<u>21st June-International Yoga Day – 2019-2020</u>

Total Beneficiaries – 150

Resource person – Mrs. Shamim Patel.

Fifth International Yoga Day was celebrated all around the country on 21st June, 2019.

N.S.S Unit of Aqsa Women's Degree College contributed in this campaign at Al-Noor High School and Junior College in which students and teachers participated with great enthusiasm. The Team of NSS unit and Students of Al-Noor school gathered early in the morning at 8.00 a.m. in the School campus.

Mrs. Shamim Patel, Physical Trainer of Al- Noor School demonstrated the volunteers about various asanas. Warm up exercises were taken and all the students performed sitting and standing asanas, importance of these asanas were explained simultaneously. The celebration concluded with speech by our Principal. She encouraged students to practice regular yoga to remain fit and improve concentration.

150 students from Aqsa Women's Degree college and Al-Noor High School and Junior College participated in the campaign. The event was very advantageous for the students and enjoyable and thus turned out to be a succeccful one.

Regular practice of yoga will surely help our students achieve a better life, physically, mentally and spiritually as well.









Free Medical Camp: - 17th July, 2019,

Total Beneficiaries –70

Collaboration – Nidan Diagnostic Center,

NSS Unit of Aqsa Women's Degree College conducted a free medical check-up camp in college for the students and their parents on 17th July, 2019. Free medical camp was conducted in collaboration with Nidan Diagnostics Center, Bhiwandi. All the Staff, students and their parents of various schools, colleges run by Aqsa education society was provided free health check-up during the camp. Residents of nearby slum area were also informed about the camp. All kinds of free tests like the BMI, Complete Blood Count (CBC), Blood pressure, ECG, and complete body analysis was done free of cost. Many patients turned-up for the tests which were carried out from around 9.00 a.m. to 2.00 p.m.

Overall there were 70 entries and it was a successful attempt made by the NSS unit of Aqsa women's Degree College.







Total Beneficiaries – 30.

Flag hoisting was carried at- 8.00 a.m. which was honored by Prof. Farid Oneza (Principal Aqsa Women's Degree College). All the volunteers & the staff sang the National Anthem .Then the cultural programme was initiated with the Kirath. The next part of the celebration was continued with cultural programme. Volunteers participated in the Gazal singing, sung by well known Gazal singers. They participated in the patriotic songs, in remembrance of the freedom fighters. Speech was given by some of the volunteers.

The Principal Mrs. Oneza Farid encouraged and appreciated the volunteer's performance was excellent and their approach towards NSS unit was very positive.



Tree plantation: 10th August, 2019.

Total Beneficiaries – 50

Resource person – Mrs. Shamim Patel and Ms. Anam Momin.

On 10th August NSS unit of Aqsa Women's Degree College took a step towards betterment of our environment in collaboration with Bhiwandi Nizampur Municipal Corporation (BNCMC).

Plant saplings were collected from BNCMC. The saplings were planted by our N.S.S volunteers along with students of Al-Noor Junior college.

Area selected for tree plantation was Millat Nagar, Bhiwandi. This was an attempt towards greener Bhiwandi. Volunteers planted trees with complete enthusiasm and interest. Our Principal Mrs. Oneza Farid inaugurated the event along with Mrs. Patel Shamim and Ms. Momin Anam from Al-Noor Junior College.

Trees planted are taken proper care by watering and cleaning as it is in the vicinity of our college.







Report on "Raising Day Saptha"

Date: 3rd January, 2020

Time: 10:30am to12:30 pm

Aqsa Women's Degree College Bhiwandi

N.S.S. Department

Event: Awareness programme

Birth anniversary of Krantijyoti Savitribai Phule was celebrated on3rd January, 2020 at Aqsa Women's Degree College with great enthusiasm.

A-team from Bhiwandi police Department organized this event, under the banner of "Raising Day Saptha" by the Nizampur Police Station in collaboration with Aqsa Women's degree college, N.S.S Department. Inspector Mr. Indelkar, Inspector Ms Vaishali Gudvui and Honorable Principal Ms Oneza Farid, addressed with the students and encouraged them by the giving example of Savetri bai Phule, and their achievements in educational field. All the HODs, teaching staff, non-teaching staff & the students of college were present on this occasion.

