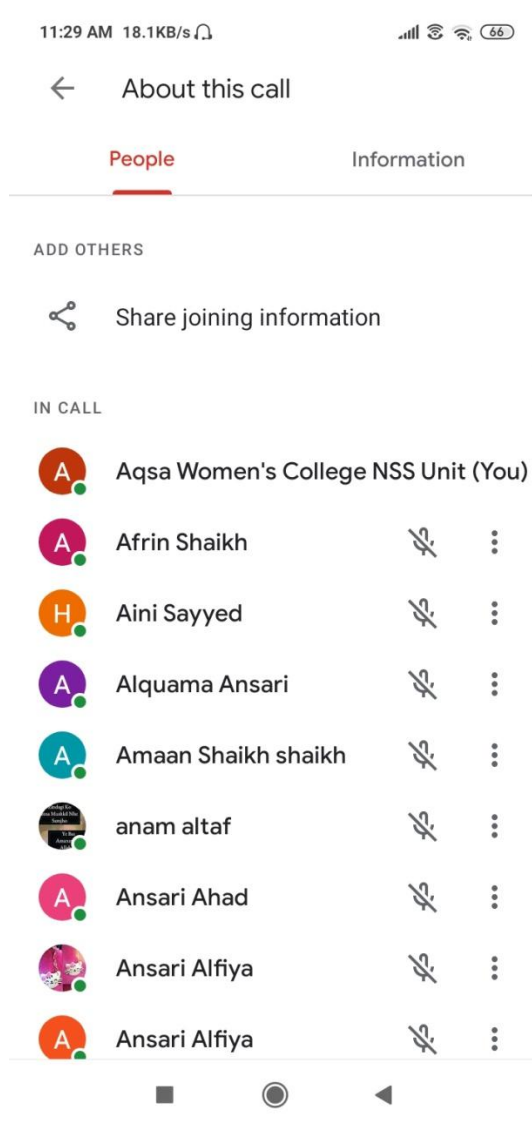
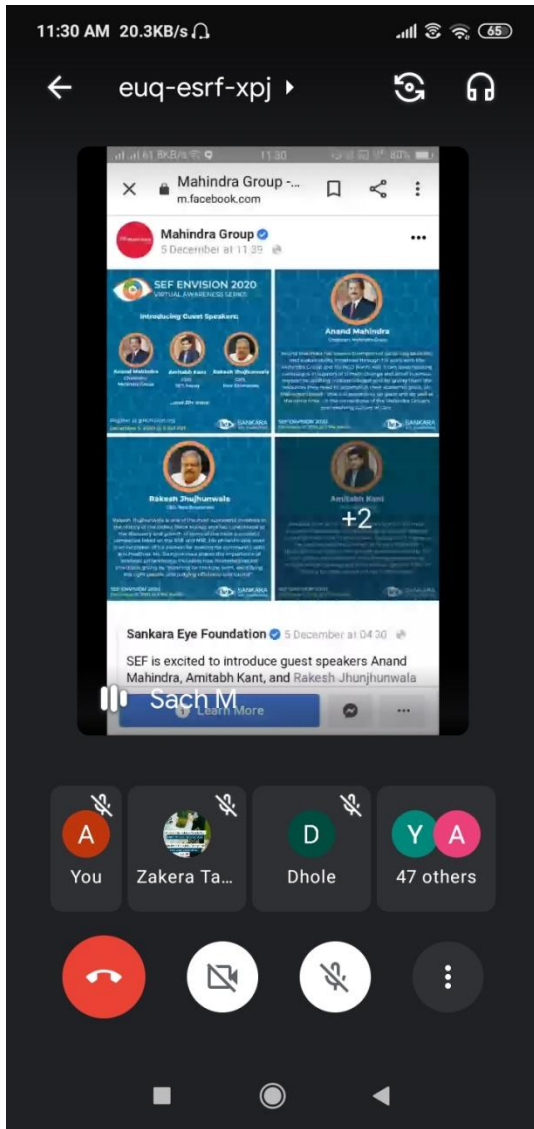
1. Age - 18 - 40 yrs
2. Gender (to be enrolled) - min. 60% females
3. Eligibility - Unemployed & Dropout students
4. Qualification - HSC
5. Certification - (NSDC certification)
6. Duration - 240 Hours, Per day training - 4/6 hrs, 60% Classroom & 40% Practical
7. Placement required is 100%
8. Min. salary wages - Rs. 10,000/-
9. Placement tracking will be done for 4 months with proof
10. Case studies - 10 per candidate on monthly basis.

Interested candidates can fill this form

https://docs.google.com/forms/d/e/1FAIpQLSfGnUlzRN9kdy95qcBPdudbgKRFPe9pNjRIJd_j8roSTbvmYw/viewform

https://docs.google.com/forms/d/e/1FAIpQLSdaiokIC6Ov5NnDHFETgXb6xTeXycaL-sRSgSRnEPynTBwLEw/viewform?usp=sf_link

❖ Career Guidance Webinar – 13/12/2020.



❖ Tree Plantation 2020-21

The NSS unit of Aqsa Women's Degree College conducted tree plantation campaign on occasion of Van Mohatsav.

On 14th July, 2020 NSS unit carried out tree plantation campaign at Lokmanya Tilak Ghat the adopted area of NSS unit.

10 volunteers geared up for the campaign. About 10 plants were planted at Lokmanya Tilak Ghat.

Head Mistress of Al-Noor Secondary School and Junior College and Principal of Aqsa Women's Degree College along with the volunteers put their best efforts to make the event successful.

With the support of staff of Aqsa college, the task was accomplished.