All the speakers delivered a short speech narrating the outstanding work of Savitribai Phule, who was the first teacher of the Girls' school started in Pune by Mahatma Phule. She faced many problems and obstacles in their way but she did her work with great devotion & determination.

The motive behind organizing this type of events is that it is our duty to express our gratitude towards both Mahatma Phule & Savitribai Phule who laid the foundation stone of women's education, against all odds. The function was ended with the National Anthem.



Vaishali Gudvui addressing with students

Report on Celebration of Constitution Day

Date: 26th November 2019

Time: 10:30am to12:30 pm

Aqsa Women's Degree College Bhiwandi

N.S.S. Department

Essay Writing Competition

Beneficiaries: Student of all faculties

Report on Celebration of Constitution Day

India is governed in terms of the constitution of India, which was adopted by the constitution Assembly on 26th November 1949 and came into force on 26th January, 1950. The Preamble of Indian Constitution records the aims and aspirations of the people of India and reflects the basic spirit of the Constitution. To spread the importance of the Indian Constitution, India observes

November 26 as the Constitution Day of India. The day has also been declared as the Constitution Day to spread awareness about its architect Dr B.R. Ambedkar.

This year being the 125th anniversary it was celebrated across the nation on high spirits. Aqsa Women's Degree college of Bhiwandi, celebrated this day by organising an essay competition on the topic 'Indian Constitution', the students of the all three faculties Arts, Science And Commerce, participated in the competition and 3 best essays and two consolation were selected and prizes were given by the hands of Ms. Nachan Sana, who appreciated all the students, team of Sociology Department and N.S.S for the efforts taken by them.

After the programme NSS Volunteers and teachers Prof. Shaikh Ayesha (N.S.S In charge) Ansari Sabrin (N.S.S Member) Moallim Shaima (Sociology Department) took the pledge and read the preamble. The programme was ended by reading National Anthem.

All Winners received the prizes which are enlisted as follows.

IST PRIZE: Ansari Fiza Moazzam

IInd PRIZE Ansari Iram Mustafa

IInd PRIZE Shaikh Saima Khaliquddin

Ist Consolation Ansari Mubashshira Saeed Akhtar

IIND Consolation Nasir Ayesha Ajmal

Report by,

Shaikh Ayesha, Ansari Sabrin

NSS Department.







Students participating in Essays competition on account of constitution day.

A Power Point Presentation on Ek Bharat Shreshtha Bharat

Date: 09th February 2020

Time: 10:30am to12:30 pm

Aqsa Women's Degree College Bhiwandi

Department of Sociology

Beneficiaries: NSS Volunteers

A report on Ek Bharat Shreshtha Bharat

Ek Bharat Shreshtha Bharat was announced by Hon'ble Prime Minister on 31st October, 2015 on

the occasion of the 140th birth anniversary of Sardar Vallabhbhai Patel. Through this innovative

measure, the knowledge of the culture, traditions and practices of different states & UTs will

lead to an enhanced understanding and bonding between the states, thereby strengthening the

unity and integrity of India.

. The Ek Bharat Shrestha Bharat programme, aims to actively enhance interaction between

people of diverse cultures living in different States and UTs in India, with the objective of

promoting greater mutual understanding amongst them. As per the programme, each year, every

State/UT would be paired with another State/UT in India for reciprocal interaction between the

people. It is envisaged through this exchange, that the knowledge of the language, culture,

traditions and practices of different states will lead to an enhanced understanding and bonding

between one another, thereby strengthening the unity and integrity of India.

The States and UTs are to embark on a mission to enhance their cultural, academic and economic

ties by entering into a wide range of mutual engagements with the paired States/UTs covering

the spheres of music, drama, cuisine, language, history, tourism and other forms of exchange

between the people. An indicative list of activities has been drawn up and circulated to the State

Governments / UT Administrations and to the key Central Ministries. The States/ UTs may

choose, evolve and develop their interaction pattern based on the suggested list as per operational

suitability in the course of their interactions.

All States and UTs will be covered under the programme. There will be pairing of States/UTs at

national level and these pairings will be in effect for one year, or till the next round of pairings.

The State/UT level pairings would be utilized for state level activities. District level pairings

would be independent of the State level pairings. The activity will be very useful to link various

States and Districts in annual programmes that will connect people through exchanges in areas

of culture, tourism, language, education trade etc. and citizens will be able to experience the

cultural diversity of a much larger number of States/UTs while realizing that India is one.

The Aqsa women's degree college is also celebrate the first phase of "Ek Bharat Shreshtha

Bharat" from 9th february 2020. As per the directives/ guidelines of MHRD, has been paired

Maharashtra with Odisha. An activity was organized by sociology department in collaboration

with N.S.S. A power point presentation was present by Moallim Shaima from Sociology

Department.

The presentation consist about the history, culture, geography, cuisine and

religion of Odisha. After the brief introduction and aim and objective behind the mission, student

came to know about the Odisha state.

The programme was attended by the Arts faculty.

Report by,

Shaikh Ayesha,

Ansari Sabrin,

NSS Depaartment





Presentation by Moallim Shaima





Students attending seminar.

Report On Free Eye Check- Up camp

Date: 25th February 2020

Time: 10:30am to12:30 pm

Aqsa Women's Degree College Bhiwandi

NSS Department

Beneficiaries: NSS Volunteers

NSS Unit of Aqsa women's Degree College organized a free eye Check-up Camp conducted by Dr. Anushka Sharma and team. All the Staff members students and their parents of various schools, colleges run by Aqsa education society was provided free eye check-up during the camp. Residents of nearby slum area were also informed about the camp.

Eye check-up was done by the Dr. Anushka Sharma and team. The patients having Eye related problems were called to the hospital for free treatment. Suggestions and prescription were given to the patients. Dr.Anushka Sharma addressed the students about maintaining the cleanliness of the eye, selection of the lenses, proper diet for healthy eyes. She also addressed the students about maintaining the cleanliness of the eye, selection of the lenses, proper diet for healthy eye.

Many patients turned-up for the tests which were carried out from around 08.00 a.m to 12.30 p.m. Overall there were 100 entries and it was a successful attempt made by the NSS unit of Aqsa women's Degree college.





Report On Republic day celebration

Date: 26th January 2020

Aqsa Women's Degree College Bhiwandi

NSS Department

Beneficiaries: Staff and NSS Volunteers

Aqsa Women's Degree College celebrated Republic day. Flag hoisting ceremony was done at 08.00 a.m. by Ms. Oneza Farid (Principal of Aqsa Women's Degree College). Marching was done by NSS volunteers and Staff members of the college. Commands and orders were given by NSS PO Ms. Shaikh Ayesha Ejaz. All the volunteers and staff members sang the National Anthem.

Aqsa Womens Degree College celebrated the national festival with NSS unit and it was indeed a very entertaining and enthusiastic event.







Report on Guidance Lecture on Cyber Crime

Date: 26th January 2020

Time: 08.00 a.m.

Aqsa Women's Degree College Bhiwandi

NSS Department

Beneficiaries: Staff members and NSS Volunteers

NSS unit of Aqsa Womens Degree College Organised a Guest lecture on Cyber Crime for Students of the college. The Lecture was conducted by Dr. Moazzam Khan - Councellor. The lecture was to create awareness about the different mental disorders such as OCD (Obsessive Compulsive Disorder), Schizophrenia, Depression, Anxiety, Suicidal tendencies etc. He also guided students about how to overcome from these disorders at an early stage. Further he discussed about the cybercrimes regarding the teenagers, he also made the students to aware about the facts of life and emphasized on the value of parents.



KAMWADI RIVER PROJECT:

Climate change is real and its catastrophic effects are increasing with each day passing. Maintaining Cleanliness of the Rivers is always an issue. We have seen that, these days, lots of plastic and other waste material which we throw into the river gets accumulated. It makes the river water toxic, unclean and unattractive. Cleanliness of the river is highly important to maintain hygiene and keep the environment disease free for human beings and animals.

Definitely, nowadays we citizens are more careful about garbage and we do throw it at appropriate places. But still majority of garbage is thrown into the Kamwadi River. Indirectly, we all are responsible for these unclean and polluted river conditions.

We, the staff and students from Aqsa Women's Degree College, thought about this issue and started "Kamwari River Cleaning Movement" in association BNCMC.

Aqsa women's Degree College had undertaken the project of protecting Kamwadi river, flowing along the Bhiwandi area behind Aqsa college. The project is assigned in collaboration with B.N.C.M.C.

NSS Unit Aqsa Women's Degree College has undertaken the responsibility of cleaning the river under the "Kamwadi River Cleaning Movement". Project initiated in the year 2018-19 in collaboration with B.N.C.M.C Bhiwandi under the management of Former Additional Commissioner Mr. Ashokumar Rankhamb.

NSS Unit with the support of Department of Zoology conducted biochemical analysis of water since 2015 and Volunteers from faculty of science worked on the project undergoing detection of biochemical, physical and biological parameters. Assistant Professors from faculty of science also working on the project by presenting and publishing research papers on detection of river.

NSS Unit of Aqsa college has commenced this project and will further work on it for the protection of Kamwadi river.







Volunteers performing survey and analysis Kamwari River.

COMPOST PLANT PROJECT.

Report on Installation of Compost Plant

Composting is successful because it is a low cost and low infrastructure set-up and also produces compost, which is a marketable byproduct. In addition to making a positive contribution to agriculture, the sale of organic wastes reduces the amount of waste to be collected and disposed of by municipal authorities.

The NSS unit of Aqsa Women's Degree College organized an environment awareness drive in collaboration with the B.N.C.M.C. Aqsa Women's Degree College was the first college to install Compost plant in the college campus. During the special camp, team of Municipal Corporation and NSS together planned to install a compost plant in the college campus. The inauguration of the plant was done by the Deputy Commissioner Mrs. Vandana Gudve and attended by Municipal Officer Mr. Gudvi, Corporator of Millat Nagar Mr. Imran Wali Mohammed Khan, Zonal Coordinator Mr. Vinod Zalte, Principal Ms. Oneza Farid and the staff of Aqsa Women's College.

Mrs. Vandana Gudve addressed the students and explained the importance of compost plant in converting garbage into manure that can help reduce pollution and avoid accumulation of garbage.

The dry garbage from the Botanical garden, ground and kitchen waste of college canteen was collected and was used to prepare the temporary compost plant.

The team of NSS unit worked very hard for the completion of the task and their efforts were appreciated. The installation of the Compost plant was accomplished successfully.

COLLECTION OF MANURE FROM COMPOST PLANT

Compost plant installed in Aqsa Women's Degree College was maintained properly and garbage from the botanical garden like dry leaves, sticks and other waste from garden was collected regularly and added in the compost bag. Lot of manure was obtained from the garbage collected. Manure acquired was regularly collected by B.N.C.M.C officials.

NSS unit of Aqsa College is planning for permanent compost plant in future.











Visit to Balwadi in collaboration with Department of Meal Management

SCIENCE RESEARCH PROJECT:

A Research project was conducted by T.Y.B.Sc students from Department of Zoology. Around 50 students participated in the project. Students were divided into eight groups and topics were allotted to each group under the guidance of Zoology lecturers. Topics assigned to the students were:

- 1) Preparation of Herbal Shampoo
- 2) Compost using Banana peels
- 3) Phytochemicals of Mangroves
- 4) Milk Adulteration
- 5) Comparative analysis of water
- 6) Study of Rice quality of different quality
- 7) Chromatographic observation of proteins present in Citrus fruits
- 8) Extraction of plant fluid from Neem and Turmeric.

Experimental setup and arrangement was provided to the Students in Zoology laboratory. Students performed respective experiments, investigations and tests for collecting the data based upon the objective of the experimental setup. Students also prepared the project report and presented power point presentation.